

NUTS & BERRIES

Unsweetened Vanilla Almond Milk with Coconut, Honey, Almond Butter, Lemon & Strawberries blended with 20g Vanilla Plant Protein

CHOCK FULL OF
HEALTHY FATS

ALMOND
MILK

HONEY

COCONUT

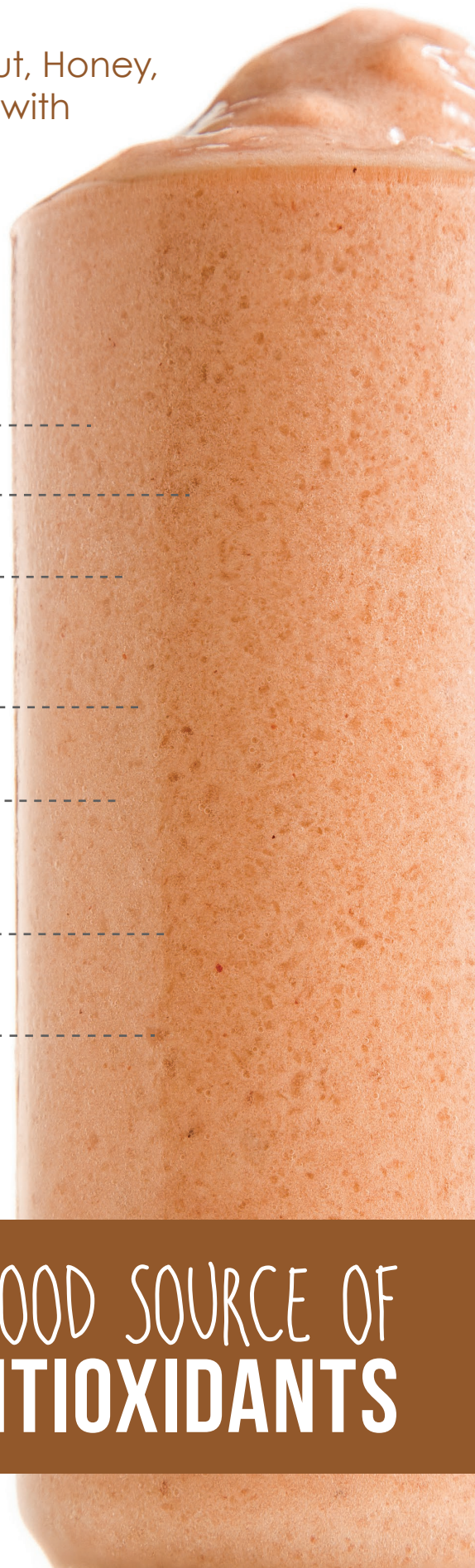
ALMOND
BUTTER

LEMON

STRAWBERRIES

PROTEIN

GOOD SOURCE OF
ANTIOXIDANTS



“NUTS & BERRIES”

8 OZ	UNSWEETENED VANILLA ALMOND MILK
½ SCP	DRIED COCONUT
1 TSP	HONEY
1 SCP	ALMOND BUTTER (OPTIONAL)
½ TSP	FREEZE-DRIED LEMON
2 SCPS	STRAWBERRIES
1 SCP	VANILLA PLANT PROTEIN
12 OZ	ICE

Nutrition Facts

Serving Size 20 fl. oz. (591 ml)
Servings Per Container

Amount Per Serving

Calories 470 **Calories from Fat** 250

% Daily Value*

Total Fat 28g **43%**

Saturated Fat 8g **40%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 190mg **8%**

Total Carbohydrate 28g **9%**

Dietary Fiber 8g **32%**

Sugars 12g

Protein 29g

Vitamin A 10% • Vitamin C 80%

Calcium 30% • Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4