

REKINDLE ACADEMY SENIOR CLINICAL INTERN STATEMENT

Rekindle Academy’s Master’s-level clinical interns work in a team format to see clients. Clients may see any one or two clinical interns according to schedule availability. All potential clients must go through an initial intake assessment before we can confirm that our clinical interns are able to engage in therapy services with you.



TRINA MARIE HEW: Navigating life's challenges can be a daunting journey and taking the step to seek support requires great courage. Remember, you are not alone in this journey. I firmly believe that everyone is capable and empowered to lead a fulfilling life. As your counselor, I am eager to accompany you, offering support and guidance as we navigate toward growth and healing.

I have worked with clients from various backgrounds, constantly learning to better understand and assist them. While I'm in the early stages of practicing couple and family therapy, I am motivated about expanding my skills in this field, recognizing the significant impact of families on individual well-being.

With a background as an early intervention educator for special needs children, my desire is to create an inclusive and supportive environment where individuals of varied backgrounds can thrive. I aim to specialize in working with children, adolescents, and individuals with special needs, while continuing to support those who face diverse challenges. I received my master’s degree in Counseling from HELP University. Currently in the process of acquiring licensure. Additionally, I have received training in Brainspotting (Phase 1 & 2), a psychotherapy modality aimed at addressing trauma-related challenges.

A little bit about me: I am married and find joy in expressing myself through art, music, and poetry. I am fluent in English, Mandarin, and I have basic proficiency in Bahasa Malaysia. My sessions are primarily conducted in English, however I am happy to work with Mandarin-speaking clients as well.

As a senior clinical intern, all of my therapy work is supervised by Dr. Johnben Loy.

Therapy Fees

The fee structure is **RM100 (for 50min), RM150 (for 75min), RM200 (for 100min), or RM2/min** pro-rated. The first intake session is either 75 minutes (for individuals) or 100 minutes (for couples/families). Subsequent sessions usually run for 50 minutes (individuals) or 75 minutes (couples/families). The length of treatment or number of sessions needed to work towards therapy goals may vary according to different factors and needs.

Client Statement and Signature

I have had the opportunity to read the above statements and to ask any questions I may have of the educational and professional background of the intern therapists above.

 Client(s) or Parent/Guardian Signature

 Date

 Intern Therapist(s) Signature

 Date

 Supervisor Signature

 Date