



@PBISForum #PBISForum

Bullying Prevention in within the PBIS Framework Part II

Presenters: Sara McDaniel, University of Alabama Students from local schools

• Topic: Bullying

Keywords: Prevention, bullying, elementary, secondary







MEET OUR STAFF

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- ★ 8TH GRADE SCIENCE
- **★** PBIS TIER 1
- ★ CO-LEADER EXPECT RESPECT

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CCSD93 Prevention Coordinator

JORDAN HAWKINS

- ★ 6TH GRADE Resource
- ★ CO-LEADER EXPECT RESPECT

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MEET OUR STUDENTS

BRAYDEN 6TH GRADE

MAYA 8TH GRADE

GREG 7TH GRADE

ALEENA 7TH GRADE

ARFA 7TH GRADE

MIA M 7TH GRADE

ROSIE 8TH GRADE

STEFAN 7TH GRADE

DESPINA 7TH GRADE

ANAVI 7TH GRADE

AVA 7TH GRADE

NICK 8TH GRADE

MIAS 8TH GRADE

ABBY 6TH GRADE

SCARLETT 6TH GRADE



OUR DISTRICT CCSD93

Bloomingdale, Carol Stream, and Hanover Park, IL

ECC, 6 Elementary Schools and 2 Middle Schools

Total Students: 3264

American Indian or Alaska Native 15

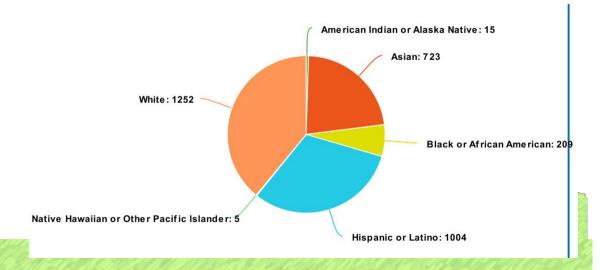
Asian 723

Black or African American 209

Hispanic or Latino 1004

Native Hawaiian or Other Pacific Islander 5

White 1252





OUR SCHOOL STRATFORD MIDDLE SCHOOL 2023-2024

Total Students: 566

American Indian or Alaska Native: 4

Asian: 126

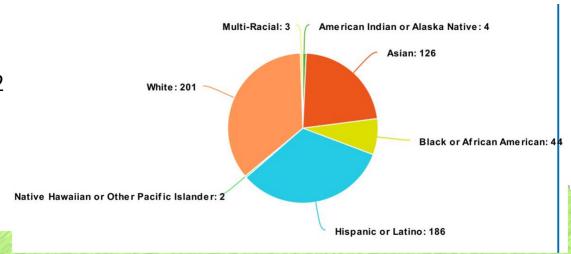
Black or African American: 44

Hispanic or Latino: 186

Native Hawaiian or Other Pacific Islander: 2

Multi Racial: 3

White: 201





- **★** WHAT IS EXPECT RESPECT?
- **★ STUDENT INTEREST**
- ★ HOW DO WE MAKE DECISIONS ON WHAT TO DO?
- ★ GOAL & PURPOSE FOR 2023-24
 - Tier 1 student voice
- **★** DISRESPECT IN OUR SCHOOL
- **★** EXPECT RESPECT STRATEGIES
- **★** VIDEOS
- **★** GAME TIME!
- **★** QUESTIONS AND ANSWERS

WHAT IS EXPECT RESPECT?

A club welcome to all students and all grade levels

Goal:

- ★ Spread positivity and kindness throughout the school.
- ★ Teach students anti-bullying strategies
- ★ Spread awareness of disrespect towards classmates
- ★ Making students feel comfortable in school.

What do we do?

- ★ Create videos and posters to spread the word!
- ★ Post-it notes on lockers to spread kindness



STUDENT INTEREST

This year we had more student interest, due to the conference, however, we have had 28 students attend the club, even after conference presenters were chosen!

- ★ Students were recommended as positive role models based upon teacher recommendations.
- ★ Each student then got an email inviting them to join Expect Respect.
- ★ Students who saw the fliers and were interested were also allowed to join the club.

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How do we know what to do?

We use student and staff input to tackle problems occurring in our school.

Students are...

- ★ Brainstorming at Expect Respect club meetings
- ★ Google Form for Expect Respect students to share concerns anonymously

Staff are...

- ★ Brainstorming at PBIS Tier one meetings
- ★ Collaborating with subcommittees of Tier one to gather popular problems from different grade levels.

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DISRESPECT IN OUR SCHOOL

(from the students' perspective)

Expect Respect students answered the following questions anonymously!



What do you think of when you hear the word bully or bullying?



Common Themes

- ★ Making fun of others
- ★ Being rude
- ★ Abusing others
- ★ Mean words that could affect someone's mental health resulting in zero confidence and bad behavior



Student Quote

"People that may be saying or doing **unkind** things to someone."

"Someone that **puts others down** to make themselves feel better."

What does bullying look like in our school?



Common Themes

Some common themes in this topic were examples of physical, verbal, and social bullying.

- ★ Name Calling
- ★ Pushing and Shoving
- ★ Teasing or Taunting
- ★ Harassing
- ★ Gossiping



Student Quote

"Bullying looks like someone antagonizing another person to intimidate them."

"Posting rude things on social media."

"Spreading lies/rumors about people."

"Saying offensive and rude slurs to others."

When you see someone being bullied how do you react? Why?



Step into action instead of watching.

- ★ Tell the bully to stop
- ★ Ask the victim if they are okay
- ★ Talk to a teacher or a trusted adult



Student Quote

"I would ask the victim if they are ok, and then I may go tell a trusted adult."

"When I see someone being bullied, I quickly react by asking them if they are okay and comforting them. I'd tell the bully to stop. I also would tell a teacher if the bullying gets very intense."

What are our experiences with bullying?



Common Themes

- ★ Verbal and emotional bullying like making fun of others.
- ★ Gossip and rumors with is the most common threat in our school.
- ★ Thankfully, not many experiences involve physical bullying.



Student Quote

"People have said rude things about me behind my back."

"I have been bullied about things that I've said because people get annoyed with me and started call me names and start mimicking me"

What can we do to stop bullying at our school?



Our Strategies:

- ★ Stop, Breathe, & Leave
- ★ Stop, Walk, & Talk

Stand up to kids that are being disrespectful

Tell a trusted adult or other students to try to help stop the disrespect

Be an Upstander- spread kindness



Student Quote

"Inform others about the negative consequences of bullying"

"Inform people why it's not okay using posters and videos"





- **★** Our PBIS goal is to have more student voice on our Tier 1 committee.
- **★** Our Expect Respect goal is to...
 - Teach our peers how to stand up to disrespect
 - Encourage our peers to stop disrespect
 - Make staff aware of disrespect

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Our Strategies/Background/Modeling

SBL

SWAT

UPSTANDER



S- Stop

Stop what you are doing at the moment

B- Breathe

Take a deep breath

L-Leave

Leave the situation (premises)



S- Stop

W- Walk away

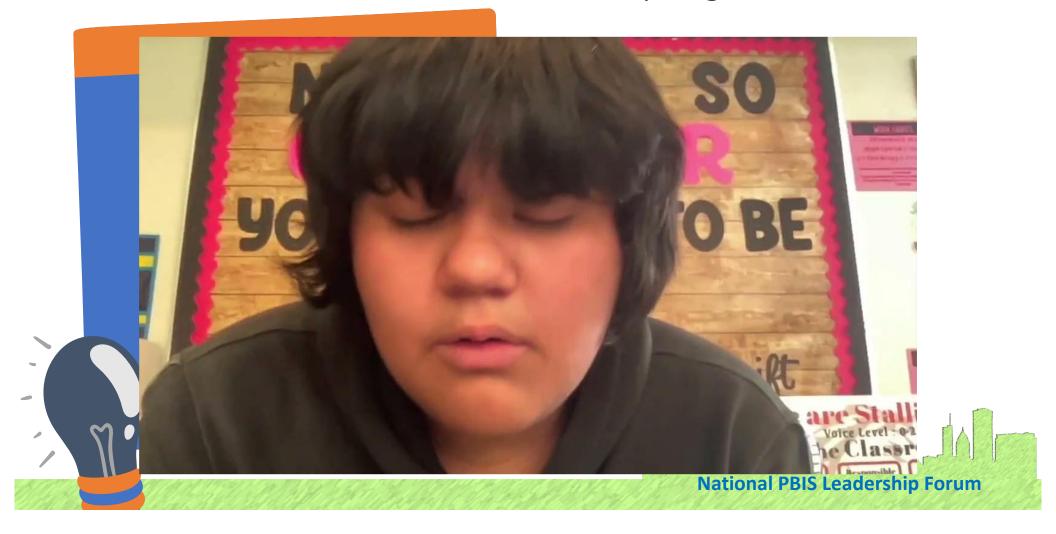
A- And

T- Talk to a trusted adult if the dilemma continues

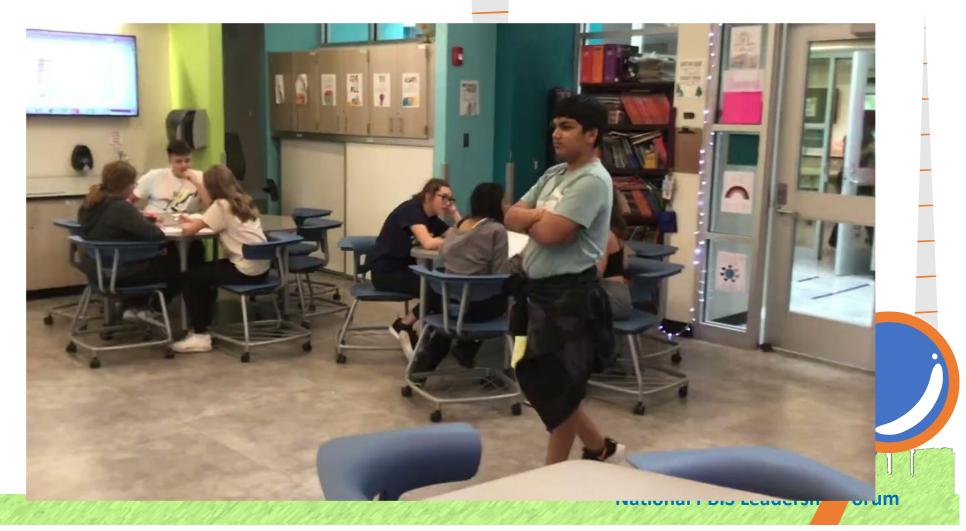
- ★ An upstander is someone who speaks up in support of a person being disrespected.
- Upstanders intervene in situations and act on behalf of a person being disrespected
- ★ Upstanders help the victim when they witness the disrespect.



Promotional Video from Spring 2023



First Video of 23-24 School Year



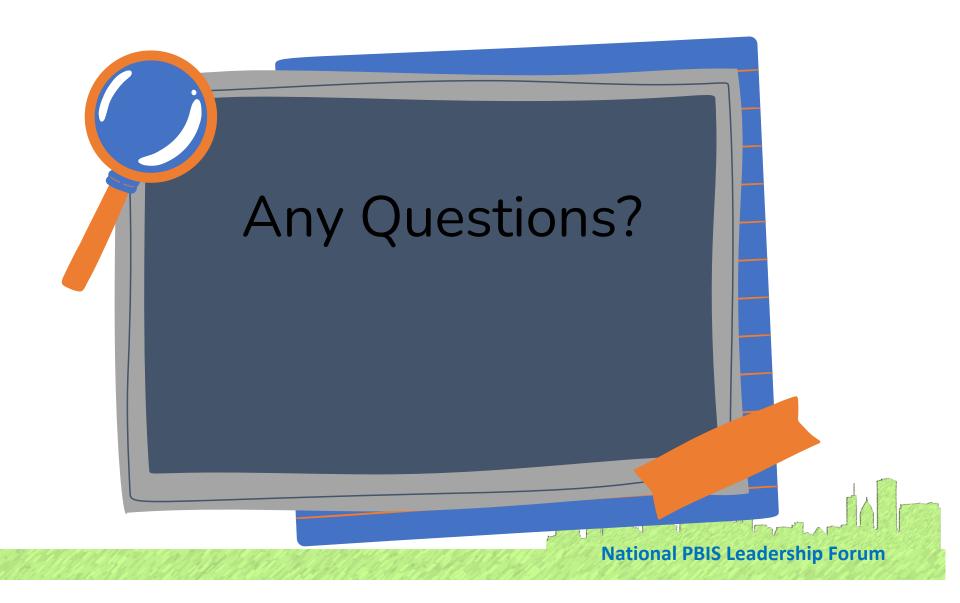


Game Time!

- ★ Please get out your phone/computer
- ★ Go to gimkit.com/join
- ★ Game code will be displayed

GIMKIT Explained

- **★** Answer questions correctly to earn energy.
- ★ Goal: Get the other teams flag to your side of the course.
- ★ Stop the other team from getting your flag. Teams can tag opponents to earn your flag back.



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1.

- **Within our mobile app** find the Evaluation icon on the homescreen. Scroll for the Session.
- 2. QR Code scan the QR code included on the slide in the presentation (Individualized slides for each presentation will be located in this shared folder)
- 3. Online click on the link located next to the downloadable session materials posted online at https://www.pbis.org/conference-and-presentations/pbis-leadership-forum
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10/27/2023

Session ID-5A - Bullying Prevention, Part 2: Youth Voice & Engagement

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