

# PINEAPPLE SLIM

Crushed Pineapple, Fiber-Rich Coconut & Banana  
blended with 'Get Lean' & 15g Vanilla Whey Protein

## PINEAPPLE

GOOD SOURCE OF  
**VITAMIN B**

## BANANA

## COCONUT

## PROTEIN

## GET LEAN

HIGH IN  
**DIETARY FIBER**



# “PINEAPPLE SLIM”

6 OZ	DR. SMOOTHIE PINEAPPLE PARADISE
	PURÉE/WATER MIX
4	FREEZE-DRIED BANANA PIECES
	(OR 3" FRESH BANANA)
1 SCP	GET LEAN
¾ SCP	VANILLA WHEY PROTEIN
12 OZ	ICE

Nutrition Facts			
Serving Size 20 fl. oz. (591 ml)			
Servings Per Container			
Amount Per Serving			
Calories 340		Calories from Fat 10	
		% Daily Value*	
Total Fat	1.5g		2%
Saturated Fat	0g		0%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	20mg		1%
Total Carbohydrate	66g		22%
Dietary Fiber	2g		8%
Sugars	52g		
Protein	16g		
Vitamin A	2%	Vitamin C	60%
Calcium	2%	Iron	2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			