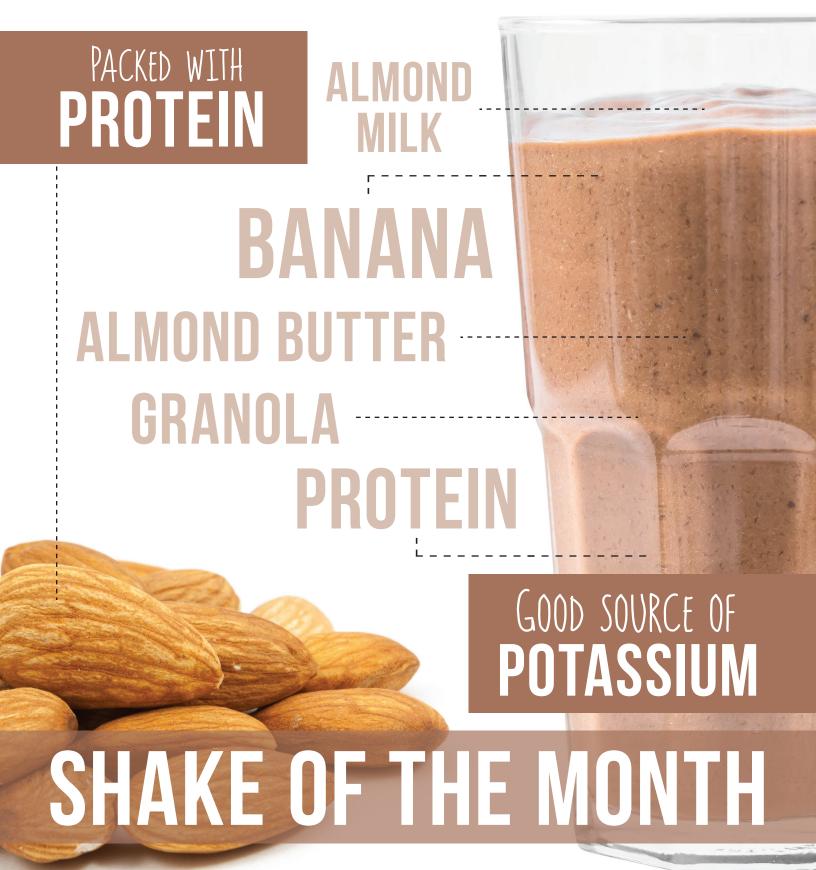
TRAIL MIX LITE

Unsweetened Almond Milk, Almond Butter, Banana, Apple Cinnamon Granola & 30g Vanilla Whey Protein



"TRAIL MIX LITE"

20oz. RECIPE

6 OZ	UNSWEETENED	VANILLA	ALMOND	MILK
6 OZ	UNSWEETENED	VANILLA	ALMOND	MILK

4 FREEZE-DRIED BANANA PIECES

(OR 2" FRESH BANANA)

2 SCPS ALMOND BUTTER

1/2 SCP APPLE CINNAMON GRANOLA

1½ SCPS VANILLA WHEY PROTEIN

1/4 TSP CINNAMON

12 OZ ICE

servings per container		
Serving size	20 fl. oz. (591 ml) (416g)	
Amount per serving Calories 460		

Nutrition Facts

	% Daily Value
Total Fat 22g	28%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 85mg	28%
Sodium 230mg	10%
Total Carbohydrate 28g	10%
Dietary Fiber 6g	21%
Total Sugars 7g	
Includes 0g Added Sug	ars 0%
Protein 39g	
\f\(\) . D.0	100
Vitamin D 2mcg	10%
Calcium 465mg	35%

"The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

15%

Iron 2mg

Potassium 671mg

12oz. RECIPE

	4 OZ	UNSWEETENED	VANILLA	ALMOND	MILK
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2 FREEZE-DRIED BANANA PIECES

(OR 1" FRESH BANANA)

1 SCP ALMOND BUTTER

1/4 SCP APPLE CINNAMON GRANOLA

1 SCP VANILLA WHEY PROTEIN

1/8 TSP CINNAMON

7 OZ ICE

Nutrition Facts

servings per container
Serving size 12 fl. oz. (354 ml)
(255g)

Amount per serving Calories 260 % Daily Value* Total Fat 12g 15%

Saturated Fat 1.5g	8%	
Trans Fat 0g		
Cholesterol 55mg	18%	
Sodium 150mg	7%	
Total Carbohydrate 15g	5%	
Dietary Fiber 3g	11%	
Total Sugars 4g		
Includes 0g Added Sugars	0%	
Protein 25g		
Vitamin D 1mcg	6%	
Calaium 202ma	250/	

1 Totom 209	
Vitamin D 1mcg	6%
Calcium 293mg	25%
Iron 1mg	6%
Potassium 388mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.