

PRIMAL POWER

Your choice of Milk blended with Nutrient-Dense Sweet Potato, Kale, Banana, Flax Seed Oil, Raisins & 20g Vanilla Whey Protein

EXCELLENT SOURCE OF
VITAMIN A

MILK

SWEET
POTATO

KALE

RAISINS

FLAX
SEED OIL

BANANA

PROTEIN

GREAT SOURCE OF
OMEGA-3s



“PRIMAL POWER”

8 OZ	UNSWEETENED VANILLA ALMOND MILK
1½ SCPS	FREEZE-DRIED SWEET POTATO
1 SCP	FREEZE-DRIED KALE
1 SCP	RAISINS
4	FREEZE-DRIED BANANA PIECES (OR 3" FRESH BANANA)
1 TSP	FLAX SEED OIL
1½ SCPS	VANILLA WHEY PROTEIN
12 OZ	ICE

Nutrition Facts			
Serving Size 20 fl. oz. (591 ml)			
Servings Per Container			
Amount Per Serving			
Calories 410		Calories from Fat 90	
		% Daily Value*	
Total Fat 10g		15%	
Saturated Fat 0.5g		3%	
Trans Fat 0g			
Cholesterol 0mg		0%	
Sodium 410mg		17%	
Total Carbohydrate 48g		16%	
Dietary Fiber 4g		16%	
Sugars 24g			
Protein 32g			
Vitamin A 80%		Vitamin C 50%	
Calcium 25%		Iron 20%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
		Calories:	2,000 2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			