

RASPBERRY RECHARGE

Unsweetened Almond Milk, Banana, Raspberries,
'Get Energized' & Vanilla with 20g Vanilla Whey Protein



ALMOND
MILK

GREAT SOURCE OF
FIBER

RASPBERRIES

BANANA

GET ENERGIZED

VANILLA

PROTEIN

RICH IN
POTASSIUM

SHAKE OF THE MONTH



“RASPBERRY RECHARGE”

6 OZ	UNSWEETENED VANILLA ALMOND MILK
4	FREEZE-DRIED BANANA PIECES (OR 2" FRESH BANANA)
2 SCPS	FREEZE-DRIED RASPBERRIES
1 SCP	VANILLA WHEY PROTEIN
1 SCP	GET ENERGIZED
¼ TSP	VANILLA EXTRACT
12 OZ	ICE

Nutrition Facts

servings per container

Serving size 20 fl. oz. (591 ml)
(368g)

Amount per serving

Calories 210

% Daily Value*

Total Fat 4g 5%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 55mg 18%

Sodium 200mg 9%

Total Carbohydrate 20g 7%

Dietary Fiber 2g 7%

Total Sugars 10g

Includes 0g Added Sugars 0%

Protein 22g

Vitamin D 2mcg 10%

Calcium 305mg 25%

Iron 1mg 6%

Potassium 384mg 8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.