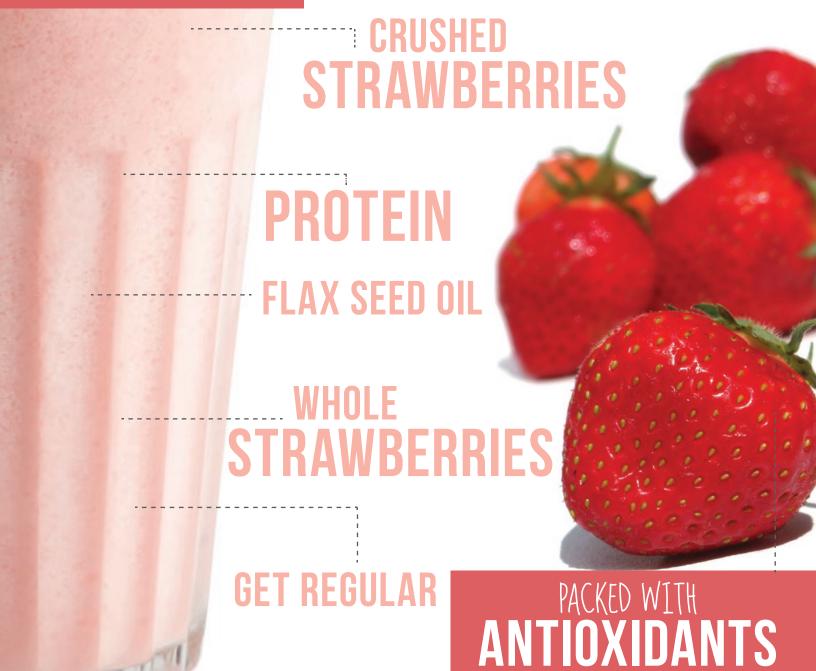
STRAWBERRIES N CREAM

A Sweet Blend of Strawberries, Flax Seed Oil & 'Get Regular' blended with 30g Vanilla Whey Protein

HELPS TO LOWER CHOLESTEROL



"STRAWBERRIES N CREAM"

6 OZ DR. SMOOTHIE STRAWBERRY PURÉE/

WATER MIX

1 TSP FLAX SEED OIL

1 SCP GET REGULAR/FIBER BLEND

1½ SCPS VANILLA WHEY PROTEIN

12 OZ ICE

3-4 STRAWBERRIES (PULSE IN THE END)

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Nutrition Factoring Size 20 fl. oz. (591 ml) Servings Per Container	cts —
Amount Per Serving	
Calories 430 Calories from	Fat 60
% Dail	ly Value*
Total Fat 7g	11%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 15mg	1%
Total Carbohydrate 62g	21%
Dietary Fiber 5g	20%
Sugars 47g	
Protein 30g	
Vitamin A 2% • Vitamin C	100%
Calcium 4% • Iron 2%	
*Percent Daily Values are based on a 2,00 diet. Your daily values may be higher or low depending on your calorie needs: Calories: 2,000	
Saturated Fat Less than 20g Cholesterol Less than 300mg Sodium Less than 2,400mg Total Carbohydrate 300g	80g 25g 300mg 2,400mg 375g 30g