

TRIPLE CHOCOLATE TRUFFLE

Your choice of Milk blended with
Milk & Dark Chocolate, 'Get Lean' &
20g Chocolate Whey Protein

HELPS FIGHT
INFLAMMATION

MILK

MILK & DARK
CHOCOLATE

GET LEAN

PROTEIN

GREAT SOURCE OF
PROTEIN



“TRIPLE CHOCOLATE TRUFFLE”

6 OZ	SKIM MILK
1 SCP	CHOCOHOLIC'S CHOICE
1 SCP	GET LEAN
1 SCP	VANILLA WHEY PROTEIN
12 OZ	ICE

Nutrition Facts		
Serving Size 20 Fluid Ounces (591ml)		
Servings Per Container		
Amount Per Serving		
Calories 330		Calories from Fat 40
% Daily Value*		
Total Fat	4.5g	7%
Saturated Fat	2.5g	13%
Trans Fat	0g	
Cholesterol	5mg	2%
Sodium	260mg	11%
Total Carbohydrate	47g	16%
Dietary Fiber	2g	8%
Sugars	29g	
Protein 28g		
Vitamin A	8%	• Vitamin C 0%
Calcium	25%	• Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than	65g 80g
Saturated Fat	Less than	20g 25g
Cholesterol	Less than	300mg 300mg
Sodium	Less than	2,400mg 2,400mg
Total Carbohydrate		300g 375g
Dietary Fiber		25g 30g
Calories per gram:		
	Fat 9	• Carbohydrate 4 • Protein 4