

SKIN SO SILKY

Give your Skin a Treat with a mix of Acai, Blackberries, Pomegranate, Blueberries, Strawberries, Banana & 'Get Youthful' blended with 20g Strawberry Whey Protein

ACAI
BLACKBERRIES
& BLUEBERRIES
BANANA
POMEGRANATE
PROTEIN
STRAWBERRIES

GET YOUTHFUL

PACKED WITH
ANTIOXIDANTS

NUTRIENT
DENSE



“SKIN SO SILKY”

6 OZ	DR. SMOOTHIE ACAI
	PURÉE/WATER MIX
4	FREEZE-DRIED BANANA PIECES
	(OR 3" FRESH BANANA)
1 SCP	GET YOUTHFUL
1 SCP	STRAWBERRY WHEY PROTEIN
12 OZ	ICE
3-4	STRAWBERRIES (PULSE IN THE END)

Nutrition Facts	
Serving Size 20 fl. oz. (591 ml)	
Servings Per Container	
Amount Per Serving	
Calories 390	Calories from Fat 30
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 30mg	1%
Total Carbohydrate 71g	24%
Dietary Fiber 4g	16%
Sugars 54g	
Protein 22g	
Vitamin A 2%	Vitamin C 50%
Calcium 4%	Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	