
Lead Interviewer:
Jessica Swain-Bradway, Northwest PBIS Network

Exemplar Interviewees:
Lori Lynass, Sound Supports, Renton Academy
Michael Stufflebeam, University of Oregon
Jeff Sprague, University of Oregon

- Topic: Mental Health/Social-Emotional Well-Being
- Keywords: Restorative Practices, Alignment, Social Relationships

Land Acknowledgement

https://native-land.ca/

Virtual Forum Expectations

<table>
<thead>
<tr>
<th>EXPECTATION</th>
<th>OVERALL Event</th>
<th>CHAT Tab</th>
<th>POLLS Tab (+Q&amp;A)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BE RESPONSIBLE</strong></td>
<td>Use a shared action plan for your team</td>
<td>Post positive on-topic comments</td>
<td>Add questions before and/or during session</td>
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<tr>
<td></td>
<td>Complete session evaluations</td>
<td>Questions for the presenters go in the POLLS tab</td>
<td></td>
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<tr>
<td><strong>BE RESPECTFUL</strong></td>
<td>Limit distractions</td>
<td>Use inclusive language</td>
<td>Use sincere phrasing</td>
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<td>Follow up on your assigned action items</td>
<td>Complete additional polls when prompted</td>
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<tr>
<td><strong>BE SAFE</strong></td>
<td>Take movement breaks</td>
<td>Engage in productive dialogue</td>
<td>Ask solution-oriented questions</td>
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<td>Be aware of your stress level</td>
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<tr>
<td><strong>For Presenters</strong></td>
<td>Ensure Action Tab lists current materials and related websites</td>
<td>Monitor and remove inappropriate comments</td>
<td>Identify common Qs to address in final 15 minutes</td>
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</tbody>
</table>

Virtual PBIS Leadership Forum

October 21-23, 2020, Chicago, IL
Tips for Participants

Finding Your Registered Sessions in Pathable

Your Personalized Schedule (My Agenda)
Locate the Agenda Menu, Select “My Agenda” from the drop-down, and you will see the sessions for which you are registered. A green check mark in the upper right corner indicates you are registered.

Tips for Participants

Navigating the Session Page

1. Session Details (Title, Presenters, Date & Time, Description, Keywords)
2. Join Session
3. Interact through Chat, Polls, & Uploaded Files

Tips for Participants

Chat, Polls, and Q&A

1. Use Chat for engaging with other participants around the session topic.
   Presenters may use chat differently in specific sessions.
   Follow overall Forum expectations for responsible, respectful, and safe chatting.
2. Find the Q&A under Polls. Questions for presenters go there.
3. Some sessions have other Polls or more Specific Questions.
   Complete those when prompted
Tips for Participants

Be careful of accidently navigating away

While participating in a live Session...Be Present!
• If you navigate away from the live Session you will need to press the “Join Meeting” button to get back in.
• What does navigating away look like? Here are some examples:
  1. Clicking on any area of the navigation menu
  2. Clicking on a Person’s name

Tips for Participants

Support is Available

If at any time you need support as a participant, use the Help Desk:

Our Experts Today

• Lori Lynass, Sound Supports (she/her)
• Michael Stufflebeam, Renton Academy (he/his)
• Jeffrey Sprague, University of Oregon, National Partner for Center on PBIS (he/his)
• Jessica Swain-Bradway, NWPBIS Network (she/her)
What We Wanted to Know...

- What do we mean when we talk about Restorative Practices (RP)?
- Why do districts adopt RP?
- What is MTSS for social emotional behavioral support and how does it support RP?
- What are some big RP concepts and strategies we should know about, and what do these look like in school?
- Any concerns for RP implementation?

What are Restorative Practices?

Restorative Practices Defined

Restorative Practices in Schools are inspired by the philosophy and practices of restorative justice, which puts repairing harm done to relationships and people over and above the need for assigning blame and dispensing punishment.

www.ibarj.org
The Little Book of Restorative Justice in Education
Katherine Evans and Dorothy Vaandering

THE CIRCLE: Background

People are worthy and relational
Create just and equitable learning environments
Nurture Healthy Relationships
Repair harm and transform conflict
Mutual Concern
Respect
Dignity

Why Would Districts Implement RP?

RESTORATIVE PRACTICES: School as a Protective Factor and as a Resilient Context

- Connection
- Academic Success
- Supported Transitions
- Positive Relationships With Adults And Peers
- Caring Interactions
- Social Emotional Learning
- Positive Interactions With Pro-social Peers
- Stability
- Positive Approaches To Disciplinary Infractions & Services And Supports
What is MTSS for Social Emotional
Behavioral Support and
How Does it Support RP?

MTSS Defined
A multi-tiered system of supports (MTSS) "...one coherent, strategically combined system meant to address multiple domains or content areas in education" (McIntosh & Goodman, 2016, p. 5).

RESTORATIVE JUSTICE Practices
- Repair Harm and Relationships
- Maintain Relationships
- Make and Develop Positive Relationships

Sound Supports 2018
What are Some Big RP Concepts we Should Know About, and What Do These Look Like in School?

Social Discipline Window

TO
- Punitive
- Authoritarian
- Confronting
- Win/Lose

WITH
- Restorative
- Problem Solving
- Respectful
- Responsive

NOT
- Neglectful
- Indifferent
- Lazy
- Given Up

FOR
- Permissive
- Protective
- Rescuing
- Excusing

Fair Process — Giving Voice

1. Engagement
   - Voice: All parties involved have the opportunity to freely and safely express their perspectives

2. Explanation
   - Transparency about why decisions are made as they are

3. Expectation Clarity
   - New rules are clearly stated and checks for understanding are provided to ensure all parties understand
Examples of Fair Process in Schools

- Re-assigning clinicians in the district
- Transitioning to new curriculum
- Teacher Union negotiations
- Being asked to change locations of classrooms in the school
- Disciplinary decisions
- TIPS or Meeting Protocols

What are the Typical RP Strategies we Might see in Schools?

Circles

Restorative Conferences
**Circles**

**What and Why?**
- Versatile practice
- Proactive & Responsive
- Form of equality
- Promotes seeing and hearing one another

**Purpose?**
- Community Building
- Check-in and Check Out
- Morning Meetings
- Goal Setting
- Group Problem Solving
- Academic Focus
- Restoration

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**Restorative Questions**

- Tell me what happened.
- What were you thinking at the time?
- What do you think about it now?
- Who did this affect?
- What do you need to do about it?
- How can we make sure this doesn’t happen again?
- What can I do to help you?

*Scripted set of questions for problem solving*

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**Restorative Conference**

A restorative conference:
- Structured meeting
- Between offenders, victims and both parties’ family and friends,
- Deal with the consequences of the wrongdoing
- Decide how best to repair the harm.

- International Institute of Restorative Practices (IRP)
Building Community

• Greeting Kids at the Door
• Morning or Weekly Meetings
• Community Building Games
• Collaborative Projects
• Celebrations
• 2x10 Intervention

Restorative Schools & Relationships

Any Concerns Related to RP Implementation?

Short Answer – YES!

Fidelity of Implementation Concerns

• Lack of true ethos of care
• Only focus on restoration
• Circles can be done poorly, causing more harm
• No choice in being in circle

*Fidelity should be examined and we have tools
Lethal Mutations

- Holding onto punishment, shaming, isolation:
  - Clip Charts
  - Red, Yellow, Green Cards
  - Loss of Recess
  - Name on the board
  - Buddy rooms,

Layered Practices of Prevention and Response

<table>
<thead>
<tr>
<th>Instruction</th>
<th>Environment</th>
<th>Relationships</th>
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<tbody>
<tr>
<td>Teacher facilitated</td>
<td>Arranges physical space</td>
<td>Communicates often</td>
</tr>
<tr>
<td>Direct and explicit</td>
<td>Develops routines</td>
<td>Conveys genuine interest in students</td>
</tr>
<tr>
<td>Authentic examples</td>
<td>Develops Procedures</td>
<td>Maintains role of encouraging teacher</td>
</tr>
<tr>
<td>Multiple opportunities</td>
<td>Consistent across time and students</td>
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<tr>
<td>Engages students</td>
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</tbody>
</table>

Resources
Question and Answer Time

Connect With Us

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