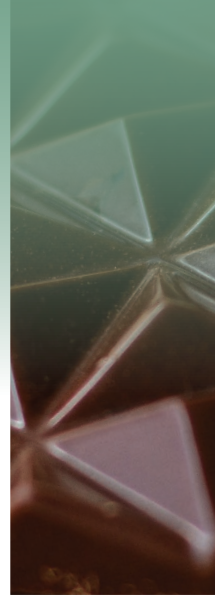
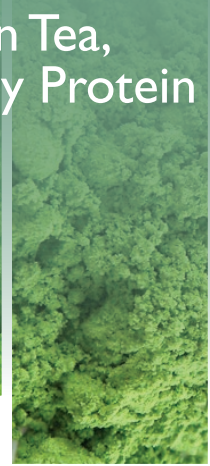
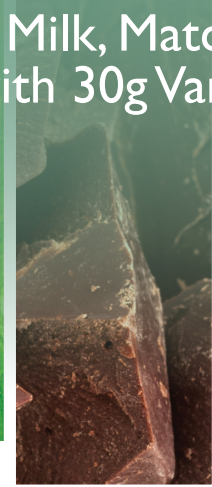


# SHAMROCKIN'

Unsweetened Almond Milk, Matcha Green Tea,  
Chocolate Chips & Mint with 30g Vanilla Whey Protein



## SHAKE OF THE MONTH



# “SHAMROCKIN’”

## 20oz. RECIPE

6 OZ	UNSWEETENED VANILLA ALMOND MILK
1½ SCP	CAFE ESSENTIALS MATCHA MINT CHIP
1½ SCPS	VANILLA WHEY PROTEIN
1⁄8 TSP	MINT EXTRACT
12 OZ	ICE

### Nutrition Facts

servings per container  
**Serving size** 20 fl. oz. (591 ml)  
(381g)

Amount per serving  
**Calories** **270**

% Daily Value*	
<b>Total Fat</b> 8g	10%
Saturated Fat 3.5g	18%
Trans Fat 0g	
<b>Cholesterol</b> 85mg	28%
<b>Sodium</b> 270mg	12%
<b>Total Carbohydrate</b> 19g	7%
Dietary Fiber 0g	0%
Total Sugars 15g	
Includes 12g Added Sugars	24%
<b>Protein</b> 31g	
Vitamin D 2mcg	10%
Calcium 374mg	30%
Iron 0mg	0%
Potassium 371mg	8%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## 12oz. RECIPE

4 OZ	UNSWEETENED VANILLA ALMOND MILK
¼ SCP	CAFE ESSENTIALS MATCHA MINT CHIP
1 SCP	VANILLA WHEY PROTEIN
1⁄8 TSP	MINT EXTRACT
7 OZ	ICE

### Nutrition Facts

servings per container  
**Serving size** 12 fl. oz. (354 ml)  
(238g)

Amount per serving  
**Calories** **170**

% Daily Value*	
<b>Total Fat</b> 5g	6%
Saturated Fat 2g	10%
Trans Fat 0g	
<b>Cholesterol</b> 55mg	18%
<b>Sodium</b> 170mg	7%
<b>Total Carbohydrate</b> 10g	4%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 6g Added Sugars	12%
<b>Protein</b> 21g	
Vitamin D 1mcg	6%
Calcium 248mg	20%
Iron 0mg	0%
Potassium 238mg	6%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.