LEMON-AID

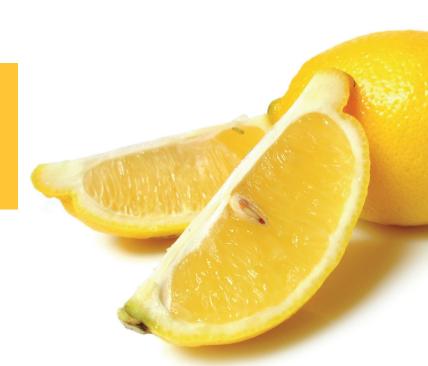
This mouth-watering shake will be sure to excite your palate & refresh your energy.



LEMONS

BANANA

EXCELLENT SOURCE OF VITAMIN C



"LEMON-AID"

DR. SMOOTHIE LEMON-ADE
PURÉE/WATER MIX
FREEZE-DRIED BANANA PIECES
(OR 3" FRESH BANANA)
ICE

Nutrition Facts Serving Size 20 fl. oz. (591 ml) Servings Per Container Amount Per Serving Calories 290 Calories from Fat 5 % Daily Value* Total Fat 0g 0% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0% Sodium 20mg 1% 24% Total Carbohydrate 71g Dietary Fiber 2g 8% Sugars 66g Protein 1g Vitamin A 2% • Vitamin C 25% Calcium 2% • Iron 2% *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500 Total Fat Less than Saturated Fat Less than Cholesterol Less than 80g 25a 300mg 2,400mg 300g 25g Total Carbohydrate 375g Dietary Fiber Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4