



A Message from Stephanie Rupp:

Perpetual busyness is a very modern affliction. It feels impossible to disconnect. There's always some notification, some ping, some ring, some something pulling us in one direction or another, and there's never enough time.

The alternative, of course, is having nothing of substance to do. I'm feeling very grateful that there is a lot to do. After a terrifying few years, it is wonderful to be busy. That's what I keep telling myself when my to-do list starts to look like a CVS receipt. (That is to say, extremely long.)

And while I'm working hard to put a positive spin on busyness, I also understand how important it is to infuse breath and rest into even the most harried phases of life. That's why I'm also so grateful for the University Club. Yes, it's part of my profession, but I also can't begin to articulate how much it fills my cup to sit by the pool on a beautiful afternoon, or literally fill my cup with coffee or wine and indulge in a conversation with a friend.

This place forces us to slow down a bit, if that's what you need. The beautiful thing is that it can also force you to fill up your schedule, if that's what you need. It can get you moving and communicating and networking and learning, if that's what you need.

How lucky we are to have a place that's exactly what we need.

See you at the Club.

From,

Stephanie Rupp Commonwealth Companies President





Club Hours of Operation

MON 6am - 8pm

TUES 6am - 8pm

WED 6am-9pm

THURS 6am - 9pm

FRI 6am - 10pm

SAT 6am - 10pm

SUN 8am - 8pm

**Dining Hours** of Operation

MON 11am - hour before close

TUES 11am - hour before close

WED 11am - hour before close

THURS 11am hour before close

FRI 11am - hour before close

SAT 11am - hour before close

SUN 11am - hour before close







# Readings by Writers

Readings by Writers presents interesting new authors, poets, and their work at the University Club.

Third Tuesday of every month.



Be at the Club



# Beyond Tango Dance Club

Have you always wanted to learn to Tango, or Salsa, Fox Trot, or Rumba? Or how about how to learn them all? Join the fancy-stepping new club - Beyond Tango Dance Club. Multiple forms will be covered each class, from beginner to advanced moves.

First and Third Friday of each month from 3:30-5:00 in the yoga room.









## Great Books Club

**Great Books Discussions** meets monthly at the University Club as a part of the Great Books Foundation (formed in 1947), whose mission is to promote reading, thinking, and the exchange of ideas amongst people of all ages.

Second Wednesday of each month.



## Cork Club

Our wine tasting group will be blind tasting a rotating variety of wines from several oldworld wine growing regions. Compare and contrast the differences in wine production.

Meets every other month, on the third Thrusday of the month.



## Travel Club

The Travel Club is about celebrating and sharing the journeys members have taken and exploring possible new journeys, with the primary focus being social engagement. The friendliest group around invites everyone to join them.

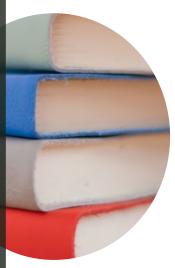
Fourth Wednesday of the month.



## Bridge Club

This club has stuck together through COVID and has continued to play every Saturday in the member bar. Join to learn, to play, and to socialize! All levels are always welcome.

Every Saturday from 1:30pm-4:00pm.



## Cocktails and Conversations

This member led book club meets monthly to discuss a variety of book genres. Each member will get to suggest a book - so bring suggestions!

First Thursday of the Month.





## **Gardening Club**

Join the Gardening Club and help care for your Club's beautiful gardens! The club will meet often during the summer to maintain what has been planted, as well as in the spring for planting and in the fall to clean up and plan for the following year.

Members do not need experience, some meetings will be spent digging and working, and some planning.





# To: our new members

# Welcome to the Club

You belong here.

Adam Haglin

Addie Cheney

Alex Rasmussen

Ami Stanton

Amy Iovinella

Andre Best

Andrew Kuehnel

Andrew Locke

Andrew Miner

Andrew Peck

Ann O'Callagnan

Ann Tucker

Anne Strasser

Astry Lyle

Barbara Vellenga

Bernrd Gonzalez

Beth Bowman

Brain Nation

Diami Nation

Brianna Vujovich

Candace Eck

Carly Willis-Schmaltz

Cathy Kohn

Charles Drayton

Christopher Keith

Clea Galhano

Colleen Langford

Cynthia Bielke

Dan Goerger

Danielle Brua

Dave Meeker

David Sidley

Deb Klein

Develyn Mistriotti

Diana Mullen

Dianne Ploetz

Ebert Douglas

Elaine Alper

Elaine McDonnell

Elliot Saltzman

Elsa Frettem

**Emily Rickson** 

**Emily Schmidt** 

Erika Stenrick

Garret White

Geoffrey Stenrick

Heather McElroy

Heather Meeker

Herbe Zambrone

**Jackie Bateman** 

Jacqueline Blake

Jarrelle Harper-Waldorf

Jason Quade

Jason Waldorf

Jean Hayes

Jennae Saltzman

John Derosier

John Mullen

John Ploetz

John Stanton

Johnathan Curry

Ion Hunt

Joseph Meyer

Joshua Allen

Joy Miner

Julie Annen

Julie Peterson

**Justan Rice** 

Justin Iovinella

Justan Rice

Kara Norton

Katherine Saphner

Katheryn Menaged

Kathryn Arnold

Kayla Yang-Best

**Kimberly Sannes** 

Kirsten Anderson

Leslie Randall

Ly Toulee

Lyn Uhl

Lynel Nelson

Richard Austin Marcella Blake

Richard Hart Margaret Thill

Robert Krizmanic Martha Edgar

Robert Peterson Mary Weil

Robert Schmaltz Matthew Anderson

Sandra Peterson Matthew Arnold

Sara Hall Megan Austin

Sienna Rousseau Michael Seifert

Stephanie Kohn Michael Weil

Stephen Sandell Nicholas Gillis

Steven Green Patricia Hart

Stuart Game Paul Klein

Stuart Peterson Peter Douglas

Suzanne Rasmussen

Tara Heinze

Taylor Howard

Teagan Drayton

Teresa Seifert

Una Nation

Wenliang Geng

Whitney Terrill

## **RESILIENCE CONCERT SI**

Artistic Director: Clea Galhano **Summit Overlook Park** 

418 Summit Avenue, St. Paul, MN 55102

6:00pm-7:00pm

Bring chairs or a blanket and enjoy the free show! A free will offering will be collected for the performers

Please join us for cocktails and dinner before or after at The University Club (RESERVATIONS REQUIRED FOR DINING - DRESS CODE APPLIES) Please call 651-222-1751 for reservations

## Schedule and Performers

#### July 13th-Brazilian music

Alma Brasileira: Clea Galhano, recorder; Joan Griffith, guitar; and Lucia Newell, voice

#### July 20th - American songs

Maria Jette, soprano; Dan Chouinard, piano and accordion

July 27th - Central European Music

SlovCzech

#### August 3rd - Jazz

Chris Olson, guitar and Rachel Holder, voice

#### August 10th - Jazz

Maud Hixson, voice and Rick Carlson, piano

#### August 17th - Blues

Harry Chalmers, guitar and Yasmin Bowers, voice and keyboard

#### August 24th - Jazz

Jon Pemberton, keyboard; Brad Holden, sax; Brock Thorson, double bass

#### August 31st - Jazz

Greg Byers, cello and Levi Schwartzberg, vibraphone

## September 7th - Popular songs

Chris Olson, guitar and Camille Gross, voice

## September 14th - Latin music

Bethany Battafarano, voice and Nico Munoz, guitar and percussion

## September 21th - Jazz

Framework - Jay Epstein, drums; Chris Bates, bass; Chris Olson, guitar

## September 28th - Blues

Harry Chalmiers, guitar and Randy Sabien, fiddle









UClub

Membership Card



## A Message from Kelli McDonald

After years of what felt like being in a global holding pattern, I'm feeling so energized in this season. I'm ready to look at the world with fresh eyes. That's how we're feeling at the University Club in general. We're deep in a reflection period, looking at what's working well, what has worked in the past, and what could be new and improved. It's exciting to continually breathe new life into such an iconic institution with well over a century of history. Indeed, that's the only way for an historic space to remain relevant and be a place that people look forward to spending time.

Speaking of looking forward to things, we have an action-packed summer this year. Summer is always an exciting time at the University Club, and this year we're feeling even more grateful for the time we get to spend here.

Mark your calendars for the Dive-In Movie (a must-attend event of the summer), Member Nights, Weenie Roasts, our Resilience Concert Series, Stir Fry Night, and much more. And, of course, we'll all be spending lots of time poolside.

As for that reflection period, we don't anticipate dramatic shifts - simply the evolution that comes from finally getting out of that holding pattern and moving forward. And we're all ready for that.

From,

Kelli McDonald General Manager

## **CONTACT US**

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**FRONT DESK** UNIVERSITY CLUB OF SAINT PAUL receptionists@universityclubofstpaul.com (651) 222-1751

# STOUT'S ISLAND LODGE FAMILY WEEKEND2022

Thursday, October 20th - Sunday, October 23rd Must use link provided to book!

#### **ACTIVITIES**

- Arts & Crafts
- Games
- · Bonfires and S'mores
- · Lawn Games



## Pasta Night coming soon!



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## Clubs with the Clubs leader information:

Bridge Club Contact: Stephen Rocheford rocheford@lavendermagazine.com

Cocktails and Conversations Contact: Jean Ryan jean.k.ryan@gmail.com

Gardening Club Contact: Inez Bergquist bergq003@umn.edu

Investment Club Contact: Harry Hohman harry@hohmanlawfirm.com

Great Books Club Contact: Margaret King kingmuelken@q.com Cork Club
RSVP online or with the front desk

Travel Club Contact: Sharron Pelham sharronpelham@gmail.com

WWII Club Contact: Bill Mast bmast@searchnational.org

Readings by Writers
Open to the Entire Community

Beyond Tango Dance Club Contact: Gibson Batch gibsonbatch@hotmail.com

Cocktails Club with Solo Vino Contact: Kelli McDonald membership@universityclubofstpaul.com

"See you at The Club..."





## Road Trippin to Wisconsin

## By Todd P. Walker

## "Todd about Town"

## Summer 2022

It is summer in Minnesota! This also means it's time to start planning your summer road trip before the discussion changes to where to see the best fall colors. I recently visited two destinations that are definitely worth considering when deciding to pack up the car and experience the great American road trip. Both destinations will take you across the Minnesota border to visit our neighboring state to the East, Wisconsin. I spent two extended weekends exploring the cities of Elkhart Lake and Door County. Both cities are about 350 miles away from St. Paul for a total time spent on the road of just over five hours.

## ELKHART LAKE

In Elkhart Lake, WI you will discover a lively lakeside vacation village nestled on the shores of crystal-clear Elkhart Lake. Activities in the area include hiking and biking trails, water-sports, a luxury holistic spa, gourmet dining and even vintage auto racing. Below are some of the highlights of my visit to this charming lakeside oasis.

#### **ROAD AMERICA**

Situated on 640 grassy acres in the wooded hills of Wisconsin's Kettle Moraine the internationally-known motorsports complex is one of the country's longest road racing circuits with a 14 turn four-mile trek. In addition to its renowned history of pro and amateur racing, guests to the track can enjoy go-karts, ATVs, geocaching, motorcycle and driving schools.

#### ICE AGE NATIONAL SCENIC TRAIL

Wisconsin harbors some of best examples of landforms created by the glaciers of the last Ice Age. The Ice Age National Scenic Trail follows the furthest extent of the glaciers from the last Ice Age. It meanders through untouched wilderness, rolling farmlands, public parks, private lands, and bustling cities.



Road America.



Ice Age National Scenic Trail.





Henning's Wisconsin Cheese.



Switch Gear Brewing Co.



Switch Gear Brewing Co.



Osthoff Resort Paddleboarding.

#### HENNING'S WISCONSIN CHEESE

No visit to Wisconsin is complete without cheese. Henning's is a fourth-generation family owned cheese factory in nearby Kiel that has been crafting cheeses since 1914. Drop in for a tour and gain an in-depth understanding of how the freshest milk from nearby cows becomes award-winning cheddars, Monterey Jack, and Colby cheeses. Don't forget about the famous Wisconsin cheese curds and giant cheese wheels of up to 3,000 pounds.

## SWITCHGEAR BREWING CO.

Located inside the historic Feed Mill, SwitchGear's atmosphere pays tribute to Elkhart Lake's history while offering a modern, industrial vibe. Featuring a brewery and taproom, SwitchGear produces a range of beers, including barrel stouts, red ales and IPAs.

## THE OSTHOFF RESORT

I stayed at the Osthoff Resort in the quaint village of Elkhart on the shores of Elkhart Lake. I took advantage of the many activities and dining options available at the resort including outdoor yoga classes, kayaking, biking and a visit to the amazing Aspira Spa for a massage. Do not miss dining at the chef driven Concourse Restaurant and Lounge. Menu favorites included the honey balsamic trout, seared scallops with sweet pea risotto and veal schnitzel with pickled cucumber relish!



Osthoff Resort.



## **DOOR COUNTY**

Door County, WI is often called the Hamptons of the Midwest. After many trips to Door County and a few visits to the Hamptons I think it's time to turn the tables a bit and consider calling the Hamptons the Door County of the East. Door County is a bustling area with distinct charming villages with a rich Maritime history. Outdoor enthusiast can explore the abundant hiking options while those seeking water adventures can head out and experience beautiful Lake Michigan. On my most recent visit I dove into the Maritime past of Door County. Here are some of the highlights of my recent trip to Door County.

### DOOR COUNTY MARITIME MUSEUM

Located on the working waterfront of Sturgeon Bay, the museum exhibits span the nautical history of Door County from early American Indian canoes to postWorld War II bulk carriers. See the newly opened in May 2021 Jim Kress Maritime Lighthouse Tower - this one-of-a-kind landmark creates a encapsulates the area's legacy of maritime history and offers an unparalleled panorama spanning the entire historic working waterfront, from the waters of Green Bay to the Sturgeon Bay shipping canal.

## ISLAND ORCHARD CIDER

Crafting Wisconsin hard apple, lavender and cherry ciders in the Normandy tradition (sparkling and dry). Their orchards on Washington Island provide the perfect rocky limestone soil and climate for their French and American cider.



Maritime Museum

#### RENARD'S ARTISAN CHEESE

Door County's oldest cheese store is in its third generation of cheese makers. Enjoy a cheese panini or fresh salad from "Melt", the on-site cafe. Sample "Cherry Cheddar," a special flavor combination that is a quintessential Door County treat and take home a bag of cheese curds!

## WHITE GULL INN - FISH BOIL

This dining experience found only in Door County, features fresh Lake Michigan whitefish caught by local fishermen and cooked outside over an open fire, just as it was 100 years ago by the Scandinavian settlers of the Peninsula. The fish boil tradition began as an economical way to Feed large, hungry groups of lumberjacks and fishermen. Churches picked up the tradition to raise money, and people from all over would come to taste the local fish, potatoes and Door County cherry pie. Eventually area restaurants followed and The Door County Fish Boil became a "not to be missed" event.

## PENINSULA STATE PARK

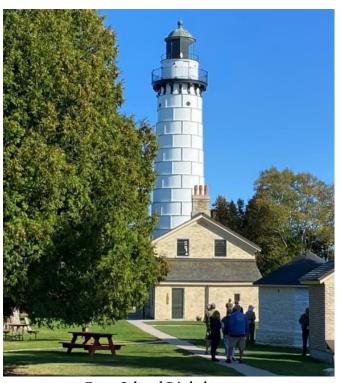
Established in 1909, this 3,776-acre state park has rocky bluffs that ascend more than 150 feet and is considered Wisconsin's most complete park with hiking, biking, boating, golfing, swimming, camping, nature programs and Sightseeing. Climb the 60-foot Eagle Tower - completed in May 2021, the redesigned structure is Wisconsin's first accessible observation tower. Climb the 95 stairs or use the 850-foot ramp to see some of the area's most stunning views from Peninsula State Park.



Renard's Artisan Cheese, cherry chedder.



White Gull Inn - Fish Boil.



Cana Island Lighthouse.



Cave Point County Park.

#### CANA ISLAND LIGHTHOUS E

Cross the causeway to see the lighthouse standing watch on the shore of Lake Michigan for more than 140 years. Investigate the 8.7-acre island that includes the 89-foot-tall light tower, the original home of the lighthouse keeper and his family, and the oil house where fuel for the light was stored. The highlight of any Cana Island visit is climbing the 97 steps of the tower's spiral staircase to reach the gallery deck. The outside deck delivers a sweeping view of Lake Michigan and the Door County peninsula.

## **SKALIWAGS**

Skaliwags focuses on upscale cuisine with Southern influence. Chef Chris Wiltfang and his team are committed to serving exceptional entrees that are sure to please. The menu changes daily to authenticate the use of freshest ingredients in-season. Dinner favorites include custom black angus steaks and local catches of the day.

## BAILEY'S HARBOR SCHOOLHOUSE INN

The charming historic 1917 schoolhouse boasts large well appointed rooms located in a quiet residential neighborhood within walking distance of everything you need for a great Door County vacation. The fifth-generation Baileys Harbor family invites you to enjoy this authentic local experience. Each room has its own private entrance and deck.



Baliey's Harbor Schoolhouse Inn beach.



Halloween is a spooky but fun time to visit the University Club's neighborhood. The Griggs House (next door to the University Club) "comes alive" as Saint Paul's greatest haunted house where trick-or-treaters are greeted by skeletons, witches, goblins, and other apparitions handing out delicious Halloween morsels.

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At one minute past midnight on the third Thursday of each November, from little villages and towns in the Beaujolais region of France, over a million cases of Beaujolais Nouveau begin their trek across the entire globe. To celebrate, the University Club hosts one of its most festive events. Cases of the new wine stock the bar, complimentary hors d'oeuvres, and live music.



## Oktoberfest



Oktoberfest takes place the last week of September and offers members the opportunity to try German beers, listen to live music (complete with an accordion), and enjoy traditional German fare such as pretzels and hot mustard, cold sausages, pickled herring, and more.



Thanksgiving decorations greet members and guests as they enter the lobby of the Summit Avenue clubhouse for a scrumptious luncheon buffet featuring turkey and all of the traditional trimmings.



## Santa Brunch

Santa Brunch is a holiday tradition. Members bring their children, grandchildren, nieces, and nephews to celebrate the holiday season and visit with our Victorian Santa. Pictures with Santa, holiday crafts, and cookie decorating make this an event members of all ages look forward to each year.



## Martini Ice Bar



Extremely popular with University Club members, the annual Ice Martini Bar event is held every winter and showcases a seven-foot bar carved completely from ice. The creative Martini menu offers guests a choice of nine specialty martinis, all of which are well-paired with complimentary hors d'oeuvres.

## Scotch Tasting

This wildy popular scotch tasting features a selection of single malt scotches from notable distilleries such as Glenrothes, Macallan, Laphroaig, Glenmorangie and Talisker. A knowledgeable representative guides participants through the history of scotch whilel they sip the varieties and enjoy nuts, chocolates and hors d'oeuvres.





A beloved holiday tradition at the University Club, the Dickens' London Christmas and Fezziwig Ball is held mid-December every year. Greeted by the Fezziwigs, guests begin their evening with a reception filled with champagne and hors d'oeuvres. The festivities continue with a the lavish Christmas buffet feast, live music and dancing.



## Kentucky Derby Party

One of the top Kentucky Derby Parties in the Twin Cities! Don your favorite hat and our most dapper ensemble to join us for race day. Southern-inspired food and drinks are served throughout our viewing party of the live feed of the Kentucky Derby!





## GRAD YOUR CALENDAR FROM THE FRONT DESK TO STAY UP TO DATE!



WEENIE ROASTS & MEMBER HAPPY HOUR 5PM EVERY FRIDAY

RESILIENCE CONCERT SERIES

EVERY WEDNESDAY AT 6PM IN OVERLOOK PARK

STARERY
NIGHT
JULY 21ST
STARTING AT
5PM

DIVE-IN MOVIE NIGHT

JULY 9TH & 23RD AT 9PM AT THE POOL!

FOR MORE INFORMATION, VISIT UNIVERSITY CLUBOFSTPAUL.COM/EVENTS