GO MAN-GO!

Tropical Mangoes blended with Potassium-Rich Banana, 'Get Energized' & 20g Vanilla Whey Protein

RICH IN BETA-CAROTENE

MANGOES

BANANA

GET REGULAR -----

PROTEIN

GREAT FOR DIGESTION

"GO MAN-GO!"

3 OZ	DR. SMOOTHIE MANGO PURÉE/WATER MIX
4	FREEZE-DRIED BANANA PIECES
	(OR 3" FRESH BANANA)
1 SCP	GET ENERGIZED
1 SCP	VANILLA WHEY PROTEIN
12 OZ	ICE

Nutrition Facts Serving Size 20 fl. oz. (591 ml) Servings Per Container			
Amount Per Serving			
Calories 360 Calories from Fat 15			
	% Daily Value*		
Total Fat 2g	3%		
Saturated Fat 0g 0			
Trans Fat 0g			
Cholesterol 0mg 0%			
Sodium 15mg 19			
Total Carbohydrate 66g 22%			
Dietary Fiber 2g 8%			
Sugars 52g			
Protein 21g			
Vitamin A 15% •	Vitamin C 45%		
Calcium 2% •	Iron 2%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500			
Total Fat Less tha Saturated Fat Less tha Cholesterol Less tha Sodium Less tha Total Carbohydrate Dietary Fiber Calories per gram: Fat 9 Carbohydr	n 20g 25g n 300mg 300mg n 2,400mg 2,400mg 300g 375g 25g 30g		