

SWEET POTATO POWER

Your choice of Milk with Nutrient-Dense Sweet Potato, Antioxidant-Filled Kale, Raisins, Flax Seed Oil, Agave Nectar, 'Get Energized', Banana & 20g Vanilla Whey Protein

BETA-CAROTENE

FOR SKIN & EYE HEALTH

MILK

SWEET POTATO

KALE

GET
ENERGIZED

RAISINS

FLAX SEED OIL

AGAVE

PROTEIN

SUPPORTS HEALTHY
DIGESTION



“SWEET POTATO POWER”

8 OZ	UNSWEETENED VANILLA ALMOND MILK
1 SCP	FREEZE-DRIED SWEET POTATO
½ SCP	FREEZE-DRIED KALE
¼ SCP	RAISINS
½ TSP	FLAX SEED OIL
½ TSP	AGAVE NECTAR
1 SCP	GET ENERGIZED
4	FREEZE-DRIED BANANA PIECES (OR 3" FRESH BANANA)
1 SCP	VANILLA WHEY PROTEIN
12 OZ	ICE

Nutrition Facts			
Serving Size 20 fl. oz. (591 ml)			
Servings Per Container			
Amount Per Serving			
Calories	320	Calories from Fat	70
		% Daily Value*	
Total Fat	7g		11%
Saturated Fat	0g		0%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	220mg		9%
Total Carbohydrate	43g		14%
Dietary Fiber	4g		16%
Sugars	14g		
Protein	22g		
Vitamin A	60%	•	Vitamin C 30%
Calcium	20%	•	Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
	Fat	9	• Carbohydrate 4 • Protein 4