

# Silvia Martinelli

---

## Personal Details

Date of Birth: 30th October 1991  
Nationality: Italian  
Address: Milano (MI), Italy  
  
Mobile: (+39) 388 34 11 123  
E-mail: studiosilviamartinelli@gmail.com



---

## Profile

Clinical psychologist, looking for an opportunity to work remotely, using her professional competences and her strong language skills. Independent and resilient, having travelled extensively and lived in four countries. Hard-working, she has proven to be a consistent, reliable team worker, including in testing environments.

---

## Professional Experience

- Dec 2019 – Today **Clinical Psychologist, Owner of Progetto Per Sé - Clinical Psychology Service, Milan**
- I work in Italian, French and English, both in person and online.
- Dec 2016 – Today **Psychotherapy Trainee - CPS 13 (Local Mental Health Service), Policlinico Hospital, Milan**
- Clinical activity (consultations, diagnosis).
  - Participation in psychiatric consultations.
  - Attendance to weekly multidisciplinary team meetings.
- Dec 2019 – Today **Consultant on Educational Assistance Project - Fondazione Clerici, Belloni Vocational School, Milan**
- Academic support aimed at teens aged 14 to 20, some of them with learning disabilities, to foster cooperation and learning.
  - Network work with teachers, internships' coordinator, parents.
- Dec 2018 – Dec 2019 **HR Consultant & Head-Hunter - Telema srl, Milan**
- Was responsible for recruitment and selection of middle management and executive roles, mainly for Financial Services.
  - Managed relations with foreign customers.
  - Carried out business development activities.
  - Mentored interns with a degree in Psychology.
  - Created guidelines to optimize business processes.
- May 2017 – Dec 2018 **Psychologist and Occupational Therapist - Fondazione Rosa dei Venti Onlus, Como.**
- Psychologist on the Project Futura Inte(g)razione: expressive group activities with Nigerian migrant women, victims of trafficking and sexual exploitation.
  - Occupational Therapist at Rosa dei Venti Therapeutic Community: carried out therapeutic and rehabilitative activities for adolescents with personality disorders and emotional problems.
  - Contributed to scientific research: articles writing and translating, data processing.
- Nov 2016 – Nov 2018 **Private tutoring, Milan**
- Taught English and French to middle and high school students, as well as adults (both beginners and proficient levels), in person and online.
- Nov 2016 – May 2017 **Occupational therapist - Minors Home Care Service, Coop. Cogess, Milan**
- Supported the patient and his/her family by means of psychosocial activities.
  - Developed a treatment plan for patients (specific goals to be accomplished).
-

---

Apr 2016 – Oct 2016	<b>Clinical Psychology Internship</b> - San Raffaele Hospital, Milan (IT). <ul style="list-style-type: none"> <li>Contributed to clinical interviews in the Eating Disorders ward.</li> <li>Participated in research interviews and data processing.</li> </ul>
Oct 2015 – Apr 2016	<b>Clinical Psychology Internship</b> - Cassel Hospital, Richmond, London (UK). <ul style="list-style-type: none"> <li>Contributed to Inpatient Unit psychosocial activities (Borderline Personality Disorder treatment).</li> <li>Participated in research interviews and data processing.</li> <li>Attended clinical psychology seminars.</li> </ul>

---

## Education and Professional Qualification

Dec 2016 - Today	<b>Specialisation in Psychoanalytical Psychotherapy</b> Area G, Scuola di Psicoterapia a Orientamento Psicoanalitico per Adolescenti e Adulti, Milan (IT).
Nov 2016	<b>State Exam - Qualifying Examination</b> Università degli Studi di Pavia (IT). Passed the government exam and licensed as a professional psychologist.
Oct 2015	<b>West London Mental Health NHS Trust Induction Programme</b> Ealing Learning & Development Centre, St Bernard's Hospital, Southall (UK).
Oct 2013 – Jul 2015	<b>MSc in Clinical Psychology</b> Università Vita-Salute San Raffaele, Milan (IT). Passed with distinction. Thesis on Anorexia Nervosa: beyond body image and towards body schema.
Oct 2010 – Oct 2013	<b>BSc in Psychology</b> Università Vita-Salute San Raffaele, Milan (IT).
Sep 2007 – Jul 2010	<b>Secondary School Diploma in Linguistic Studies</b> Liceo Linguistico Marcelline Tommaseo, Milan (IT).
Sep 2005 – Jul 2007	<b>European School, Brussels (BE)</b> Bilingual education (Italian / French).

---

## Skills

Languages	<ul style="list-style-type: none"> <li><b>Italian and French:</b> native speaker (bilingual upbringing).</li> <li><b>English:</b> proficient (achieved 8.5/9 IELTS Certificate in March 2016).</li> <li>Spanish and German: basic knowledge.</li> </ul>
IT Skills	<ul style="list-style-type: none"> <li>Excellent knowledge of MS Windows and MS Office, Internet applications.</li> <li>Proficient in Excel and Power Point.</li> </ul>

---

## Interests

- Reading in French and English (Eric-Emmanuel Schmitt, Sally Rooney).
  - Cinema: movies and TV series.
  - Sports and Fitness: played volleyball at competitive level from 2007 to 2014, now enjoying fitboxe.
-