

National PBIS Leadership Forum
October 27-28, 2022
Hilton Chicago


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## G-5 Building Coaching Capacity: Moving to a Culture of Coaching

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- **Topic:** Coaching
- **Keywords:** Coaching, Implementation

The National PBIS Leadership Forum is a technical assistance activity of the Center on PBIS

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## Learning Objectives

Together, we will

- Gain shared understanding about roles and responsibilities of a “coach”
- Explore possible skills, competencies, and content necessary for transactional and transformational coaching
- Explore an intentional process to assess and build coaching capacity

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## Learning Intention

Gain shared understanding about roles and responsibilities of a “coach”

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What comes to mind when you hear the word coaching?



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### Current *literature* around Coaching...

"Coaches, next to the principal, are the most crucial change agents in the school. With growing understanding that we need to approach educational reform from a larger, more systematic level, the role of the coach needs to advance from being just an instructional coach (i.e., working with individual teachers to improve individual practice) to a change/reform coach working with leadership and leadership teams to build capacity for comprehensive school reform."

(March, Castillo, Batsche, & Kincaid & Gaunt, 2016)

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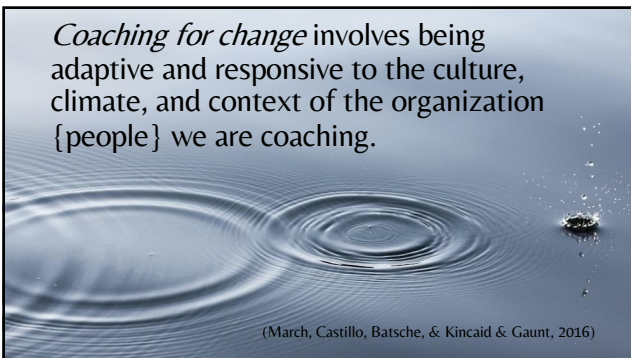
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*Coaching for change* involves being adaptive and responsive to the culture, climate, and context of the organization {people} we are coaching.



(March, Castillo, Batsche, & Kincaid & Gaunt, 2016)

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### Current *reality* around Coaching...

- From a systems perspective, an education system exists within a larger socio-political environment.
- Given the typical roles and responsibilities of coaches (heavy lift for content & change coaches) AND the current status of recruitment and retention efforts, we must consider how to best approach the role of coaching.
- Fullan and Knight encourage us to consider coaching as a dynamic set of characteristics, skills, and responsibilities shared across all educators' roles (i.e., leaders/teachers as coaches and coaches as leaders/teachers) within a team context

(March, Castillo, Batsche, & Kincaid & Gaunt, 2016)

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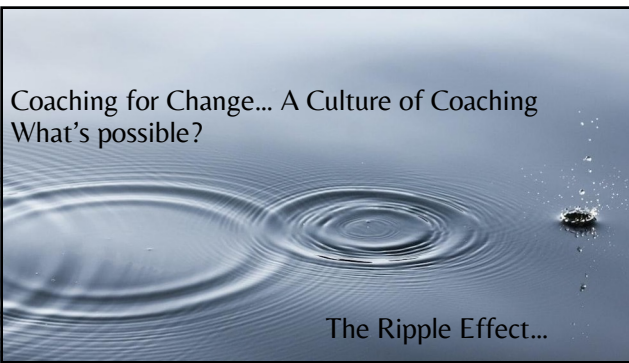
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Let's start with coaching as a noun...  
What do you call people in your organization  
supporting change in schools?

- Coach
- Consultant
- Facilitator
- Trainer
- Technical Assistance Provider
- Behavior Specialist
- Any others?

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What are differences and similarities?

Why does it matter what language we attach to those in roles supporting change?

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*Is your language an enabler or a barrier to building a culture of coaching?*

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**Guiding Questions & Stories**

What has been the impact from language used for those in roles of supporting change?

What changes have you made or planning to make?

What implications do you anticipate as a result of language choices?

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### Learning Intention

Explore possible skills, competencies, and content/knowledge needs for transactional and transformational coaching




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### Where is coaching needed?

Who is engaging in coaching (coaches and coachees)?

For what purpose?

What are relevant expectations, skills, competencies, and knowledge?

Is there a current coaching approach (cognitive, instructional, systems, transformational)?

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*What content and/or coaching skills are necessary to support coaches and coachees across the system of support?*

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Relationships matter...

Allow time to build  
Trust, Buy-in,  
Partnership, &  
Collaboration...

(Johnson, Pas, & Bradshaw, 2016; March, Castillo, Batsche, & Kincaid & Gaunt, 2016)



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## How Might We Consider Content Within a Coaching System?

Instruction & Pedagogy	Systems Issues
Evidence-Based Practices for Academic & Behavior (Core, Supplemental, & Intensive)	Organizational Improvement & Systems Change Strategies
Classroom Management Strategies	Multi-Tiered Systems of Support
Intervention Resources	Best Practices in Professional Learning & Development
Curriculum & Instructional Routine	Policies & Procedures (School, District, & State Level)
Effective Teaming, Data-Based Problem Solving, & Evaluation	
Treatment Acceptability, Social Validity, & Stakeholder Buy-In	
Family & Community Engagement	

(March & Gaunt, 2013)

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Coaching Continuum		
Coach as Instructor/Educator	Coach as Partner	Coach as Facilitator
<ul style="list-style-type: none"> <li>Develop skills with direct feedback</li> <li>Provide options for person being coached</li> <li>Listens, provides advice/options</li> <li>Shares resources</li> </ul>	<ul style="list-style-type: none"> <li>Collaborative approach</li> <li>Engages as a partner</li> <li>Gives &amp; receives feedback</li> <li>Listens, brainstorms ideas, generates shared plans</li> </ul>	<ul style="list-style-type: none"> <li>Coach follows lead of client</li> <li>Self-reflection supported by coach</li> <li>Client identifies, implements, evaluates plan</li> <li>Listens, asks skillful questions</li> </ul>

(Adapted from VAASCD presentation by Laura McCullough)

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## Transactional Coaching Skills

- Work in partnership to accomplish behavioral types of outcomes:
  - Goal setting
  - Focus on procedural types of outcomes or structures
  - Self-assessment
  - Coaching questions around defining action steps, establishing accountability system, progress monitoring, identifying results
- Coachee has ownership of actions and follow through

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## Where might this show up in our work?

- Building capacity of team to use the Team Initiated Problem Solving Process (TIPS)
- Coaching teachers to build fluency with PBIS in the classroom practices
- Introducing new tools such as Resource Mapping, Teaming Structure Alignment

<https://www.pbis.org/resources/teaming-structure-alignment>

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## Transformational Coaching Skills

- Transformational coaching – coaching that works at the level of beliefs, values, identity and purpose
- Builds upon strengths, uncovers and enhances gifts
- Coaching questions that are inquiry based and that invite exploration of self-awareness, emotion, beliefs, values, mindsets, purpose

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Where might this show up in our work?  
In the same places as transactional 😊

- Include team community agreements on TIPS agenda to support practicing empathy
- Include agenda questions on TIPS agenda to facilitate a shift in thinking (e.g., *What's the real challenge here **for you?***)
- Coaching teachers and using transformational questions around data collected (e.g., *What are you noticing in the data?*)
- Using transformational questions during Resource Mapping to create an "aha" (e.g., *If you say yes to this, what are you saying no to? ... boundaries-what we will do and what we won't do*)

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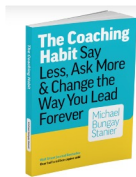
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Evocative questions are one of our  
most powerful tools across our  
roles...



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Expectations/ Values	What do we do to support relationships within school community?
<b>We are Kind</b>	<ul style="list-style-type: none"> <li>• We acknowledge one another</li> <li>• We hold ourselves accountable to one another</li> </ul>
<b>We are Responsible</b>	<ul style="list-style-type: none"> <li>• We take time to build relationships with ourself &amp; others</li> <li>• We welcome, appreciate, &amp; affirm our collective cultural differences</li> <li>• We believe others when they share their experiences &amp; feelings</li> </ul>
<b>We are Respectful &amp; Affirming</b>	<ul style="list-style-type: none"> <li>• We listen to understand</li> <li>• We assume best intentions</li> <li>• We practice perspective-taking</li> </ul>
<b>We are Physically &amp; Emotionally Safe</b>	<ul style="list-style-type: none"> <li>• We ask for clarity to understand and contribute</li> <li>• We create a safe space that invites open dialogue and vulnerability – Pause &amp; Consider: Is what I want to say <i>Kind? True for me? Necessary?</i></li> <li>• We invite &amp; make it safe to ask questions &amp; make mistakes</li> </ul>

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## Coaches Self Assessment... it's a start Raising self-awareness & supporting self-reflection

**Coaches Self Assessment**  
Name: \_\_\_\_\_ Date: \_\_\_\_\_

This self-assessment is designed to help coaches reflect on their current coaching practice and identify areas for growth. It is a starting point for self-reflection and self-improvement. The results are not a measure of your coaching ability, but rather a tool to help you identify areas for growth.

**Table 1: Coaching Self Assessment**

Category	Statement	Strongly Agree	Agree	Disagree	Strongly Disagree
Coaching Skills	1. I have a clear understanding of the coaching process.				
	2. I am able to establish a strong rapport with my clients.				
	3. I am able to ask powerful questions that challenge my clients.				
	4. I am able to provide feedback in a constructive manner.				
	5. I am able to help my clients set goals and create action plans.				
	6. I am able to help my clients overcome obstacles and stay motivated.				
	7. I am able to help my clients develop new skills and behaviors.				
	8. I am able to help my clients take ownership of their own learning.				
	9. I am able to help my clients develop a growth mindset.				
	10. I am able to help my clients develop a strong sense of self-efficacy.				
Coaching Mindset	11. I believe that my clients are capable of achieving their goals.				
	12. I believe that my clients are responsible for their own success or failure.				
	13. I believe that my clients are capable of overcoming any obstacle.				
	14. I believe that my clients are capable of achieving anything they set their mind to.				
	15. I believe that my clients are capable of taking responsibility for their actions.				
	16. I believe that my clients are capable of learning from their mistakes.				
	17. I believe that my clients are capable of developing a growth mindset.				
	18. I believe that my clients are capable of developing a strong sense of self-efficacy.				
	19. I believe that my clients are capable of developing a strong sense of purpose.				
	20. I believe that my clients are capable of developing a strong sense of meaning.				

<https://www.pbis.org/resource/coaches-self-assessment/>  
<https://learningforward.org/wp-content/uploads/2020/01/killintoolch3-4-1.pdf>

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*What content and/or coaching skills are necessary to support coaches and coachees across the system of support?*

Turn & Talk

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Learning Intention

Explore an intentional process to assess and build coaching capacity



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## Moving from coaching as a noun to coaching as a verb (culture of coaching)

Formalize what we do  
Tools & structures as we go to scale to  
ensure fidelity (to avoid wavering too  
much as we move through generations  
from self to others)  
Shape behaviors, consistency, check for  
ourselves  
Facilitated/Reflective Coaching Structure



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## Stories to illustrate journeys so far to move towards a Culture of Coaching

Fluency Building (Shadowing, Observation, Data-  
informed, Culture of on-going learning, Wellness)  
Reflection Protocol (Self, Dyads, Triads, Professional  
Learning Community, Fishbowls, Wellness)  
Capacity Building (Inter-rater reliability protocol, TOT  
as a component-not the component, performance  
feedback, wellness)  
Start small with knowledge development efforts/sites  
(wellness)

(Hershfeldt, Pell, Sechrest, Pas, & Bradshaw, 2012; March & Gaunt, 2013)

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## Reflect on how your system is currently organized to scale coaching efforts

What elements are currently  
supported through a formal  
structure and what elements need  
to be formalized?



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## Resources

- Systems Coaching: A Model for Building Capacity (March & Gaunt, 2013)
- Center on Positive Behavior Interventions & Supports (PBIS)  
<https://www.pbis.org/>
  - Content
  - State Coordinators
- National Implementation Research Network (NIRN)  
<https://nirn.fpg.unc.edu/>
- State MTSS/PBIS websites
- District MTSS/PBIS website
- Local expertise

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## Resources

- Implementation, PD, & Evaluation Blueprints  
<https://www.pbis.org/resource/pbis-implementation-blueprint>
- Implementation Fidelity Resources  
<https://www.pbisapps.org/Applications/Pages/PBIS-Assessment.aspx>
  - Tiered Fidelity Inventory (TFI, for schools)
  - District Systems Fidelity Inventory & State Systems Fidelity Inventory
- Team-Initiated Problem Solving (TIPS) [PBIS.ORG link:](#)  
<https://www.pbis.org/search?query=tips>
  - Instructional videos
  - Templates
  - Fidelity Tool
- Structures & Processes
  - <https://www.schoolreforminitiative.org/new-protocols/>
  - <https://learningforward.org/wp-content/uploads/2009/02/february-2009-toolkit.pdf>
  - [https://www.gse.harvard.edu/sites/default/files/Protocols\\_Handout.pdf](https://www.gse.harvard.edu/sites/default/files/Protocols_Handout.pdf)

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## Resources

- Systems Coaching: A Model for Capacity Building  
<https://floridarti.usf.edu/resources/format/pdf/SystemsCoaching.pdf>
- Systems Coaching Innovation Configuration (IC) Map  
<https://floridarti.usf.edu/resources/format/pdf/Systems%20Coaching%20IC%201.2015.pdf>

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*“Whether you and I and a few others will renew the world some day remains to be seen. But within ourselves, we must renew it each day”*

Hermann Hesse, poet, novelist, painter, explorer of authenticity, self-knowledge, & spirituality, recipient of Nobel Prize in Literature



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Click “Take Survey” under the session description.

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Click on the link located next to the downloadable session materials posted online at:  
[www.abla.org/conference-and-presentations/call-to-leadership-forum](http://www.abla.org/conference-and-presentations/call-to-leadership-forum)

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**National PBIS Leadership Forum**

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