



# MIAH-MARIE LANGLOIS



**Position:** Point Guard  
**Born:** September 21, 1991  
**Height:** 5'8  
**Hometown:** Windsor, ON

**High School:** Catholic Central  
**College/University:** University of Windsor  
**Professional:** Novosibirsk Dynamo (Russia)  
**Years With The Canadian National Team:** 10  
**Number of International Games Played:** 105  
**Number of Senior International Games:** 88

## National Team Statistics

YEAR	TEAM	TOURNAMENT	GP	GS	MIN	AVG	FG	FGA	PCT	3FG	3FGA	PCT	FT	FTA	PCT	OFF	DEF	TOT	A	PF	DQ	STL	TO	BLK	PTS	RPG	APG	PPG
2011	DWNT	Ole Miss Exhibition Match	1	0	6	6.0	1	3	.333	0	1	.000	0	0	.000	0	1	1	0	0	-	0	0	0	2	1.0	0.0	2.0
	DWNT	Summer Universiade	5	0	87	17.4	2	14	.286	2	4	.500	5	6	.833	1	12	13	5	9	-	7	6	0	15	2.6	1.0	3.0
2012	DWNT	Montenegro Exhibition	2	-	50	25.4	5	19	.263	2	9	.222	3	3	.100	0	5	5	0	5	-	4	2	0	15	2.5	0.0	7.5
	DWNT	Belgium Exhibition	3	-	76	25.6	5	20	.250	0	3	.000	14	16	.875	2	13	15	2	5	-	5	7	0	24	5.0	0.7	8.0
2013	DWNT	Summer Universiade	6	6	204	34.2	20	45	.440	6	18	.330	25	28	.893	3	25	28	19	16	-	18	11	1	81	4.7	3.2	13.5
2014	SWNT	Exhibition vs. Brazil	3	-	59	19.7	5	13	.380	1	4	.250	4	6	.670	2	4	6	3	3	-	2	5	0	15	2.0	1.0	5.0
	SWNT	Turkey Exhibition Tournament	3	-	67	22.5	2	9	.222	4	9	.444	3	7	.429	6	7	13	8	5	-	0	6	0	19	4.3	2.7	6.3
	SWNT	Czech Exhibition Tournament	3	-	65	22.0	2	7	.286	0	3	.000	2	2	.100	3	3	6	5	8	-	4	6	1	6	2.0	1.7	2.0
	SWNT	Spain Exhibition Tournament	2	-	32	16.2	0	7	.000	1	1	.100	0	0	.000	2	1	3	2	4	-	2	3	1	3	1.5	1.0	1.5
	SWNT	FIBA Worlds	7	-	150	21.4	12	25	.480	4	7	.570	2	2	.100	5	16	21	9	16	-	5	12	0	30	3.0	1.3	4.3
2015	SWNT	Spain Exhibition	3	-	71	23.9	7	16	.440	4	10	.400	0	0	.000	3	5	8	7	5	-	3	10	0	18	2.7	2.3	6.0
	SWNT	France Exhibition	3	-	83	27.7	6	17	.350	3	4	.750	1	6	.170	2	7	9	8	8	-	1	3	3	16	3.0	2.7	5.3
	SWNT	Pan American Games	5	-	125	25.2	7	26	.270	4	9	.440	6	6	100	2	14	17	15	13	-	4	5	0	17	3.2	3.0	3.4
	SWNT	FIBA Americas	6	-	157	26.2	18	36	.500	7	15	.470	5	6	.830	8	18	26	37	10	-	9	11	0	48	4.3	4.3	8.0
2016	SWNT	Spain Exhibition	2	-	43.5	21.8	4	9	.440	0	3	.000	1	2	.500	0	2	2	6	5	-	3	6	0	9	1.0	3.0	4.5
	SWNT	France Exhibition	3	-	65.63	21.9	6	15	.400	2	3	.667	3	4	.750	1	7	8	15	7	-	6	4	0	17	2.7	5.0	5.7
	SWNT	EGIC	3	-	63.8	21.3	9	19	.474	3	8	.375	0	0	.000	2	1	3	7	5	-	3	2	0	21	1.0	2.3	7.0
	SWNT	USA Showcase	3	-	80.5	26.8	14	24	.580	2	5	.400	0	3	.000	0	6	6	9	3	-	4	9	0	30	2.0	3.0	10.0
	SWNT	Olympic Games	6	-	151	25.1	17	38	.447	8	17	.471	2	2	1.00	7	6	13	21	17	-	9	11	2	44	2.2	3.5	7.3
	SWNT	Europe Exhibition	5	-	131	26.2	7	29	.240	6	13	.460	1	5	.200	4	13	17	18	17	-	9	6	0	33	3.4	3.6	6.6
2017	SWNT	FIBA Women's AmeriCup	6	-	129	21.5	4	9	.444	6	14	.429	2	3	.667	3	16	19	28	9	-	5	14	1	28	3.2	4.7	4.7
	SWNT	China Exhibition	0	-	-	-	0	0	0	0	0	0	0	0	0	0	0	0	0	0	-	0	0	0	0	0	0	0
	SWNT	Japan Exhibition	2	-	59.5	29.8	4	15	.267	2	8	.250	3	7	.429	1	4	5	7	4	-	5	6	0	13	2.5	3.5	6.5
	SWNT	USA Exhibition	2	-	33.0	16.5	3	7	.428	1	4	.25	0	0	.000	0	3	3	4	0	-	0	2	0	7	1.5	2.0	3.5
2018	SWNT	France Exhibition	3	-	62.0	20.6	4	19	.210	2	7	.285	0	0	.000	3	8	11	9	5	-	5	4	0	8	3.6	3.0	2.6
	SWNT	FIBA World Cup	6	-	117	19.5	21	36	.583	7	12	.583	3	4	.750	6	12	18	15	7	-	9	11	1	38	6.3	2.5	6.3
	SWNT	Belgium Tournament	3	3	88	29.3	9	21	.429	4	6	.667	1	2	.500	4	9	13	8	8	-	4	6	0	23	4.3	2.7	7.7
2019	SWNT	Great Britain Exhibition	2	-	-	-	6	12	.500	4	8	.500	0	0	.000	2	4	6	4	5	-	5	4	-	16	3.0	2.0	8.0
	SWNT	FIBA AmeriCup	4	4	62	15.4	4	13	.308	2	7	.286	2	2	1.00	0	7	7	12	6	-	6	5	1	12	1.8	3.0	3.0
2020	SWNT	FIBA OQT	3	-	52.4	17.3	3	9	.333	1	4	.250	0	0	.000	1	5	6	10	6	-	6	1	0	7	2.0	3.3	2.3

## NATIONAL TEAM HIGHLIGHTS:

**2020:** Member of the FIBA Olympic Qualifying Tournament team that went 3-0 and secured Canada's third consecutive Olympic appearance. Langlois averaged 17:3 minutes, 3.3 assists and 2 rebounds a game during the OQT in Belgium.

**2019:** Played in all 5 games of the Senior Team Phase 1. Langlois averaged 29.3 minutes, 7.7 points, 4.3 rebounds, and 2.7 assists per game in the Belgium Tournament, and recorded 8 points, 3 rebounds, and 2 assists per game in the Great Britain Exhibition. Langlois started all 4 games that she played in the FIBA AmeriCup where their team claimed second place. She averaged 15.4 minutes, 3.0 points, and 3.0 assists per game.

**2018:** Langlois played two games at the Japan Exhibition and averaged 29.8 minutes per game. She contributed 13 points, 5 steals and 7 assists. In France, Langlois was a starter who played in all three games averaging 20.6 minutes per game. During the World Cup Langlois contributed an average of 19.5 minutes per game with a total of 38 points and 15 assists throughout the tournament where Team Canada finished in 7<sup>th</sup> place. She led the entire World Cup tournament in 3 point field goal percentage at 58.3%.

**2017:** A veteran of the Senior Women's National team, Miah-Marie played in all 5 games of the trip recording solid numbers. During this trip she played in all 5 games, playing an average 26.2 minutes per game, and scoring 33 points across all games. Won a Gold Medal at the FIBA Women's AmeriCup, where she averaged 4.7 assists per game and 21.5 minutes per game.

**2016:** Member of the Rio 2016 Olympic Team who placed 7<sup>th</sup> in the tournament; averaged 25.1 minutes and 7.3 points per game. Played 2 exhibition games in Spain averaging 21.8 minutes and 4.5 points. Played in three exhibition games in France averaging 5.7 points and 5.0 assists. Played 3 games in the Edmonton Grads Exhibition tournament averaging 21.3 minutes and 7 points per game. Played 3 games in the USA Showcase tournament, averaging 26.8 minutes per game and 10.0 points.

**2015:** Member of the 2015 Pan American Games team that won Canada's first ever gold medal. Played in three exhibition games in Spain averaging 23 minutes and 6.0 points per game...Played in three exhibition games in France averaging 27.75 mins and 5.3 points per game. Helped the SWNT achieve gold at the FIBA Americas...averaged 26 minutes per game with an incredible 37 assists for the tournament and averaged 6.2 assists per game

**2014:** Averaged over 20 minutes per game in 9 exhibition games with the Senior Women's National Team; averaged 6.3 points, 4.3 rebounds and led the team with 2.7 assists per game in the Turkey Exhibition Tournament. Appeared in all 7 games for Canada at FIBA Worlds shooting 48% from the field and 57% from 3 throughout the tournament.

**2013:** Played 6 games, averaged 34.16 mpg, shooting .400 from the field, .330 from 3-pt range, .890 from the free throw line, 4.7 rpg, 3.2 apg, 13.5 ppg at Summer Universiade... 3<sup>rd</sup> on team in 3-pt percentage, averaging .333... led team in free throw percentage with .890... led team in defensive rebounds with 25 in the tournament... led team in tournament assists with 19... led team in steals with 18 in the tournament... led team in most drawn fouls... led team in total tournament pts (81) and led in total tournament ppg... 2<sup>nd</sup> in tournament in seals with 3.0 per game... 2<sup>nd</sup> in tournament in free throw percentage with .893... 4<sup>th</sup> in tournament in free throws made in tournament (25 made)... 5<sup>th</sup> in tournament for fouls drawn, drawing 4.8 fpg

**2012:** Averaged 25.5 minutes and 7.8 points per game in 5 exhibition games with the Women's Development Team.

**2011:** Was a member of the 2011 Development Women's National Team that participated in the 2011 Summer Universiade where she averaged 17.4 minutes per game in the five games that the team played.

### Professional Statistics

YEAR	LEAGUE	TEAM	GP	GS	MIN	AVG	FG	FGA	PCT	3FG	3FGA	PCT	FT	FTA	PCT	OFF	DEF	TOT	A	PF	DQ	STL	TO	BLK	PTS	RPG	APG	PPG
2014-15	Sweden	Northland Lulea	28	-	781	27.9	103	251	.410	31	88	.352	68	84	.809	29	98	126	139	75	-	69	-	3	305	4.5	5.0	10.9
2015-16	Russia	Dynamo-GUVD	30	-	1125	37.5	173	400	.433	55	170	.324	85	108	.787	21	136	157	139	63	-	72	115	4	486	5.2	4.6	16.2
2016-17	Russia	Enisey	22	-	692	31.4	95	248	.383	23	89	.258	39	56	.696	14	83	97	93	50	-	49	70	0	252	4.4	4.2	11.4
2017-18	Russia	Dynamo NR	8	-	246	30.8	27	77	.351	3	22	.136	25	31	.806	9	23	32	27	19	-	13	16	1	82	4.0	3.4	10.3
2018-19	Russia	Dynamo NR	28	-	1001	35.8	91	227	.401	33	119	.277	58	65	.892	24	101	125	130	69	-	73	71	2	339	4.5	4.6	12.1
2019-20	Russia	Dynamo NR	16	-	437	27.3	37	77	.481	24	55	.436	14	21	.667	15	53	68	62	35	-	32	34	2	160	4.3	3.9	10.0

### PROFESSIONAL HIGHLIGHTS:

**2019-20:** in her third season with Dynamo, Langlois appeared in 16 games, averaging 27.3 minutes, 10.0 points, 3.9 assists and 4.3 rebounds per outing.

**2018-19:** Langlois averaged 35.8 minutes, 12.1 points, and 4.5 rebounds in 28 games for Dynamo NR.

**2017-18:** Averaged 30.8 minutes, 10.3 points, 4.0 rebounds and 3.4 assists in 8 games for Dynamo NR

**2016-17:** Played 22 games for Enisey... averaged 31.4 minutes, 11.4 points, 4.4 rebounds and 4.2 assists per game.

**2015-16:** Played 30 games for Dynamo-GUVD Novosibirsk...Averaged 37.5mpg, 16.2 ppg and 5.2 rpg

**2014-15:** Played 28 games for Northland Lulea... Northland Lulea won the Championship... Named MVP and Defensive Player of the Sweden Federation League...Averaged 27.9 mpg, 10.9 ppg, 4.5 rpg, and 5 apg.

### University Statistics

YEAR	LEAGUE	SCHOOL	GP	GS	MIN	AVG	FG	FGA	PCT	3FG	3FGA	PCT	FT	FTA	PCT	OFF	DEF	TOT	A	PF	DQ	STL	TO	BLK	PTS	RPG	APG	PPG
2009-10	CIS	Windsor	21	2	507	24.1	51	127	40.2%	9	36	25.0%	12	25	48.0%	15	57	72	66	41	1	54	32	4	123	3.4	3.1	5.9
2010-11	CIS	Windsor	22	-	663	30.1	94	236	.398	31	89	.348	35	42	.833	14	77	91	78	35	-	64	44	17	254	4.1	3.5	11.5
2011-12	CIS	Windsor	30	-	904	30.1	130	299	.434	38	103	.369	63	81	.778	17	155	172	153	47	0	95	62	12	361	5.7	5.1	12.0

2012-13	CIS	Windsor	27	850	31.5	120	281	.430	25	75	.333	57	87	.667	21	153	170	151	50	-	72	-	19	322	6.3	5.6	11.9	
2013-14	CIS	Windsor	28	-	810	28.9	128	254	.504	43	116	.371	67	82	.817	29	129	158	144	46	-	104	54	5	452	5.6	5.1	16.1

## UNIVERSITY HIGHLIGHTS:

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**2013-2014:** Won CIS Championship for 4<sup>th</sup> consecutive year, completing her university career...Started all 28 games...2<sup>nd</sup> on her team in points (16.1), 1<sup>st</sup> in assists (5.1)...Named CIS Defensive Player of the Year for 3<sup>rd</sup> straight year...All Canadian 2<sup>nd</sup> team...Named tournament MVP at CIS National Championships.

**2012-2013:** Windsor wins CIS Championship for 3<sup>rd</sup> year in a row... named CIS defensive player of the year second year running... OUA defensive player of the year...CIS Championship MVP...OUA first team

**2011-2012:** Named CIS and OUA Athlete of the Week after a spectacular performance at the CIS National Championship in Calgary...Named CIS National Championship, MVP second straight year...Named CIS defensive player of the year. Earned CIS second-teams all Canadian Honours, and was named tournament MVP at CIS National Championships.

**2010-2011:** Led Windsor to a CIS National Championship, was named tournament MVP

**2009-2010:** Made her debut at the Windsor. Appeared in 21 games and averaged 3.4 rebounds, 3.1 assists and 5.9 points per game.

## PERSONAL:

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Studying Business-Economics