

SKINNY MINNY

Your choice of Milk, Organic 'PB Lite'
& Fiber-Rich Banana blended with
20g Vanilla Whey Protein

BANANA

PB LITE

MILK

GREAT SOURCE OF
HEALTHY FATS

PROTEIN

PROMOTES HEART
HEALTH



“SKINNY MINNY”

6 OZ	CHOICE OF MILK
8	FREEZE-DRIED BANANA PIECES (OR 6" FRESH BANANA)
½ SCP	PB LITE
1 SCP	VANILLA WHEY PROTEIN
12 OZ	ICE

Nutrition Facts			
Serving Size 20 fl. oz. (591 ml)			
Servings Per Container			
Amount Per Serving			
Calories 260		Calories from Fat 25	
		% Daily Value*	
Total Fat 2.5g		4%	
Saturated Fat 0g		0%	
Trans Fat 0g			
Cholesterol 5mg		2%	
Sodium 80mg		3%	
Total Carbohydrate 33g		11%	
Dietary Fiber 3g		12%	
Sugars 18g			
Protein 30g			
Vitamin A 8%		Vitamin C 10%	
Calcium 25%		Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			