

CREAMY PUMPKIN SPICE

Unsweetened Almond Milk, Pumpkin, Organic Chai Spices,
Yogurt & Cinnamon with 30g Pumpkin Whey Protein



ALMOND
MILK

CHAI SPICES

YOGURT

PROTEIN

PACKED WITH
PROBIOTICS
FOR DIGESTIVE HEALTH

PUMPKIN

CINNAMON

EVEN MORE
PUMPKIN FLAVOR WITH
**PUMPKIN
WHEY PROTEIN**



SHAKE OF THE MONTH

“CREAMY PUMPKIN SPICE”

6 OZ	UNSWEETENED VANILLA ALMOND MILK
½ SCP	DRIED PUMPKIN
½ SCP	POWDERED YOGURT
½ SCP	FLAVOR FUSIONS - SPICED CHAI
1½ SCPS	PUMPKIN WHEY PROTEIN
⅛ TSP	CINNAMON
12 OZ	ICE

Nutrition Facts

servings per container

Serving size 20 fl. oz. (591 ml)
(410g)

Amount per serving

Calories **360**

% Daily Value*

Total Fat 5g **6%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 50mg **17%**

Sodium 440mg **19%**

Total Carbohydrate 40g **15%**

Dietary Fiber 1g **4%**

Total Sugars 27g

Includes 18g Added Sugars **36%**

Protein 38g

Vitamin D 6mcg **30%**

Calcium 513mg **40%**

Iron 2mg **10%**

Potassium 905mg **20%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.