



# NAKED YOGA CAMP

April 28-May 1, 2022

## Event Hours:

You may enter the campground at 12 noon on Thursday, April 28. After that the gates are open 24/7.

## Directions:

### **From The Austin Airport, Dallas, Houston or San Antonio**

- Get to San Marcos on I-35, half way between Austin and San Antonio.
- From San Marcos go West on RR12 towards Wimberley.
- Turn left on FM 2325 towards Blanco (at the Ace Hardware).
- Continue on FM 2325 approximately 4 miles to Fischer Store Road and turn Left (South)
- Go South approximately 3/4 mile and turn left on Fischer Trail..
- Go down this road (which eventually turns to gravel) 1/2 mile until it ends at Lotus Ranch.

### **From Austin, you can take the above route or this alternative route:**

- Take Hwy 290 West to Dripping Springs and turn south on RR12 to Wimberley (15 miles)
- Turn right on FM 2325 and go approximately 4 miles to Fischer Store Road and turn left (South)
- Go South approximately 3/4 mile then turn left on Fischer Trail.
- Go down this road (eventually turns to gravel) 1/2 mile until it ends at Lotus Ranch.



## Instructions:

- **Check-in procedure** - Everyone must check-in at the registration both upon arriving.
- **Orientation** – After registration, a friendly volunteer will assist you with general information, camping options, room locations, RV parking and car parking. Camping is a bit primitive at this location and you will not be able to drive your car into the camp areas to unload, so you may want to pack light or bring a cart. The camping area is a series of small meadows connected by primitive trails.
- **Parking** - There is a small lot near the lodge, part of which is reserved for RVs. The lot will primarily be used for staging and unloading gear. There is additional parking along the roadway into camp. You may pull up to the lodge to unload your gear and then find parking before carrying your gear into the camp area.
- **Camp rules** - Gate opens at noon Thursday. The camp is bordered by a barbwire fence. Please respect the camp boundaries and do not hike on adjacent properties or roads. Nudity is allowed EXCEPT where visible from the main road and neighboring houses. Off limits areas include the grassy meadow directly behind the gazebo and the land-owner's house adjacent to the apartment. Please respect his privacy.
- **Showers** - Please use the outdoor showers, pee in the woods and use the Porta Potties as much as possible so that we do not overload the septic system.
- **Nighttime safety guidelines** – The camp is quite dark at night. We will string lights along main trails, but others **are not clearly marked**. ***We recommend flashlights and headlamps to walk around since there are rocks, cactus, etc.*** You may want to bring battery or solar powered lights to light your tent site so it's easier to find in the dark.



### What to bring:

- Plenty of water/beverages
- Yoga mat
- Snacks and favorite beverages
- Reusable plates and utensils for meals (we're trying to cut down on trash from disposables)
- Reusable/thermal coffee cup, we will serve coffee
- First aid kit (baggie with Band-Aids, antiseptic, Neosporin, etc.)
- Some warm clothing in case it gets chilly at night
- Umbrella, rain gear, just in case...
- Sturdy shoes or boots. The terrain is wild, flip-flops will not be enough.
- Bedding and shelter of some kind
- Garbage bags (Pack it in, pack it out)
- Any required prescriptions/contact lens supplies, or whatever else you need to maintain your health and comfort
- Toiletries (soap, toothbrush, toothpaste, etc.)
- Towels
- Flashlights and spare batteries (Headlamps are very helpful)
- Sunscreen/sun block and sunglasses
- Lights for your tent
- Lotion / lip balm
- Insect repellent





- Earplugs (Not everyone at the retreat will sleep when you do.)
- Smokers: portable ashtrays to hold your cigarette butts
- Chairs
- Colorful Accessories - feathers, glitter, glow-sticks, wigs, leather, faerie wings, fetish gear, etc. Whatever expresses your true nature.



## Frequently Asked Questions (FAQ)



### **What does my registration fee include?**

Your registration fee includes: a place to set up your own tent, brunch and dinner, snacks, and all events.

### **Are there designated spaces for camping (tents)?**

You may set up a tent you bring in designated areas. Personal tent spots are on a first-come, first-choice basis.

### **How many guys usually attend the campout?**

About 200.

### **Must I be naked the entire time?**

The majority of the participants are naked a majority of the time, but there is no hard and fast rule that you must be naked the entire time.

### **What sort of facilities does the location of the campout provide?**

There are porta potties, hand washing stations and outdoor showers. There's an indoor area for yoga and other workshops. *Note that campfires are not allowed at any time.*

### **What if I've never done yoga before?**

Yoga Camp is open to ALL levels of yogis! Most classes are designed with multiple levels in mind so that all can enjoy. Don't worry, if you are a beginner at yoga, you will not be alone.

### **What if I get a boner/hard-on/woody/stiffy/pitch-a-tent/firm worm/etc.?**

Be proud of it! Embrace your boner-ness! If you get an erection out in the open during the camp, no problem.

### **Is there a lot of sexual activity at the camping retreat?**

The focus of Naked Yoga Camp is joining the mind, body, and spirit through yoga practice, creative self-expression, and community building. We simply require that visitors are respectful of others at all times. Get consent before touching, kissing or hugging.

### **Is there a lot of drinking (alcohol) at the camping retreat?**

In short, no. While some people do bring alcohol to the retreat and choose to drink at various social gatherings, this is not, by any means, the focus of the retreat.

**What age group typically attends the camp?**

In the past, our yoga camp has had great diversity in age-range. We have a good spread of guys ranging from their 20's to their 80's.

**What is the weather like for yoga camp?**

The camp is at a slightly higher elevation than Austin and can cool off a bit at night - into the 60's possibly, so bring something warm just in case. The highs could be in the 80s/90s, so drink lots of water to stay hydrated and wear sun screen. This is a rain or shine event.

**Can I stay on Sunday past 6PM?**

No. The owners of the property require us to vacate the property by 6PM on Sunday.

**Are there any women at the retreat?**

ANY naked yoga camp is a male only event.



## **Menu:**

### ***Thursday Evening – Tex-Mex Dinner Buffet***

Tex-Mex Salad (DFF, GFF, V, VEG)

Chicken Fajitas (DFF, GFF)

Beef Fajitas (DFF, GFF)

Gardein Chicken Fajitas (V, VEG)

Black Beans & Spanish Rice (V, VEG)

Flour & Corn (GFF) Tortillas

Condiments

### ***Friday Morning – Breakfast Buffet***

Scrambled Eggs (DF, GF)

Bacon (DF, GF)

Sausage (DF, GF)

Fresh Fruit (DF, GF, V, VEG)

Tofu Scramble (DF, GF, V, VEG)

Roasted Potatoes (DF, GF, V, VEG)

Juices

Milk (GF) or Almond Milk (DF, VEG)

### ***Friday Evening – Italian Buffet***

Lasagna Florentine (VEG)

Penne Pasta w/Marinara (DF, V, VEG)

Meatballs, Italian Sausage (DF)

Ratatouille (VF, VEGF)

House Salad (DFF, GFF, V, VEG)

Garlic Bread (GFF)

### ***Saturday Morning – Brunch Buffet***

Pancakes (VEGF)

Vegan Pancakes (V, VEG)

Bacon (DF, GF)

Sausage (DF, GF)

Beyond Meat Option (V, VEG)

Southwestern Frittata (VEG)

Calabacitas (V, VEG)

Juices

Milk (GF) or Almond Milk (DF, VEG)



### ***Saturday Evening – BBQ Buffet***

BBQ Brisket (DF, GF)

BBQ Chicken (DF, GF)

BBQ Sausage (DF, GF)

BBQ Jackfruit (DF, GFF, V, VEG)

Potato Salad (GF, VEG)

Green Bean Almandine (DF, GF, V, VEG)

Vinegar Cole Slaw (DF, GF, V, VEG)

Bread (DF, V, VEG)

Gluten Free Bread (DF, GF, V, VEG)

Pickles, Onions, Jalapenos

### ***Sunday Morning – Brunch On-The-Go***

#### **Pre-Wrapped Breakfast Tacos:**

Bacon, Egg & Cheese

Chorizo, Egg & Cheese

Egg & Potato (VEGF)

Tofu Scramble (DF, GF, V, VEG)

Whole Fruit

Red & Green Salsas

***Coffee is served every morning at 7am.***

***Black tea and water are provided all day.***

Menu items are dairy-free (DF), gluten-free (GF), vegan (V) and vegetarian (VEG) UNLESS noted.

GFF – Gluten-free friendly option available

EFF – Egg-free friendly option available

VF – Vegan friendly option available

VEGF – Vegetarian friendly option available

DFF – Dairy-free friendly option available

### Volunteering:

*Want to get more out of your ANY Naked Yoga Camp experience? Become a part of it. Volunteer!*

**We need your help!** Volunteer opportunities to help with set up, break down and some of the events are available for no more than 1 hour of your time. When else will you have the opportunity to work naked? For more information about volunteer opportunities, please contact Todd at [yoga.naked@gmail.com](mailto:yoga.naked@gmail.com)

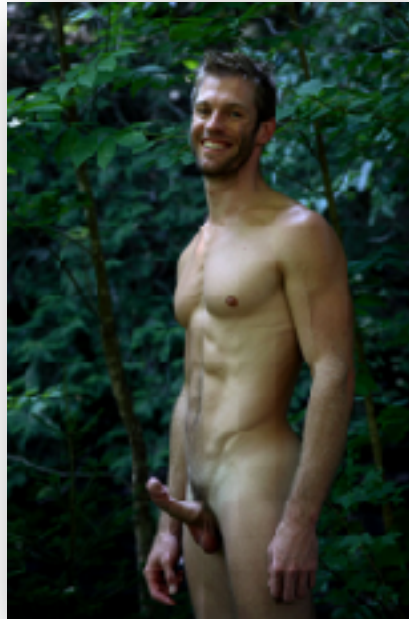
### Massage:

Let one of our **certified massage therapists** work out the last few kinks after your yoga practice! To schedule a massage, contact Bo at [botouch@gmail.com](mailto:botouch@gmail.com). If you have a massage scheduled, meet the therapist at least 5 minutes before your scheduled time at the massage studio next to the registration area.



### Helpful Info:

- **Campsite Address:**
  - **Lotus Ranch / Wimberley, TX**  
525 Fischer Trail  
Wimberley, TX 78676
- **Contact numbers:**
  - Todd (Registration/Payment): 512-364-1237
  - David (General CAMP Planning & Set Up): 512-689-0068
- **Points of interest in Wimberley, Texas:**
  - **Wimberley Chamber of Commerce**  
<http://www.wimberley.org/>  
\*Great website with numerous links to anything you might need
  - **Wimberley Emergency Medical Care**  
220 Twilight Trail  
Wimberley, TX 78676  
(512) 847-2526
  - **Wimberley Pharmacy**  
120 Joe Wimberley Blvd.  
Wimberley, TX 78676  
(512) 847-2288
  - **Home Depot**  
260 East Highway US 290  
Dripping Springs, TX 78620
  - **Brookshire Brothers grocery store**  
<http://www.brookshirebrothers.com/>  
14100 Ranch Road 12  
Wimberley, TX 78676  
(512) 847-2296
  - **H-E-B grocery store**  
<http://www.heb.com/>  
14501 Ranch Road 12  
Wimberley, TX 78676  
(512) 842-3700





Camp map:

