



Keep your fitness journey on track with our new virtual fitness classes! Schedule starts Monday, Nov. 30!

All classes require pre-registration and are \$5 each. Online registration is available at parkfun.com. Punch pass holders can register by calling 847-490-2505. Class login instructions will be sent after registration. Classes run through the end of Dec.



Monday

Bootcamp with Dottie
9 a.m.

Core with Aileen
6 p.m.

Wednesday

Zumba with Vanessa
6 p.m.

Tuesday

Zumba with Traci
9 a.m.

Thursday

Total Body with Sheila
9 a.m.