

BLUEBERRY THUNDER

Tons of Antioxidant-Rich Blueberries
blended with Heart-Healthy Banana
& 20g Vanilla Whey Protein

PACKED WITH
VITAMIN C & E



----- BLUEBERRIES

----- BANANA

----- PROTEIN

REDUCE
ALLERGIES



“BLUEBERRY THUNDER”

6 OZ	DR. SMOOTHIE BLUEBERRY BANANA PUREE
2 SCPS	FREEZE DRIED BANANA PIECES
1 SCP	VANILLA WHEY PROTEIN
12 OZ	ICE
1 SCP	BLUEBERRIES (PULSE IN THE END)

Nutrition Facts			
Serving Size 20 fl. oz. (591 ml)			
Servings Per Container			
Amount Per Serving			
Calories 360		Calories from Fat 15	
		% Daily Value*	
Total Fat 2g		3%	
Saturated Fat 0g		0%	
Trans Fat 0g			
Cholesterol 0mg		0%	
Sodium 15mg		1%	
Total Carbohydrate 66g		22%	
Dietary Fiber 3g		12%	
Sugars 54g			
Protein 21g			
Vitamin A 2%		Vitamin C 20%	
Calcium 2%		Iron 4%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			