

# SA Xtreme Volleyball Club Code of Conduct

2021-2022 Parent/Guardian & Player Contract

*We believe that by participating in the San Antonio Xtreme Volleyball program, athletes should be provided with both high-quality volleyball training in addition to life skills that can be applied on and off the court. These skills include responsibility, dedication, leadership, hard work and respect for others. This CODE OF CONDUCT has long been established and applied to promote an environment that fosters our club's core values and create a pleasant experience for all. **All athletes and parents/guardians are responsible for adhering to all information outlined in this document. Any athlete and/or parent/guardian found in violation of this contract may be restricted and/or removed from participating in the program entirely. The SA Xtreme Volleyball Club reserves the right to initiate the removal of an athlete and/or parent/guardian from the team if they do not follow the rules and guidelines explained throughout this contract.***

## SECTION I: GENERAL PLAYER/ATHLETE GUIDELINES

- Athletes will NOT engage in any conduct that does not **serve the greater good of the team and the SA Xtreme Volleyball Club as a whole** including, but not limited to, being disrespectful towards decisions made about the team, playing time, gameplay decisions, line-ups, teammates or referee calls.
- Athletes are expected to respect the decisions made by the coaching staff and club director at all times. If there is an issue that arises then athletes should follow the **concerns and grievance process** to address the issue appropriately.
- Athletes are expected to treat all teammates with kindness and respect **both on and off the court.**
- Athletes will treat ALL coaches, parents, tournament staff, other club teams and staff, and any tournament attendees with courtesy and respect at all times.
- Athletes are expected to manage their time appropriately so that they are able to attend and be on time to as many practices, tournaments and other club-related functions that fall within the SA



Xtreme club season. If a scheduling conflict arises, then athletes should contact their coach as soon as possible.

- Athletes must **prioritize both athletics and academics** during the club season.

## SECTION II: PRACTICE GUIDELINES

- Athletes are required to attend all practices. If for any reason an athlete cannot make practice, they are expected to notify the appropriate coach at least 24 hours in advance. If an emergency situation arises that results in an athlete not being able to make a practice, the athlete will need to make contact with their coach or club director. ***\*Please note that this should be the athlete's responsibility and not the parent/guardian's.\****
- Athletes are expected to wear any club-issued practice t-shirts to all practices.
- Athletes are expected to be on time to all practices according to the guidelines established by the coach. **Athletes should come to practice with a positive attitude and be ready to learn and participate fully.** It is the responsibility of the athletes to assist the coach in making sure that the net systems and facilities are prepared and ready for practice, followed by storing all equipment appropriately at the end of each practice.
- All practices will be open unless a coach specifies otherwise. Visitors should be limited to parents/guardians and siblings only (no boyfriends please!).

## SECTION III: TOURNAMENT GUIDELINES

- Transportation to and from tournaments is the responsibility of the parent/guardian of the athlete. Other transportation arrangements can be made between SA Xtreme teams but should be communicated to the coaching staff in advance. If a transportation issue occurs and/or an athlete cannot find transportation to a tournament, the coaching staff should be contacted immediately.
- Coaches will advise on specific tournament details and arrival times for each playing site. **It is the athlete and parent/guardian's responsibility to understand and be aware of these details and to ask any questions *in advance* if any information is unclear. It is also the athlete and parent/guardian's responsibility to reach out for said details if they are not present when the information is initially given out.**

- Due to the unpredictability of tournament schedules, **athletes should stay with their team and be prepared to play or perform officiating duties at a moment's notice. It is the responsibility of the athlete to communicate their location with their coach during all tournaments.**

## SECTION IV: TRAVEL GUIDELINES

- While staying in hotels or external lodging, athletes are required to respect the property and privacy of others on the premises.
- **Loud or rowdy behavior will not be tolerated and could result in immediate expulsion from the hotel/lodging and/or tournament.** The coach reserves the right to penalize any athletes for violating hotel/lodging rules with reduced playing time the following day.
- Under no circumstances will athletes entertain any guests in their hotel/lodging rooms with the exception of a parent/guardian and/or female sibling. Visitors should be restricted to the lobby or communal area only.
- Under no circumstances will athletes enter another guest's room within the hotel/lodging premise that is not a SA Xtreme parent, player or coach's.
- **Doors to athletes' rooms must NOT be left propped open with any form of night latch or object to create an ease of re-entry.** SA Xtreme is not responsible for any items stolen (including uniforms and volleyball gear) as a result of an athlete keeping a door propped open.
- Athletes should double-check all door locks are properly working and secured, doing one last check before going to sleep.
- Athletes are expected to coordinate with a parent/guardian and/or coach as to their whereabouts while throughout the hotel/lodging - especially at night - during non-playing periods.
- **Players are prohibited from recording and/or posting any images and/or videos or likeness of themselves or teammates that are distasteful in nature. An athlete (including their parents and relatives) should understand that they are always representing the SA Xtreme Volleyball Club as a whole, even while on the road.**

## SECTION V: TOBACCO, DRUGS & ALCOHOL

- Athletes are expected to abstain from any form of use of tobacco, drugs and alcohol at all times. This includes periods outside of sanctioned SA Xtreme activities.
- Any athlete found to be in possession of any illegal substances will be subject to immediate expulsion from the SA Xtreme Volleyball Club.

## SECTION VI: PARENT/GUARDIAN ROLES & RESPONSIBILITIES

- **The utmost responsibility of each parent/guardian is to be *supportive of and courteous to* ALL players, coaches, friends and families of the SA Xtreme Volleyball program:**
  - At no point in time will a parent approach an athlete in ANY manner other than to encourage and support that athlete. Foul language aimed at an athlete, coach, other parent/guardian will not be tolerated and could result in an immediate ban from attending SA Xtreme practices and/or tournaments and games.
- All parents/guardians are encouraged and expected to be as active as possible in the SA Xtreme Volleyball Club season. We recommend all parents/guardians periodically check the SA Xtreme [Parent's Corner](#) website page for useful tips and resources to stay involved as a club parent.
- **All parents/guardians are expected to be supportive of all coaching staff, the club director, club admin and operations staff, and any facility staff at all times.** This includes assistance with logistical and transportation needs as well as being understanding with the communication process.
- **All parents/guardians should remember that they are a direct representation of the SA Xtreme Volleyball Club while at tournaments and games.** It's important to show respect and kindness to tournament and referee staff at all times, as well as other players, coaches, families and friends within *and outside* of SA Xtreme.
- **The general line of communication throughout the club season should be from COACH → ATHLETE → PARENT.** Athletes are encouraged and expected to talk with their coaches first about any concerns they may have. *If the issue pertains to playing time*, the parent/guardian should follow our PLAYING TIME POLICY (outlined below).

## GENERAL POLICY TOWARDS ADDRESSING PLAYING TIME:

1. Encourage your player to communicate with their coach rather than you (the parent/guardian) be the middleman
2. If step one isn't feasible, please set-up a private meeting with the coach, player and parent/guardian *after* a practice. **NO meetings regarding playing time will be held during any tournaments.**
3. The final step, if necessary, will be to set-up a meeting with the club director, coach, player and parent/guardian. *The club director will not get involved until either step 1 or 2 is carried out.*

**\*There will not be ANY meetings without the player present.**

- All parents/guardians are expected to refrain from discussing playing time issues or other issues **at a tournament site or during normal practice times**. Coaches will do their best to explain all issues and decisions to any athlete who approaches them and asks for clarification in a disciplined and respectful manner, and only at an appropriate time.
- **All parents/guardians should seek explanations from athletes first when wanting more information about any issues during the club season.** Parents wanting a further explanation should contact the athlete's coach outside of normal practice times and tournaments to set-up a meeting.
- **Coaches will NOT entertain conversations concerning playing time at a tournament or event, which includes at a playing site or any location while the event is going on** (e.g. hotel, drive to/from event, on the plane, etc).

### **CODE OF CONDUCT AGREEMENT:**

Completing this agreement will be considered a validation that you have read the SA Xtreme Volleyball Club CODE OF CONDUCT in its entirety. You will NOT be allowed to participate in any USAV sanctioned tournament, game or SA Xtreme practice until this form is completed, signed and returned to the appropriate person.

#### **ATHLETE AGREEMENT:**

I, (athlete's printed name) \_\_\_\_\_ have read and understand the **SA Xtreme Volleyball Club CODE OF CONDUCT** as stated above and agree to all of its contents. I understand that failure to do so at any time during the club season can result in possible disciplinary actions and/or removal from the club program.

Athlete's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

#### **PARENT/GUARDIAN AGREEMENT:**

I, (parent/guardian's printed name) \_\_\_\_\_ have read and understand the **SA Xtreme Volleyball Club CODE OF CONDUCT** as outlined in this document and agree to all of its contents. I understand that failure to do so at any time during the club season can result in possible disciplinary actions and/or removal from the club program. I will also, to the best of my ability, guide my athlete to adhere to all rules.

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Club Season Year: 20\_\_\_\_\_

*Webster's Definition of **Teamwork**:*

*“The subordination of the individual’s task to the common purpose of the team; the ability of a team to work together.”*

