

ORGANIC KALE-EBRATION

Organic Pineapple, Organic Kale, Organic Lemon Extract &
20g Organic Vanilla Protein with Get Greens

ORGANIC
PINEAPPLE

RICH IN
ANTIOXIDANTS

ORGANIC
KALE



ORGANIC
LEMON EXTRACT

ORGANIC
PROTEIN

PROMOTES
BONE HEALTH



ORGANIC COMMITMENTS

6 oz ORGANIC PINEAPPLE PUREE
2 SCPS ORGANIC FREEZE DRIED KALE
1 SCP ORGANIC VANILLA WHEY PROTEIN
1/4 TSP ORGANIC LEMON EXTRACT (OPTIONAL)
12 oz ICE

ADD INGREDIENTS, ADD ICE, PUSH #4 ON BLENDER

Nutrition Facts

Serving Size 20 fl. oz. (591 ml)
Servings Per Container

Amount Per Serving

Calories 320 **Calories from Fat** 15

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 50mg **17%**

Sodium 75mg **3%**

Total Carbohydrate 54g **18%**

Dietary Fiber 3g **12%**

Sugars 44g

Protein 23g

Vitamin A 70% • Vitamin C 230%

Calcium 20% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4