Bullying Prevention in within the PBIS Framework Part II

Presenters:
Sara McDaniel, University of Alabama
Students from local schools

- **Topic:** Bullying
- **Keywords:** Prevention, bullying, elementary, secondary
EXPECT RESPECT AT STRATFORD MIDDLE SCHOOL
MEET OUR STAFF

NICOLE MILLER
- 8TH GRADE
- SCIENCE
- PBIS TIER 1
- CO-LEADER
- EXPECT RESPECT

JORDAN HAWKINS
- 6TH GRADE Resource
- CO-LEADER
- EXPECT RESPECT

JULIE AUGUSTYN
CCSD93 Prevention Coordinator

National PBIS Leadership Forum
MEET OUR STUDENTS

- Brayden 6th Grade
- Maya 8th Grade
- Greg 7th Grade
- Aleena 7th Grade
- Arfa 7th Grade
- Mia M 7th Grade
- Rosie 8th Grade
- Stefan 7th Grade
- Despina 7th Grade
- Anavi 7th Grade
- Ava 7th Grade
- Nick 8th Grade
- Mia S 8th Grade
- Abby 6th Grade
- Scarlett 6th Grade
Our District
CCSD93
Bloomingdale, Carol Stream, and Hanover Park, IL
ECC, 6 Elementary Schools and 2 Middle Schools

Total Students: 3264
American Indian or Alaska Native: 15
Asian: 723
Black or African American: 209
Hispanic or Latino: 1004
Native Hawaiian or Other Pacific Islander: 5
White: 1252
**Total Students:** 566
- American Indian or Alaska Native: 4
- Asian: 126
- Black or African American: 44
- Hispanic or Latino: 186
- Native Hawaiian or Other Pacific Islander: 2
- Multi Racial: 3
- White: 201
TODAY’S TOPICS

★ WHAT IS EXPECT RESPECT?
★ STUDENT INTEREST
★ HOW DO WE MAKE DECISIONS ON WHAT TO DO?
★ GOAL & PURPOSE FOR 2023-24
  ○ Tier 1 student voice
★ DISRESPECT IN OUR SCHOOL
★ EXPECT RESPECT STRATEGIES
★ VIDEOS
★ GAME TIME!
★ QUESTIONS AND ANSWERS
WHAT IS EXPECT RESPECT?

A club welcome to all students and all grade levels

Goal:
★ Spread positivity and kindness throughout the school.
★ Teach students anti-bullying strategies
★ Spread awareness of disrespect towards classmates
★ Making students feel comfortable in school.

What do we do?
★ Create videos and posters to spread the word!
★ Post-it notes on lockers to spread kindness
STUDENT INTEREST

This year we had more student interest, due to the conference, however, we have had **28 students** attend the club, even after conference presenters were chosen!

- Students were recommended as positive role models based upon teacher recommendations.
- Each student then got an email inviting them to join Expect Respect.
- Students who saw the fliers and were interested were also allowed to join the club.
How do we know what to do?

We use student and staff input to tackle problems occurring in our school.

**Students are...**
- Brainstorming at Expect Respect club meetings
- Google Form for Expect Respect students to share concerns anonymously

**Staff are...**
- Brainstorming at PBIS Tier one meetings
- Collaborating with subcommittees of Tier one to gather popular problems from different grade levels.
DISRESPECT IN OUR SCHOOL
(from the students’ perspective)

Expect Respect students answered the following questions anonymously!
What do you think of when you hear the word bully or bullying?

**Common Themes**
- Making fun of others
- Being rude
- Abusing others
- Mean words that could affect someone's mental health resulting in zero confidence and bad behavior

**Student Quote**
- “People that may be saying or doing **unkind** things to someone.”
- “Someone that **puts others down** to make themselves feel better.”
What does bullying look like in our school?

Common Themes

Some common themes in this topic were examples of physical, verbal, and social bullying.

★ Name Calling
★ Pushing and Shoving
★ Teasing or Taunting
★ Harassing
★ Gossiping

Student Quote

“Bullying looks like someone antagonizing another person to intimidate them.”

“Posting rude things on social media.”

“Spreading lies/rumors about people.”

“Saying offensive and rude slurs to others.”
When you see someone being bullied how do you react? Why?

**Common Themes**

- Step into action instead of watching.
- ★ Tell the bully to stop
- ★ Ask the victim if they are okay
- ★ Talk to a teacher or a trusted adult

**Student Quote**

“I would ask the victim if they are ok, and then I may go tell a trusted adult.”

“When I see someone being bullied, I quickly react by asking them if they are okay and comforting them. I’d tell the bully to stop. I also would tell a teacher if the bullying gets very intense.”
What are our experiences with bullying?

Common Themes

★ Verbal and emotional bullying like making fun of others.
★ Gossip and rumors with is the most common threat in our school.
★ Thankfully, not many experiences involve physical bullying.

Student Quote

“People have said rude things about me behind my back.”

“I have been bullied about things that I've said because people get annoyed with me and started calling me names and start mimicking me.”
What can we do to stop bullying at our school?

Common Themes

Our Strategies:
- Stop, Breathe, & Leave
- Stop, Walk, & Talk

Stand up to kids that are being disrespectful

Tell a trusted adult or other students to try to help stop the disrespect

Be an Upstander - spread kindness

Student Quote

“Inform others about the negative consequences of bullying”

“Inform people why it’s not okay using posters and videos”
Club Goal for 2023-2024

★ Our PBIS goal is to have more student voice on our Tier 1 committee.
★ Our Expect Respect goal is to...
  ○ Teach our peers how to stand up to disrespect
  ○ Encourage our peers to stop disrespect
  ○ Make staff aware of disrespect
Our Strategies/Background/Modeling

**SBL**
- **S- Stop**
  Stop what you are doing at the moment
- **B- Breathe**
  Take a deep breath
- **L- Leave**
  Leave the situation (premises)

**SWAT**
- **S- Stop**
  Stop what you are doing at the moment
- **W- Walk away**
  Leave the situation (premises)
- **A- And**
  Talk to a trusted adult if the dilemma continues

**UPSTANDER**
- ★ An upstander is someone who speaks up in support of a person being disrespected.
- ★ Upstanders intervene in situations and act on behalf of a person being disrespected.
- ★ Upstanders help the victim when they witness the disrespect.
Promotional Video from Spring 2023
First Video of 23-24 School Year
Game Time!

★ Please get out your phone/computer
★ Go to gimkit.com/join
★ Game code will be displayed

**GIMKIT Explained**

★ Answer questions correctly to earn energy.
★ Goal: Get the other teams flag to your side of the course.
★ Stop the other team from getting your flag. Teams can tag opponents to earn your flag back.
Any Questions?
Evaluation time!

1. **Within our mobile app** - find the Evaluation icon on the homescreen. Scroll for the Session.

2. **QR Code** - scan the QR code included on the slide in the presentation (Individualized slides for each presentation will be located in this shared folder)

3. **Online** - click on the link located next to the downloadable session materials posted online at [https://www.pbis.org/conference-and-presentations/pbis-leadership-forum](https://www.pbis.org/conference-and-presentations/pbis-leadership-forum)

4. **Direct Link** - Click the link provided in the email reminder you receive after your session ends
Please Complete this Session’s Evaluation

10/27/2023
Session ID- 5A - Bullying Prevention, Part 2: Youth Voice & Engagement

Four options, pick one!

1. Mobile App
   Click “Take Survey" under the session description.

2. QR Code
   Scan the code on this slide.

3. Online
   Click on the link located next to the downloadable session materials posted online at:
   www.pbis.org/conference-and-presentations/pbis-leadership-forum

4. Direct Link
   Click the link provided in the email reminder you receive after your session ends.

After you submit each session evaluation, click the link to enter the gift card raffle!

Evaluations are anonymous! We send reminder emails to all participants.

National PBIS Leadership Forum