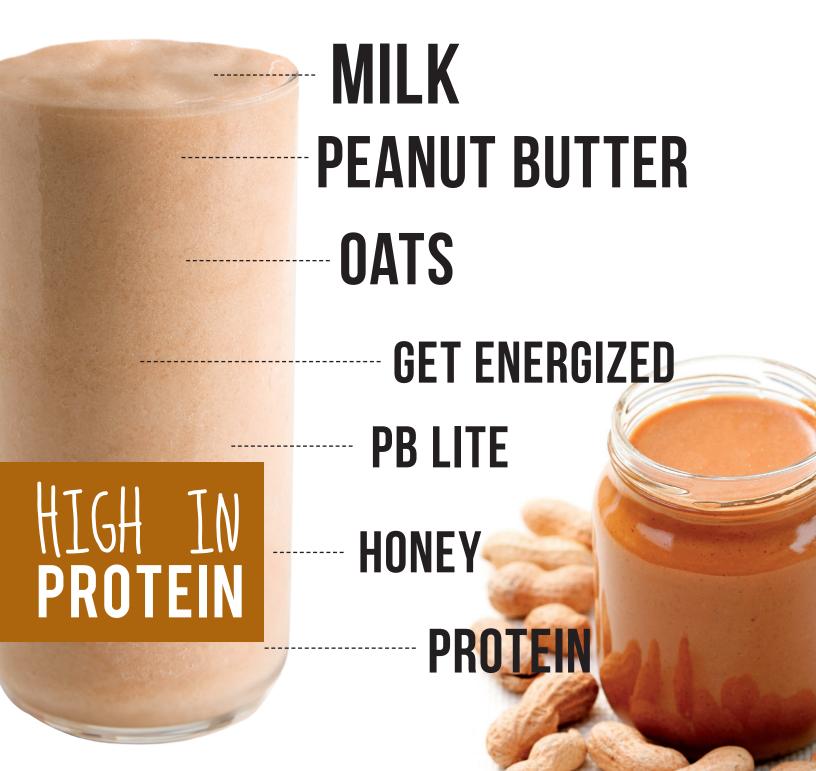
LOW IN SUGAR

GO NUTS!

Your choice of Milk, Natural Peanut Butter, Fiber-Rich Oatmeal, PB Lite, Honey & 'Get Energized' blended with 20g Vanilla Whey Protein



"GO NUTS!"

6 OZ	VANILLA UNSWEETENED ALMOND MILK
1 SCP	PEANUT BUTTER
1 SCP	PB LITE
1 SCP	OATS
1 SCP	VANILLA WHEY PROTEIN
1 SCP	GET ENERGIZED
1/2 TSP	HONEY
12 OZ	ICE

Nutri Serving Size Servings Per	(273g) Containe		cts	
Amount Per Serving				
Calories 490	Calor	ies from	Fat 200	
		% D	aily Value*	
Total Fat 23g	35%			
Saturated I	13%			
Trans Fat 0g				
Cholesterol	0%			
Sodium 140r	6%			
Total Carboh	ydrate 4	l0g	13%	
Dietary Fib	28%			
Sugars 9g				
Protein 38g				
Vitamin A 8%	• \	/itamin (C 0%	
Calcium 20%	•]	ron 8%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500				
Total Fat Saturated Fat Cholesterol	Less than Less than Less than Less than e	65g 20g 300mg 2,400mg 300g 25g	80g 25g 300mg 2,400mg 375g 30g	