



SHAINA PELLINGTON



Position: Guard
Born: June 1, 1999
Height: 5'6"
Hometown: Pickering, ON

High School: Durham Elite (OSBA)
University: Arizona (NCAA)
Years With The Canadian National Team: 8
Number of International Games Played: 56
Number of Senior Games Played: 22

National Team Statistics

YEAR	TEAM	TOURNAMENT	GP	GS	MIN	AVG	FG	FGA	PCT	3FG	3FGA	PCT	FT	FTA	PCT	OFF	DEF	TOT	A	PF	DQ	STL	TO	BLK	PTS	RPG	APG	PPG
2015	CWNT	U16 FIBA Americas	7	-	86	17.2	12	36	.330	0	2	0	6	10	.600	6	16	22	10	12	-	5	9	0	30	4.4	2.0	6.0
2016	CWNT	Spain Exhibition	3	-	54.01	18.0	6	16	.380	2	3	.666	5	6	.830	1	9	10	2	8	-	5	5	0	19	3.3	.67	6.3
	CWNT	U17 FIBA Worlds	6	-	138	23.0	17	44	.386	4	8	.500	13	29	.448	9	17	26	11	13	-	10	16	0	51	4.3	1.8	8.5
2017	JWNT	France Exhibition	3	-	58.8	19.6	6	15	.400	0	2	.000	2	4	.500	1	4	5	7	6	-	3	11	0	14	1.7	3.3	4.7
	JWNT	U19 FIBA World Cup	6	-	148	24.6	20	49	.408	0	1	.000	9	16	.562	3	22	25	10	16	-	4	12	0	49	4.2	1.7	8.2
2018	SWNT	Edmonton Grads International	2	-	28.0	14.0	1	5	0.2	0	1	.000	0	0	.000	0	2	2	5	2	-	0	4	0	2	1.0	2.5	1.0
2019	SWNT	Belgium Tournament	3	0	44	14.7	4	13	.308	0	2	.000	7	10	.700	0	2	2	5	3	-	4	5	1	15	0.7	1.7	5.0
	SWNT	Great Britain Exhibition	2	-	-	-	5	9	.556	1	2	.500	10	13	.769	0	3	3	5	4	-	0	7	0	21	1.5	2.5	10.5
	DWNT	Pan American Games	4	-	102	25.5	19	58	.333	3	12	.250	23	35	.667	15	13	28	8	14	-	2	14	0	64	7.0	2.0	16.0
	SWNT	FIBA POQT	3	-	50	16.7	8	14	.571	1	1	1.00	13	20	.650	1	7	8	11	4	-	1	4	0	30	2.7	3.7	10
2020	SWNT	FIBA OQT	3	-	42	14.0	7	14	.500	1	3	.333	5	6	.833	1	10	11	3	3	-	0	3	0	20	3.7	1	6.7
2021	SWNT	FIBA AmeriCup	6	-	121	20.2	23	45	.511	4	8	.500	25	34	.735	4	11	15	15	9	-	9	2	2	75	2.5	2.5	12.5
	SWNT	Olympic Games	3	-	34	11.2	0	6	.000	0	2	.000	5	8	.625	0	2	2	2	7	-	1	0	0	5	0.7	0.7	1.7
2022	DWNT	U23 Globl Jam Tournament	5	-	131	26.2	17	47	.362	1	8	.125	11	19	0.579	2	11	13	16	8	-	6	3	2	46	2.6	3.2	8.4

NATIONAL TEAM HIGHLIGHTS:

- 2022:** Member of the 2022 U23 Canadian Team that placed first at the inaugural Globl Jam tournament. Pellington averaged 8.4 points, 2.6 rebounds and 3.2 assists per game.
- 2021:** Pellington lead Canada in scoring at AmeriCup with 12.5 points per game, while also adding 2.5 rebounds and assists. She was later that summer named to her first Olympic roster, becoming a member of Team Canada at the 2021 Tokyo Olympics.
- 2020:** Member of the FIBA Olympic Qualifying Tournament team that went 3-0 and secured Canada's third consecutive Olympic appearance. Pellington averaged 6.7 points, 3.7 rebounds and was .833 from the free throw line during the OQT in Belgium.
- 2019:** Played in all 5 games of the Senior Team Phase 1. Pellington averaged 14.7 minutes, 5 points, and 1.7 assists per game in the Belgium Tournament, and 10.5 points, 1.5 rebounds, and 2.5 assists per game in the Great Britain Exhibition. Shaina played in all 4 games at the Pan American Games, averaging 25.5 minutes, 16 points, 7 rebounds, and 2 assists per game. Pellington competed in the FIBA Olympic Prequalifying tournament where she averaged 16.7 minutes, 10 points, and 3.7 assists per game.
- 2018:** Pellington played two games at the Edmonton Grads International Classic where she contributed 2.5 assists per game and 1.0 rebounds per game.
- 2017:** Member of the JWNT that placed 3rd at the U19 FIBA World Cup. Played in 3 exhibition games, averaging 19.6 minutes per game and 4.7 points per game. Played in 6 World Cup games averaging 24.6 minutes per game, 4.2 rebounds per game and 4.6 points per game.
- 2016:** Member of the Cadette National Team who placed 7th at FIBA U17 World Championships in Zaragoza, Spain. Played in 3 exhibition games in Spain, averaged 6.3 points per game and 3 rebounds per game. Played 6 games at Worlds averaging 23 minutes and 8.5 points per game, ranked 3rd on Team Canada in assists per game.
- 2015:** Member of the CWNT that won their first gold medal at U16 FIBA Americas
- 2015:** Member of team Ontario that won Gold at National Championships

University Statistics

YEAR	LEAGUE	SCHOOL	GP	GS	MIN	AVG	FG	FGA	PCT	3FG	3FGA	PCT	FT	FTA	PCT	OFF	DEF	TOT	A	PF	DQ	STL	TO	BLK	PTS	RPG	APG	PPG
2017-18	NCAA	Oklahoma	31	20	845	27.3	163	331	.492	0	3	.000	81	137	.591	26	58	84	68	80	3	26	89	4	407	2.7	2.2	13.1
2018-19	NCAA	Oklahoma	23	12	533	23.2	106	224	.473	7	51	.137	66	109	.606	19	64	83	64	57	3	23	71	4	299	3.6	2.8	13.0
2019-20	NCAA	Arizona	Sat out year due to transferring to Arizona																									
2020-21	NCAA	Arizona	27	-	418	15.5	64	162	.395	1	19	.053	27	60	.450	17	35	52	26	35	-	17	27	3	156	1.9	1.0	5.8
2021-22	NCAA	Arizona	27	-	651	24.1	107	245	.437	11	42	.262	80	125	.640	20	48	68	64	61	-	40	43	1	305	2.5	2.4	11.3

UNIVERSITY HIGHLIGHTS:

SENIOR (2021-22): In her second season with the Wildcats, Pellington averaged 24.1 minutes a game and boosted her game averaged to 11.3 points, 2.5 rebounds and 2.4 assists. All three of Shaina's shooting percentages increased from her first year with Arizona.

JUNIOR (2020-21): In her junior season, Arizona reached the NCAA National Championship Game. Pellington made appearances in all 27 games averaging 15.5 minutes, 5.8 points and 1.9 rebounds per game.

SOPHOMORE (2018-19): In her sophomore season, Pellington made appearances in 23 games, starting in 12... Averaged 23.2 minutes, 13.0 points, 3.6 rebounds, and 2.8 assists per game.

FRESHMAN (2017-18): In her freshman season with Oklahoma, she played in 31 games and started 20... Averaged 27.3 minutes, 13.1 points, 2.2 assists and 2.7 rebounds per game... Ranked second nationally amongst Division 1 freshman in field goal percentage... Big 12 Freshman of the Year... Unanimously voted to the Big 12 All-Freshman Team... Received an All-Big 12 Honorable Mention.

Provincial Team Statistics

YEAR	TEAM	TOURNAMENT	GP	GS	MIN	AVG	FG	FGA	PCT	3FG	3FGA	PCT	FT	FTA	PCT	OFF	DEF	TOT	A	PF	DQ	STL	TO	BLK	PTS	RPG	APG	PPG
2015	Ontario	U17 National Championships	7	-	129	18.4	24	60	.400	1	2	.500	8	15	.533	-	-	29	12	-	-	-	-	-	59	4.1	1.7	8.4

PROVINCIAL TEAM HIGHLIGHTS:

2015: Member of team Ontario that won Gold at National Championships

PERSONAL:

Daughter of Dennis and Arlene.