

A tall glass filled with a thick, light brown smoothie, likely the PB Cup Lite mentioned in the text. The smoothie has a slightly textured appearance.

PB CUP LITE

Choice of Liquid, Organic Chocolate
& PB Lite with 10g Chocolate Whey Protein
& 10g Vanilla Whey Protein

CHOCOLATE

PB LITE

VANILLA

PROTEIN

GREAT SOURCE OF
HEALTHY FATS

PROMOTES HEART
HEALTH



“PB CUP LITE”

6 OZ	CHOICE OF LIQUID
1 SCP	PB LITE
1/2 SCP	FLAVOR FUSIONS - CHOCOLATE TRUFFLE
1/2 SCP	CHOCOLATE WHEY PROTEIN
1/2 SCP	VANILLA WHEY PROTEIN
12 OZ	ICE

Nutrition Facts

servings per container

Serving size 20 fl. oz. (591 ml)
(383g)

Amount per serving

Calories **270**

% Daily Value*

Total Fat 6g **8%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 55mg **18%**

Sodium 260mg **11%**

Total Carbohydrate 28g **10%**

Dietary Fiber 4g **14%**

Total Sugars 18g

Includes 17g Added Sugars **34%**

Protein 27g

Vitamin D 2mcg **10%**

Calcium 300mg **25%**

Iron 2mg **10%**

Potassium 345mg **8%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.