

The Health & Safety Executive (HSE) Management Standards (MS) work-related stress Indicator Tool

The HSE Work-related stress scale was developed and tested alongside the Work-related Quality of Life scale (WRQoL scale - also included in the Bounce platform) by Portsmouth University. It provides feedback on the seven stressor categories included in the UK Health and Safety Executive's Management Standards; such as demands, management support and relationships.

Created by Health & Safety Executive (HSE)

- Category:** General Wellbeing, Job Satisfaction, Life Satisfaction, Relationships
- Target Audience:** Staff
- Bounce Alerts:** There are no preloaded for staff surveys.
- Lesson Plans:** If you are a BounceTogether customer, please visit your Knowledge Centre for our full collection of lesson plans.

Interested in running this survey online, with instant reports? Contact...

www.bouncetogether.co.uk

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What do you need to consider before running a paper survey?

How much will it cost you to print the survey?

There are 4 pages in this survey. If you are going to print a copy for every staff member in your school, this can quickly amount to a significant expense. You also need to factor in the cost of the time it will take you or your school admin to assign the survey and analyse the findings.

How will you collect and analyse the findings?

You need to decide how you will assign the survey, when staff will complete the questions and how you will collate the findings. It can be very difficult and time consuming to collect the data, especially if you are assigning the survey to your whole staff body.

Will you be able to draw valuable insights from the questions?

Assigning the survey on paper can limit your ability to draw valuable insights from the data. You won't be able to segment or compare findings by different demographics, like department, years' of service, or age.

Let us run a fully-managed survey for you!

- ✓ We will run the survey for **just £49** - use discount code 'BTSurvey'
- ✓ We will create the survey and send you a unique url to send to all members of staff.
- ✓ We will analyse all findings for you and provide your results in a professionally-formatted report.
- ✓ Choose to segment findings by demographics.
- ✓ We will help you digest and understand your results in a one-to-one call.



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HSE Management Standards Indicator Tool

It is recognised that working conditions affect worker well-being. Your responses to the questions below will help us determine our working conditions now, and enable us to monitor future improvements. In order for us to compare the current situation with past or future situations, it is important that your responses reflect your work in the last six months

Statements	Never	Seldom	Sometimes	Often	Always
I am clear what is expected of me at work					
I can decide when to take a break					
Different groups at work demand things from me that are hard to combine					
I know how to go about getting my job done					
I am subject to personal harassment in the form of unkind words or behaviour					
I have unachievable deadlines					
If work gets difficult, my colleagues will help me					
I am given supportive feedback on the work I do					

Statements	Never	Seldom	Sometimes	Often	Always
I have to work very intensively					
I have a say in my own work speed					
I am clear what my duties and responsibilities are					
I have to neglect some tasks because I have too much to do					
I am clear about the goals and objectives for my department					
There is friction or anger between colleagues					
I have a choice in deciding how I do my work					
I am unable to take sufficient breaks					
I understand how my work fits into the overall aim of the organisation					
I am pressured to work long hours					
I have a choice in deciding what I do at work					

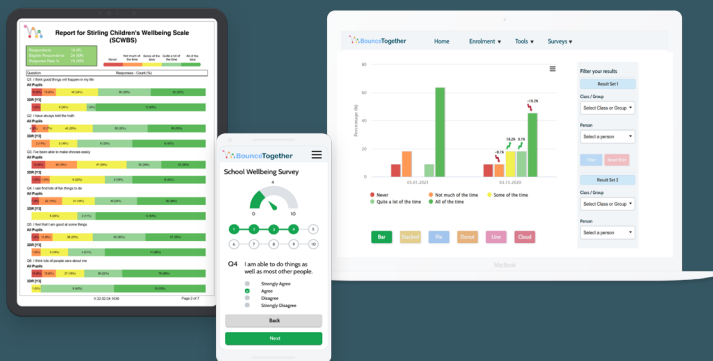
Statements	Never	Seldom	Sometimes	Often	Always
I have to work very fast					
I am subject to bullying at work					
I have unrealistic time pressures					
I can rely on my line manager to help me out with a work problem					
I get help and support I need from colleagues					
I have some say over the way I work					
I have sufficient opportunities to question managers about change at work					
I receive the respect at work I deserve from my colleagues					
Staff are always consulted about change at work					
I can talk to my line manager about something that has upset or annoyed me about work					

Statements	Never	Seldom	Sometimes	Often	Always
My working time can be flexible					
My colleagues are willing to listen to my work-related problems					
When changes are made at work, I am clear how they will work out in practice					
I am supported through emotionally demanding work					
Relationships at work are strained					
My line manager encourages me at work					

Thank you for completing the questionnaire



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- ✓ Easily filter and segment findings to make comparisons between year groups, classes, and school demographics.
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- ✓ Use our collection of fully-researched lesson plans to develop targeted action plans for pupils and cohorts.



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