EXPECT RESPECT
AT
STRATFORD
MIDDLE SCHOOL
MEET OUR STAFF

NICOLE MILLER
★ 8TH GRADE SCIENCE
★ PBIS TIER 1
★ CO-LEADER
EXPECT RESPECT

JULIE AUGUSTYN
CCSD93 Prevention Coordinator

JORDAN HAWKINS
★ 6TH GRADE Resource
★ CO-LEADER
EXPECT RESPECT
# Meet Our Students

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<thead>
<tr>
<th>Name</th>
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<td>Scarlett</td>
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OUR DISTRICT
CCSD93
Bloomingdale, Carol Stream, and Hanover Park, IL
ECC, 6 Elementary Schools and 2 Middle Schools

Total Students: 3264
American Indian or Alaska Native: 15
Asian: 723
Black or African American: 209
Hispanic or Latino: 1004
Native Hawaiian or Other Pacific Islander: 5
White: 1252
OUR SCHOOL
STRATFORD MIDDLE SCHOOL
2023-2024

Total Students: 566
American Indian or Alaska Native: 4
Asian: 126
Black or African American: 44
Hispanic or Latino: 186
Native Hawaiian or Other Pacific Islander: 2
Multi Racial: 3
White: 201
WHAT IS EXPECT RESPECT?
★ STUDENT INTEREST
★ HOW DO WE MAKE DECISIONS ON WHAT TO DO?
★ GOAL & PURPOSE FOR 2023-24
  ○ Tier 1 student voice
★ BULLYING IN OUR SCHOOL
★ EXPECT RESPECT STRATEGIES
★ VIDEOS
★ GAME TIME!
★ QUESTIONS AND ANSWERS
WHAT IS EXPECT RESPECT?

A club welcome to all students and all grade levels

Goal:
★ Spread positivity and kindness throughout the school.
★ Teach students anti-bullying strategies
★ Spread awareness of bullying to classmates
★ Making students feel comfortable in school.

What do we do?
★ Create videos and posters to spread the word!
★ Post-it notes on lockers to spread kindness
STUDENT INTEREST

This year we had more student interest, due to the conference, however, we have had 28 students attend the club, even after conference presenters were chosen!

★ Students were recommended as positive role models based upon teacher recommendations.
★ Each student then got an email inviting them to join Expect Respect.
★ Students who saw the fliers and were interested were also allowed to join the club.
How do we know what to do?

We use student and staff input to tackle problems occurring in our school.

**Students**

- Brainstorming at Expect Respect club meetings
- Google Form for Expect Respect students to share concerns anonymously

**Staff**

- Brainstorming at PBIS Tier one meetings
- Collaborating with subcommittees of Tier one to gather popular problems from different grade levels.
BULLYING IN OUR SCHOOL
(from the students’ perspective)

Expect Respect students answered the following questions anonymously!
What do you think of when you hear the word bully or bullying?

Common Themes
★ Making fun of others
★ Being rude
★ Abusing others
★ Mean words that could affect someone's mental health resulting in zero confidence and bad behavior

Student Quote
“People that may be saying or doing unkind things to someone.”

“Someone that puts others down to make themselves feel better.”
What does bullying look like in our school?

Common Themes

Some common themes in this topic were examples of physical, verbal, and social bullying.

★ Name Calling
★ Pushing and Shoving
★ Teasing or Taunting
★ Harassing
★ Gossiping

Student Quote

“Bullying looks like someone antagonizing another person to intimidate them.”

“Posting rude things on social media.”

“Spreading lies/rumors about people.”

“Saying offensive and rude slurs to others.”
When you see someone being bullied, how do you react? Why?

Common Themes

- Step into action instead of watching.
- ★ Tell the bully to stop
- ★ Ask the victim if they are okay
- ★ Talk to a teacher or a trusted adult

Student Quote

“I would ask the victim if they are ok, and then I may go tell a trusted adult.”

“When I see someone being bullied, I quickly react by asking them if they are okay and comforting them. I’d tell the bully to stop. I also would tell a teacher if the bullying gets very intense.”
What are our experiences with bullying?

Common Themes

★ Verbal and emotional bullying like making fun of others.
★ Gossip and rumors are the most common threat in our school.
★ Thankfully, not many experiences involve physical bullying.

Student Quote

“People have said rude things about me behind my back.”

“I have been bullied about things that I've said because people get annoyed with me and started calling me names and start mimicking me.”
What can we do to stop bullying at our school?

Common Themes

Our Strategies:
★ Stop, Breathe, & Leave
★ Stop, Walk, & Talk

Stand up to kids that are being bullies

Tell a trusted adult or other students to try to help stop the bullying.

Be an Upstander- spread kindness

Student Quote

“Inform others about the negative consequences of bullying”

“Inform people why it’s not okay using posters and videos”
Our PBIS goal is to have more student voice on our Tier 1 committee.

Our Expect Respect goal is to...
- Teach our peers how to stand up to bullying
- Encourage our peers to stop bullying
- Make staff aware of bullying
An upstander is someone who speaks up in support of a person being bullied.

Upstanders intervene in situations and act on behalf of a person being bullied.

Upstanders help the victim when they witness bullying.

Our Strategies/Background/Modeling

**SBL**

**S- Stop**
Stop what you are doing at the moment

**B- Breathe**
Take a deep breath

**L- Leave**
Leave the situation (premises)

**SWAT**

**S- Stop**

**W- Walk away**

**A- And**

**T- Talk** to a trusted adult if the dilemma continues

**UPSTANDER**

★ An upstander is someone who speaks up in support of a person being bullied.

★ Upstanders intervene in situations and act on behalf of a person being bullied.

★ Upstanders help the victim when they witness bullying.
Promotional Video from Spring 2023
First Video of 23-24 School Year
Game Time!

★ Please get out your phone/computer
★ Go to gimkit.com/join
★ Game code will be displayed

**GIMKIT Explained**

★ Answer questions correctly to earn energy.
★ Goal: Get the other teams flag to your side of the course.
★ Stop the other team from getting your flag. Teams can tag opponents to earn your flag back.
Any Questions?