





## Child and Youth Resilience Measure (CYRM-R)

**//** The CYRM has been designed as a screening tool to explore the resources (individual, relational, communal and cultural) available to individuals that may bolster their resilience. The measure was designed as part of the International Resilience Project (IRP), of the Resilience Research Centre, in collaboration with 14 communities in 11 countries around the world. This survey should be assigned if the 'Student Resilience Survey' is deemed inappropriate to allocate to your intended year/class

**Created by The Resilience Research Centre**

-  **Category:** Resilience, Self-Esteem, Caregiver Resilience
-  **Target Audience:** KS1, KS2
-  **Bounce Alerts:** This survey does not have any alerts preloaded into BounceTogether but you can add your own custom safeguarding alerts.
-  **Lesson Plans:** If you are a BounceTogether customer, please visit your Knowledge Centre for our full collection of lesson plans.

**Interested in running this survey online, with instant reports? Contact...**

[www.bouncetogether.co.uk](http://www.bouncetogether.co.uk)

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## What do you need to consider before running a paper survey?

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### How much will it cost you to print the survey?

There are 4 pages in this survey. If you are going to print a copy for every pupil in your school, this can quickly amount to a significant expense. You also need to factor in the cost of the time it will take you or your school admin to assign the survey and analyse the findings.

### How will you collect and analyse the findings?

You need to decide how you will assign the survey, when pupils will complete the questions and how you will collate the findings. It can be very difficult and time consuming to collect the data, especially if you are assigning the survey to your whole school community.

### Will you be able to draw valuable insights from the questions?

Assigning the survey on paper can limit your ability to draw valuable insights from the data. You won't be able to segment or compare findings by different school groups or demographics.

### Do you need to see individual pupil's results?

Unless you ask pupils to add their name to each survey, you will not be able to see their answers at the individual level. This can be critical, especially for a topic with such close links to safeguarding, as you need to be able to take action if a child answers a particular question in a concerning way.

## Let us run a fully-managed survey for you!

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- ✓ We will run the survey for **just £49** - use discount code 'BTSurvey'
- ✓ We will create the survey and send you a unique url to send to all pupils.
- ✓ We will analyse all findings for you and provide your results in a professionally-formatted report.
- ✓ Choose to segment findings by year groups or school groups.
- ✓ We will help you digest and understand your results in a one-to-one call.



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Please put a tick in the box underneath the answer to each question which best describes your thoughts or feelings. There are no right or wrong answers!

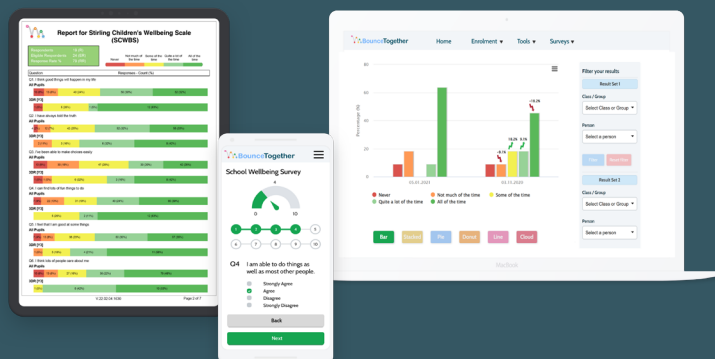
Questions	Not at all	A little	Somewhat	Quite a bit	A lot
Is doing well in school important to you?					
Do you know how to behave/act in different situations (such as school, home, holy places)?					
Do you feel that your parent(s)/caregiver(s) know where you are and what you are doing all of the time?					
Do you share with people around you?					
Do you feel that your parent(s)/caregiver(s) know a lot about you (for example, what makes you happy, what makes you scared)?					
Is there enough to eat in your home when you are hungry?					
Do other children like to play with you?					
Do you talk to your family/caregiver(s) about how you feel (for example when you are hurt or feeling scared)?					

Questions	Not at all	A little	Somewhat	Quite a bit	A lot
Do you have friends that care about you?					
Do you feel you fit in with other children?					
Do you think your family/caregiver(s) care(s) about you when times are hard (for example, if you are sick or have done something wrong)?					
Are you treated fairly?					
Do you have chances to show others that you are growing up and can do things by yourself?					
Do you feel safe when you are with your family/caregiver(s)?					
Do you have chances to learn things that will be useful when you are older (like cooking, working and helping others)?					
Do you like the way your family/caregiver(s) celebrate(s) things (like holidays or learning about your culture)?					

😊 **Thank you for completing this survey and for your honesty!** 😊



- ✓ Access the largest repository of evidence-based, fully researched surveys for pupils, staff and parents.
- ✓ Produce clear, presentation ready reports to share instantly with different stakeholders.
- ✓ Use powerful insights to make confident, data-driven decisions on your whole-school wellbeing strategy.
- ✓ Easily filter and segment findings to make comparisons between year groups, classes, and school demographics.
- ✓ Be alerted in real-time to concerning responses, dips in wellbeing, and add unfiltered pupil to your safeguarding records.
- ✓ Use our collection of fully-researched lesson plans to develop targeted action plans for pupils and cohorts.



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