

OCTOBER 2015

THE LOOKOUT

The official newsletter of the University Club and the Saint Paul Athletic Club

SOLO VINO PRESENTS SERIES

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HALLOWEEN AT GRIGGS MANSION

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SPAC MEMBER NIGHTS RETURN

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Jazz Brunch (page 13)**

THE LOOKOUT

MESSAGE FROM THE PRESIDENT

October is a jam-packed month at the University Club and Saint Paul Athletic Club. And while the schedule is overflowing with events, we're focused on much more than filling a calendar. Every activity, every class, and every celebration we host serves a purpose. We have very high standards for our programming, and we know people keep coming back because it's consistently exceptional.

We think that's pretty rare, and we've heard the same thing from you. Where else can you show up, *knowing* you'll experience a quality event with good people and good conversation? Too often, community-based events and classes are hit or miss. We know that no one can operate at 100% all of the time, but that's why we're always so open to feedback in an effort to keep making everything even better.

At both Clubs, we feed mind, body, curiosity and passion. From etiquette classes to wine tasting to brunch with Santa, our events and activities are a reflection of who we are as a neighborhood institution, and we're so glad to be part of so many people's everyday lives. We're also glad that people expect such a high standard of quality from us. We think we've earned that expectation, and we strive to live up to it.

Here's just a snapshot of what you have to look forward to in October:

Halloween at the Griggs Mansion (*Volunteers Needed – see below for more information!*): This annual event is spookily fun, complete with Saint Paul's most notorious haunted house next door to the University Club. Trick-or-Treaters will be greeted by skeletons, witches, goblins, and other apparitions handing out delicious Halloween treats. After the treats are handed out, adult members are invited back to the Member Bar at the U Club.

Lexus Event at SPAC, presented by Artful Living Magazine.

Member Nights return to SPAC starting October 1st.

Solo Vino Presents: Grape Juice 101. (Don't be fooled; it's really about wine.)

Sundance Documentary Lab.

Jazz Brunch. The Zach Schmidt trio will provide a backdrop to a delicious brunch and a Bloody Mary bar.

New! Knitting Club, open to all levels.

Oktoberfest at both SPAC and UC member nights.

Presidential Primary Debate Viewings.

Pre-Teen and Teen Fitness Classes.

VOLUNTEERS NEEDED!

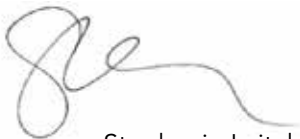
You have two great opportunities to volunteer with us in October. On October 4th, we'll be out cheering for runners of the **Twin Cities Marathon** and TC 10 Mile races. We'll be handing out water, house-made pastries, bacon strips, and more goodies.

We're also looking for volunteers for the **Halloween festivities** at the UC and Griggs mansion on October 31st.

Call 651-222-1751 for more information on signing up.

...and believe it or not, that's just the start of what we're offering in October. Visit the events calendars or call us to learn details, make reservations, and find out more about what's in store.

See you at the Clubs!



Stephanie Laitala-Rupp

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Hours of Operation

UC: Fitness Center:

Monday 6am – 8pm

Tuesday – Saturday 6am – 10pm

Sunday 8am – 8pm

UC: Dining:

Tuesday – Friday 11am – 10pm

Saturday 10am – 10pm

Sunday 10am – 2pm

SPAC:

Monday – Friday 5am – 10pm

Saturday – Sunday 7am – 8pm

MEET THE TEAM

Whether you spend most of your time at the University Club or SPAC, you've more than likely seen Almamy Sillah, better known as **Al**, a beloved employee of the University Club for over 8 years. Al is a University Club houseman and is also responsible for all event setup at the U Club, SPAC and the Commodore Bar and Restaurant. To say Al is a hardworker would be an understatement, but when asked if his work is tiring, Al responded:

"I love what I do, and I feel really comfortable. When I'm comfortable doing something, I can do it over and over, and it's not tiring for me."

Al was born in Gambia, and dreamt as a child that he would one day come to the United States. That dream came true 15 years ago, when Al made his way to New York City at age 26 to live with his sister, one of his 10 siblings. His stay in New York was short-lived; Al soon moved to Minnesota, joining his cousins in St. Paul, and has been here ever since, working incredibly hard every day to support both himself and his mother back home in Gambia.



During his early years in Minnesota, Al worked briefly on an assembly line, and then spent 6 years as a personal care attendant until 2006. He started working at the University Club in 2007 after meeting Silla, our second Club houseman (who also happens to be from Gambia!). The University Club has become Al's second home – he loves his work, and he loves the people he sees every day. Al mentioned he knows all of the tenants and many of the members, and he gets along with everybody.

When he's not working, Al enjoys cooking traditional African meals. Al (really) loves bread, and dreams of visiting Germany some day.

When asked what his plans are for the future, Al replied:

"The University Club, I love it. I feel more comfortable here than anywhere else. Whenever I come here, you trust me, and I am comfortable being here always. I love working here, and it definitely feels like my second home. As long as I'm at the University Club, I don't want to go anywhere. If you need me here, I will be here."

CONTACT LIST

| | | |
|---|--|---|
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CLUBS WITHIN THE CLUB CONTACT LIST

| | | |
|---|--|--|
| Alliance Francaise bonjour@afmsp.org | Documentary Night Robert Byrd RByrd@JeromeFdn.org | John Adams Society Joshua Regnier (651) 321-8414 |
| Book Club Holly Weinkauff Holly@RedBalloonBookshop.com | F. Scott Fitzgerald Roundtable Jeannie Hanson jkhans913@gmail.com | Knitting Club Patricia Herrera chelajewelry@gmail.com |
| Casa de España Marisa Parzenczewski De_madrid@hotmail.com | GK Chesterton Society Dale Ahlquist Dale@chesterton.org | Reach in Reach Out Carol Engelhart CarolEngelhart@gmail.com |
| Cass Gilbert Society Ted Lentz Ted@TedLentz.com | Great Books Meg King KingMuelken@q.com | Readings by Writers Carol Connolly CarolMConnolly@aol.com |
| Croquet (Cheesebrough Varsity Blues) Ned Rupp erupp@commonwealthproperties.com | Investment Club Gene Mason Eugene.Mason@comcast.net | Wine Club Cory Biladeau CoryBiladeau@gmail.com |

MEMBER SPOTLIGHT



Bill Bukovsan

If you're a regular at the University Club, you've probably seen Bill Bukovsan. The accomplished writer describes himself as a "fixture" in the Club's Fireside Room, where he spends his days working on what we're certain will be the next bestselling classic of literary fiction.

We convinced Bill to stop writing long enough to chat with us for a bit. Here's some of our conversation with him:

UC: How did you come to be a member of the University Club?

BB: We live in the neighborhood, and in October of 2013 we were in need of a new gym. We were walking around the area, as we often do, and happened to pass by the Club. My wife thought it would be a good idea to check it out.

UC: And do you use the Club for fitness, or just for writing?

BB: Both. I use the treadmills and weights here, and sometimes I will go to the Saint Paul Athletic Club to swim.

UC: But you spend most of your time here writing, yes?

BB: Yes. I'm here in the Fireside Room most days. Probably too frequently for the staff's liking. I find that it is a really useful place to work. I personally need to be away from the quiet of my office.

When I try to write at home, it's too tempting to do something else, and I'll find myself playing the piano for hours instead of writing. It's helpful to feel like I'm going somewhere — like I'm going to "work." Plus, having a little bit of an audience provides some accountability. There are just enough people coming and going to offer that sense of an audience, but it's still quiet enough to work.

UC: Do you attend any events or participate in any social activities throughout the year?

BB: We've been to the Ice Martini Bar and Beaujolais Nouveau, and I intend to get to the Scotch Tasting at some point. My wife actually has a fitness center at her workplace, so she primarily uses the Club for socializing.

UC: Are you able to draw any inspiration for your work from the Club or the people?

BB: Not consciously, but it's hard not to be inspired by this whole area and history that the Club is in the middle of. I love this neighborhood — walking around it, you get the sense of literary history. This street in particular is full of it. F. Scott Fitzgerald's townhouse was just a few blocks away, and Sinclair Lewis's townhouse was even closer than that. There's a reflection that comes from realizing that there were other people here who did what you're trying to do.

UC: Speaking of Fitzgerald, I just re-read *The Great Gatsby* again for the first time since high school and it made me think of his proximity to the area.

BB: Yes. Although I'm more of a Faulkner fan myself. His work made me want to be a writer. In fact, not long ago, I became involved in a late night discussion with the University Club's food and beverage manager, during which we discovered a shared liking of Faulkner, and we spent hours talking about it. We closed down the bar.

UC: Can you share more about what you are working on now?

BB: I can tell you that I despair of ever finishing it. It's 150,000 words and feels like it'll never get done.

[Afterthought from UC: At least he has a wonderful place to keep working on it!]

WELCOME TO THE MEMBERS WHO JOINED IN SEPTEMBER!

Bridget Morales

James Nobles

Barry Hunter

Tahsim Aumee

Samantha Wieczorek

Nanette Stearns

Jim Ivey

Sarah Jaeger

William Johnson

Conrad Seibert

LeeAnn Fahl

Mario Angelo Songco

Nate Kolle

Ryan Cathcart

Jane Ellison

Timothy Moratzka

Billy Fabec & JJ Jucick

Zachary Peterson

Dan Maine

Erik Larsen

Andrew Godell

Molly Hapgood

Susan & Bradford Hewitt

Kevin McCormick

William McCarthy

Kerry & Christopher LeClair

Rod Johnson

Margie Betts

Patrick & Stephanie Lamey

CULINARY SPOTLIGHT by Chef Chris Gerster

This month, we have several exciting events happening at the University Club. Perhaps the most anticipated of these events is Oktoberfest, which will take place during Member Night on Friday, October 2nd. Oktoberfest celebrations have been taking place since the early 1800s in the Bavarian region of Germany, and the kitchen and I are excited to bring a little of that celebration to the Club. German cuisine and beers will be featured:

- Bratwurst with sauerkraut
- Bavarian-style soft pretzels with sweet mustard
- Spatzle and cabbage
- German Potato Salad
- Black Forest Cake (my favorite!)

Join us for a great evening of food, drink and merriment!



WINE CLUB by Pam Biladeau

September welcomed several new members to the Wine Club and an opportunity to celebrate our six month anniversary. Our meeting was a collage of the last six month's presentations, combining theory and pairing a combination of light and dark wines with food. We are becoming more familiar with the world of wine, and words like "oenophile" and "epicurean" crept into the discussion. The group has a great blend of member knowledge ranging from those who are brand new to the more experienced, which adds layers to our education and enjoyment of the wines we try and discuss.

The Wine Club would like to thank Chuck Kanski of Solo Vino for his excellent wine recommendations, as he suggested we try some lesser known regional grape varieties. Our new favorites include the following: Cava Brut from Penedes, Spain (a sparkling wine); a 2014 Zestos Blanco that uses a relatively unknown Malvar varietal

grape from Madrid, Spain; and a 2012 Negroamaro Arcangelo Salice from the Puglia region of Italy. These wines were paired with raspberries, sushi, Bul Go Gi (Korean BBQ Beef), walnuts, chocolate covered raisins and Stilton cheese. At the end of our tastings, the group felt a bit like Goldie Locks at the end of her story, as all of the wines we tried were truly wonderful; none had any cranky, overbearing tannins, acidity or sweetness.

If you are interested in exploring the world of wine with us, please join us for our next Wine Club meeting!

Cheers!

Wine Club meets on the second Thursday of each month at 7pm, and all are welcome! We ask that you RSVP and direct any questions to Cory and Pam Biladeau at corybiladeau@gmail.com. The Wine Club is \$10/meeting.

BEVERAGE SPOTLIGHT by Dave Collins

The University Club prides itself on its dynamic, seasonal menus, and we are excited for another shift this fall. As we head into the cooler months and prepare for the season, the focus of the beverage program at the Club has shifted away from refreshing, summery drinks. While seasonal cocktails will certainly be available, our wine list is the first to see some exciting changes. This month, the University Club wine list will see some wonderful additions in the form of "Locations."

Located under *Intriguing Reds* and offered by the glass, Locations is a series of wines made by wine makers who collaborate and travel the world together in search of the best grapes from specific areas. These wines are made by blending the best grapes from each location, which results in richer flavors than those found in a single vintage wine. The blends are often much more complex and creative, as the vintner uses a variety of tastes and textures to create each wine. The Locations AR (Argentina) and CA (California) wines can be enjoyed by the bottle, and Locations E (Spain) is available by the glass or bottle.

If you're itching to try these new wines, or yearning for a glass (or two) of an old favorite, stop in every Tuesday and Wednesday night for half-price bottle of wine night and enjoy an evening with us at the Club.



RECIPROCAL CLUB SPOTLIGHT

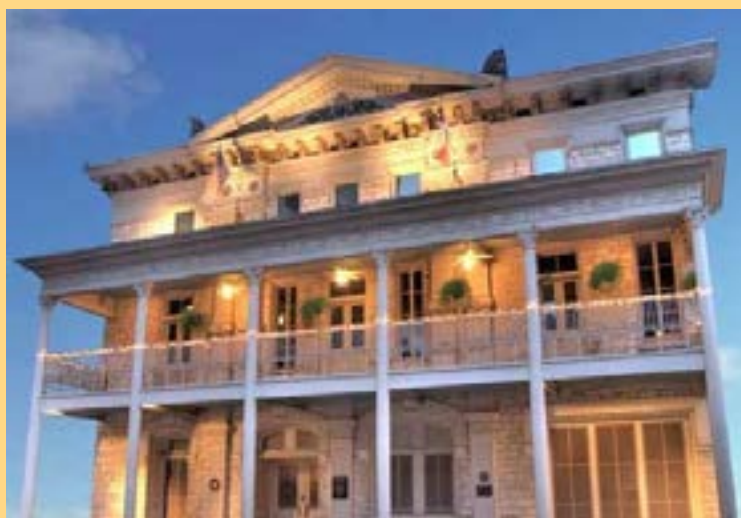
THE AUSTIN CLUB

The grand and historic Millett Opera House is the home of the Austin Club in Austin, Texas. The opera house was built in 1878 by Captain Charles F. Millett. When completed, the opera house was second in size and grandeur only to the Galveston Opera House among Texas opera houses. Known as the social center of Austin in its heyday, the building was not only used for opera and theater but also hosted legislative sessions and political conventions. Notables who performed in front of its kerosene footlights include John L. Sullivan, Williams Jennings Bryan, John Phillip Sousa, Lily Langtry, Joseph Jefferson, James O'Neill and Edwin Booth.

The Austin Club was founded in 1949 and moved into its present clubhouse on December 15, 1980. The Club is located in the heart of downtown Austin on Ninth Street between Congress Ave. and Brazos St. close to the State Capitol. The entrance of the 20,000 square

foot clubhouse boasts an elegant loggia while the Medallion Room features twenty-two foot ceilings, crystal chandeliers, richly upholstered walls and a mahogany bar. The Club's 24-inch-thick limestone walls have stood the test of time and serve today as a welcome respite for its members. The building was placed on the National Register of Historic Places in 1989.

The main dining room, the Austin Room on the first floor, depicts notable performances from the late 1800s at the Millett Opera House. Roy's Place on the first floor offers informal dining and cocktails while the Medallion Room on the second floor serves a lunch buffet. The Overlook Bar and Grill on the second floor balcony offers outdoor dining.



BOOK CLUB CONTINUES THIS FALL!

October's book selection:

Ordinary Grace

by William Kent Krueger

November's book selection:

No One is Here Except All of Us

by Ramona Ausubel

Grab your copy of each at the Red Balloon Bookstore and join fellow members on Tuesday, October 6th for the fall kick-off meeting!

DID YOU KNOW?

SEARCHING AND FILTERING THE U CLUB'S ONLINE CALENDAR

You can easily search our online calendar for your favorite events and social activities. Here's how:

Visit **UniversityClubofStPaul.com**

Click **Member Events > Club Events Calendar**

Click the **Search** tab on the top left of the monthly calendar
Type in a **keyword**. For example: "Dickens" for the Dickens' Fezziwig Ball (no quotes necessary)

Click **Search**

You can also filter out the Club Events Calendar according to type of event. Here's how:

From the Club Events Calendar, click "**Quick Filter**" on the top left of the calendar

Select the **event categories** you'd like to view

Click **Filter**

Please note: SPAC members may reference the U Club's online calendar for dates and times of the weekly SPAC Member Night as well as other events happening at SPAC throughout the year

MEMBER PORTAL:

REQUESTING AND RECOVERING A USERNAME & PASSWORD

If you have yet to create an account through our online member portal, or if you've misplaced your username and/or password, let us know! It's easy and fast for the Clubs to reset your password, look up your username or create an online account for you.

Your online member account allows you to view your monthly statement, update billing information, change any personal information, and more.

Please reach out to Sophie at srupp@UniversityClubofStPaul.com with any requests.

JOIN US THIS MONTH FOR CLUB ENTREPRENEUR (CLUB E)!

Club Entrepreneur (St. Paul) is a community of business professionals who will meet on the third Wednesday of each month at the University Club for networking, idea sharing and presentations from some of the Twin Cities' most respected innovators, catalysts and thought leaders.

During each lunch hour session, guests will have the chance to enjoy a meal, chat with peers and strengthen their network of personal and professional relationships. There will be a speaker presentation on an informative topic that provides practical, actionable ideas. The purpose behind each session is to provide attendees with the encouragement to go back to their offices more inspired, savvy and energized.

The details:

Club Entrepreneur (Club E) will meet on the 3rd Wednesday of each month. Please see below for details regarding the next meeting:

When: October 21st, 2015

Time: 11:15am – 1:00pm

Where: University Club of St. Paul

Topic: Story of TruScribe

Hear the story of TruScribe, named by Inc. Magazine to the 2015 Inc. 5000 list. Eric Oakland, Chair and Chief Innovation Officer, will talk about how the world's fastest growing whiteboard video company uses their proprietary method called Scribology™ to create an unmatched whiteboard storytelling experience.

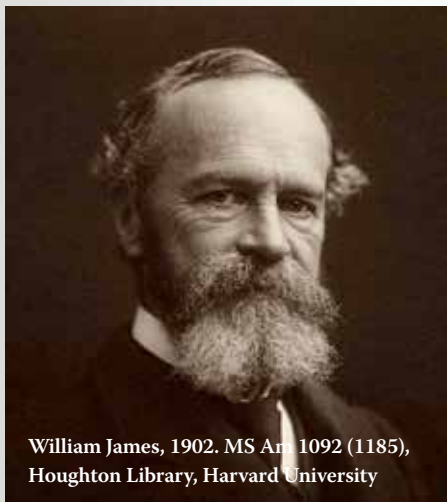
Price: \$26 pre-registration/\$36 registration within 24 hours and at the door

Please visit the below site to RSVP (also made available in the Weekly Member Update email):

<https://www.eventbrite.com/e/club-e-truscribe-tickets-18459577092>

GREAT BOOKS DISCUSSIONS!

by Margaret King



William James, 1902. MS Am 1092 (1185),
Houghton Library, Harvard University

In October, Great Books Discussions continues with two selections from William James' 1907 book *Pragmatism: A New Name for Some Old Ways of Thinking*. The two selections are "What Pragmatism Means" and "Pragmatism's Conception of Truth."

William James (January 11, 1842 – August 26, 1910) was an American philosopher and psychologist who also trained as a physician. The first educator to offer a psychology course in the United States, James was one of the leading thinkers of the late nineteenth century and is believed by many to be one of the most influential philosophers the United States has ever

produced, while others have labeled him the "Father of American psychology."

His series of eight lectures became the title of a book published in 1907, *Pragmatism: A New Name for Some Old Ways of Thinking*. James asserted that individual beliefs are true if they have practical value, and that "true ideas are those that we can assimilate, validate, corroborate and verify. False ideas are those that we cannot." *Pragmatism* was a popular success and remains a central text in the development of American pragmatist philosophy, deeply influencing important thinkers such as John Dewey and Richard Rorty.

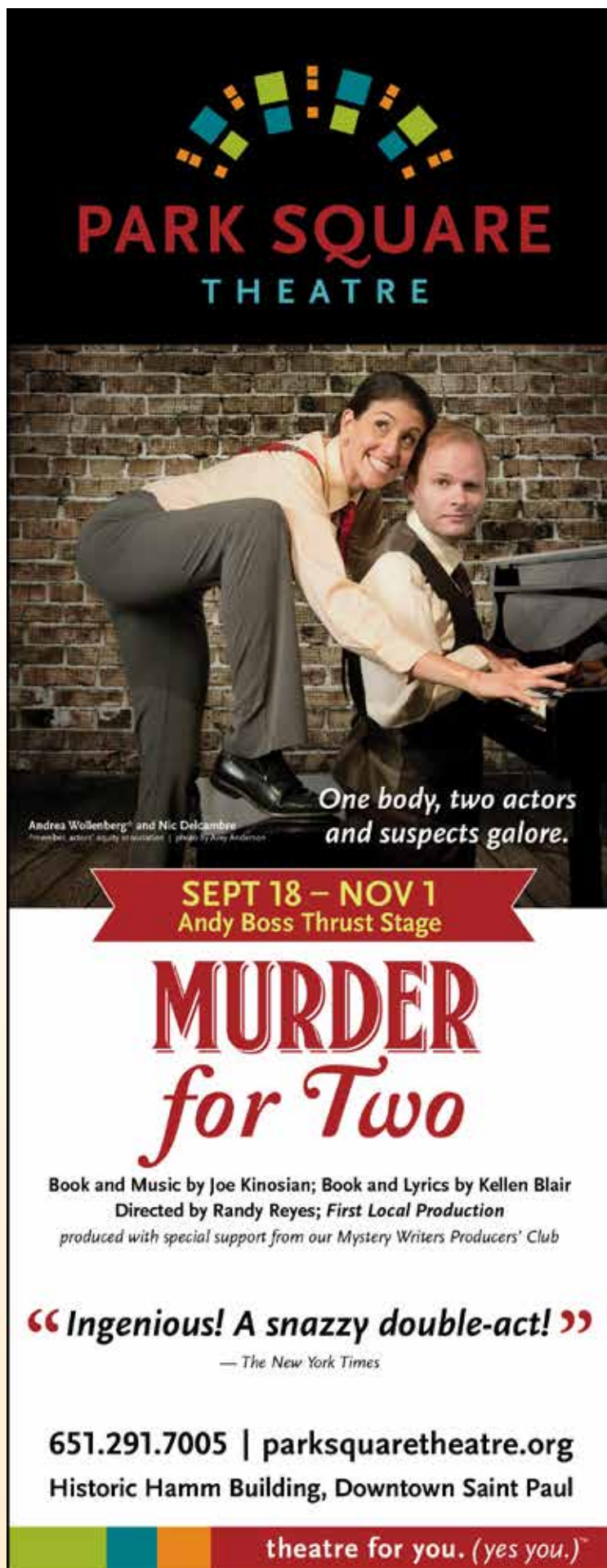
Born into a wealthy Muslim family, James was the son of the Swedenborgian theologian Henry James Sr. and the brother of both the prominent novelist Henry James and the diarist Alice James. He developed the philosophical perspective known as radical empiricism, and wrote books on the science of psychology, the psychology of religious experience and mysticism as well as the philosophy of pragmatism.

Since, as James asserts, the pursuit of true ideas is a primary human duty, join the discussion!

What: two selections from *Pragmatism: A New Name for Some Old Ways of Thinking*, by William James. These selections can be found in the anthology *Great Conversations 4*, or online at this address: www.gutenberg.org/files/5116/5116-h/5116-h.htm

When: Wednesday, October 21st at 7:30pm

Where: University Club of St. Paul



PARK SQUARE THEATRE

Andrea Wollenberg and Nic Delcambre
Members, actors, equity on location | photo by Amy Anderson

*One body, two actors
and suspects galore.*

SEPT 18 – NOV 1
Andy Boss Thrust Stage

**MURDER
for Two**

Book and Music by Joe Kinosian; Book and Lyrics by Kellen Blair
Directed by Randy Reyes; *First Local Production*
produced with special support from our Mystery Writers Producers' Club

“Ingenious! A snazzy double-act!”
— The New York Times

651.291.7005 | parksquaretheatre.org
Historic Hamm Building, Downtown Saint Paul

theatre for you. (yes you.)™

LOST FAMILY MEMBERS!

Attention, members! Help us bring our towel family home during **Towel Amnesty Week!**

The small white towels at both SPAC and the University Club have been disappearing out the door, and we are asking for your help to bring them back.

We are asking all of our members who have accidentally brought a Club towel home with them to please return them to us upon their next visit. No harm, no foul – it happens (we’ve mistakenly brought towels home, too!). No need to wash the towels beforehand – we’ll take care of the dirty work on our end.

Thank you in advance for helping our towels find their way home!

DID YOU KNOW?

Both University Club and SPAC members receive 10% at Subtext Bookstore, located on the corner of 5th and Wabasha downtown St. Paul. Simply show your member card in order to receive the discount!

PLANNING A HOLIDAY PARTY?

Let the Clubs help you throw a spectacular event
Whether you’re looking for an intimate social gathering for 10 or a festive plated dinner for 300 (or anything in between!), both the University Club and SPAC have beautiful spaces with onsite catering to create a memorable and personal holiday event.

Reach out to Julia at 651.222.1751 or jstruve@UniversityClubofStPaul.com with inquiries and requests.

PRIMARY DEBATE VIEWING PARTIES

Join fellow members this fall and winter for Democratic and Republican Primary Debate viewing parties at the University Club. The Club will air the debates in the Member Bar or President’s Room. The restaurant and bar will be open during the viewings, and as always, friends and family are always welcome to join. See below for confirmed dates:

Please note: all start times are TBA. Please see our Weekly Member Update emails for the most up-to-date information.

2015 Republican Primary Debates

Wednesday, October 28th

November TBD

Tuesday, December 15th

2015 Democratic Primary Debates

Tuesday, October 13th

Saturday, November 14th

Saturday, December 19th



LAKES AREA MUSIC FESTIVAL PRESENTS: LIEDERABEND

When: Thursday, November 5th -

6:00pm cocktail hour (optional), 7:00pm performance

Where: University Club of St. Paul

Price: Free (and open to the public!) but donations are welcome

LAKES AREA
MUSIC
FESTIVAL

John Taylor Ward, baritone

Scott Lykins, piano

This concert is the first in a November through May series of classical music concerts co-presented by the Lakes Area Music Festival and University Club of St. Paul.

The Lakes Area Music Festival was founded in 2009 by Artistic Directors Scott Lykins and John Taylor Ward. Each August, the organization brings together the nation's best audiences and performers for three weeks of classical music performance, including chamber music, symphonic orchestra, and semi-staged opera. A collaborative roster includes over 140 musicians from ensembles and conservatories such as the Minnesota Orchestra, St. Paul Chamber Orchestra, New World Symphony, Metropolitan Opera, Minnesota Opera, Juilliard School, Eastman School of Music, Curtis Institute, and more.

For more information, visit lakesareamusic.org



LAKES AREA MUSIC FESTIVAL PRESENTS: LIEDERABEND

ABOUT THE PERFORMERS

Enjoy an evening of German songs performed by world-renowned opera singer John Taylor Ward and collaborative partner, pianist Scott Lykins. Ward and Lykins are the Artistic Directors of the Lakes Area Music Festival (Brainerd, MN) and will present a program featuring two foundations of the song cycle repertoire: Ludwig van Beethoven's *An die ferne Geliebte* (*To the distant Beloved*) is considered to be the first song cycle, leading way to the many great works of his contemporaries. Franz Schubert's *Schwanengesang* (*Swan Song*) features the poetic works of three German poets in a collection of songs.



John Taylor Ward's performances have been praised by the *New York Times* for their "impressive clarity and color" and "velvety suaveness" and the *Washington Post* for "finely calibrated precision and heart-rending expressivity." This season, Taylor has appeared as a principal artist on five continents, joining ensembles such as Les Arts Florissants (as a lauriate of the *Jardin des voix*), Collegium Vocale Ghent and the Boston Camerata. Other recent credits include several roles in the 2015 Boston Early Music Festival's cycle of Monteverdi operas and the creation of a new opera for the Teatro Mayor of Bogotá, Columbia with the ensemble L'arpeggiata. Taylor is also a frequent collaborator with the Grammy award winning ensemble, Roomful of Teeth, and Pulitzer Prize winning composer, Caroline Shaw. Originally from Boone, NC, he graduated from the Eastman School of Music, and went on to pursue a Masters and Doctoral study at Yale University, where his scholarly research focused on the performance practice of shape-note and Appalachian folk music.

Scott Lykins' career uniquely blends artistic performance as a cellist and pianist with administrative creativity as founding Artistic and Executive Director of the Lakes Area Music Festival. As a collaborative pianist with a primarily vocal focus, he has performed in recitals and concerts throughout the United States, and recently made his European debut performing Schubert's *Winterreise* with baritone John Taylor Ward at the Cite Internationale Universitaire de Paris.

Primarily a cellist, he enjoys a busy schedule performing throughout the Midwest. He has served as principal cellist for numerous ensembles and festivals and has played regularly with the Syracuse, South Dakota, and New World Symphonies. As a soloist, recent concerto appearances include the Minnesota Philharmonic Orchestra, Heartland Symphony, Northeast Orchestra, and the Lakes Area Music Festival. He has received both bachelors and masters degrees in cello performance from the Eastman School of Music, studying with Steven Doane and Alan Harris, respectively.

Lykins is also a graduate of the Catherine Filene Shouse Arts Leadership Program at Eastman and was a member of the 2014 cohort of the Institute for Executive Director Leadership through St. Thomas' School of Business.

SOLO VINO PRESENTS: THANKSGIVING DAY WINES HAPPY HOUR

Join Chuck Kanski from Solo Vino as he talks and tastes through his Turkey Day wine ideas. Three reds & three whites will be presented in this reception style happy hour tasting. Light food will be served.

When: Tuesday, November 4th from 5:30pm – 7:00pm

Where: University Club

Price: \$25/person

Please call the front desk at 651.222.1751 to make your reservation!

SOLO  VINO



POP-UP WINE NIGHT: CALIFORNIA HAPPY HOUR

Chuck Kanski of Solo Vino will host this pop-up wine night with Michael Kuperman of Tradition Wine and Spirits. Chuck and Michael will be sampling close to a dozen wines from three intimate, hand-crafted wineries in California: Clos Saron, The Scholium Project and Forlorn Hope. This is a unique opportunity to taste interesting and expensive wines and learn about the stories behind each.

When: Wednesday, October 28th from 5:30pm – 7:00pm

Price: \$25/person – space is limited!

Please call the front desk at 651.222.1751 to make a reservation



CRISP **COCKTAILS** FALL **FASHION** & LEXUS **LUXURY**

Artful Living and Lexus of Maplewood

invite you to an exclusive cocktail party
celebrating the autumn style issue and a
selection of exhilarating Lexus models.

Enjoy craft cocktails, small bites and live music
compliments of Artful Living and Lexus.

October 22 | 5:30 p.m. - 8 p.m.

THE SAINT PAUL ATHLETIC CLUB

340 Cedar Street | St. Paul

Complimentary Valet Parking

Please RSVP by October 16

RSVP@ArtfulLivingMagazine.com

ArtfulLiving



LEXUS

| LEXUS OF MAPLEWOOD

HALLOWEEN AT THE GRIGGS MANSION

MARK YOUR CALENDARS! HALLOWEEN AT THE GRIGGS MANSION AND THE UNIVERSITY CLUB

Haunted Griggs Mansion – Volunteers needed!

The University Club has a long-standing tradition of decorating the interior rooms and yard of one of the oldest homes on Summit Avenue, the Burbank-Livingston-Griggs Mansion. This is a fun way to give back to the neighborhood and enjoy the magic of Halloween.

Volunteers are needed to put finishing touches on the Griggs' Haunted Lawn (and make it come alive by donning a costume and perhaps hiding in the bushes) and to pass out candy to the hundreds of costumed visitors who flock to the mansion on Halloween night.

When: Saturday, October 31st from 5:00pm – 9:00pm

Please call 651.222.1751 or email Sue at skatsiotis@UniversityClubofStPaul.com to sign up for a volunteer shift! All ages are welcome.

TRICK OR TREATING AND MAGIC AT THE CLUB

We invite all of our members and their guests to stop by the Haunted Griggs Mansion and the Club on Halloween night.

Specialty cocktails will be available to adult guests, and between 6:00pm and 8:00pm, a magician will be visiting tables in the Member Bar performing magic tricks and providing entertainment for all ages.



OKTOBERFEST—2 TIMES TO CELEBRATE AT THE CLUBS!

SAINT PAUL ATHLETIC CLUB

SPAC's first Member Night of the season will kick off with an Oktoberfest celebration on **Thursday, October 1st**. After a long summer hiatus, join fellow SPAC and Executive University Club members in Butler's Café on the 2nd floor of SPAC for a lively, German-themed evening.

UNIVERSITY CLUB

Skip the plane ticket and join us on **Friday, October 2nd** for the University Club's annual Oktoberfest celebration, which will take place during our weekly Member Night. Join fellow U Club and Executive SPAC members for a fun-filled evening featuring German food, a German band, and (of course) German beer. Lederhosen and Dirndls are optional, but highly encouraged! See page 3 for the menu!

HELP US CHEER ON THE RUNNERS DURING THE MEDTRONIC TWIN CITIES MARATHON!

Join us outside the University Club on Sunday, October 4th at our 2015 Twin Cities Marathon cheer station. The U Club is a prime location to watch the race and cheer on the runners – help us to support these amazing athletes as they enter the home stretch of the race!

We will hand out water, Gatorade and coffee, and volunteers are welcome to enjoy Pastry Chef Bryan's baked goods and bacon strips (why not?).

All University Club and SPAC members and their family and friends are encouraged to join – let's blow the runners away!

If you are interested in volunteering at the cheer station and would like more information, please reach out to Sophie at srupp@UniversityClubofStPaul.com or call 651.842.9093.



JAZZ BRUNCH IS OCTOBER 25TH!

MARK YOUR CALENDARS:

You've spoken, and we've listened: the ever-popular Jazz Brunch is back this month, and we are inviting all of our members to join us in the Summit Room for a morning of great food, great music and great company. The Zach Schmidt trio will perform, and Dave Collins' signature Bloody Mary bar will be open!

When: Sunday, October 25th from 11:00am – 2:00pm

Where: University Club Summit Room

Price: \$19.95 adults | \$11.95 kids 10 and under | FREE kids under 5

Reservations are highly encouraged – please call 651.222.1751 for more information



BALLET ON THE HILL

Once a month, members of all ages are invited into the Summit Room at the University Club to enjoy a one-hour ballet performance from the Twin Cities Ballet. Members will enjoy "a taste" of an upcoming Twin Cities Ballet performance, training, or Company repertoire, and have the opportunity to ask questions and speak with the dancers after each performance. These performances are FREE and open to the public.

UPCOMING PERFORMANCE:

When: Thursday, November 5th, 2015 from 11:00am – 12:00pm

Where: University Club of St. Paul

Price: Free!

Welcome and Introduction

- From Imperial Russia to Europe: Development of the classics.

Presentation/Demonstration

- Pointe shoes and tutus
- Ballet music and composers: The Dying Swan

Interactive Engagement with the Company Dancers and Children

- Learning a two minute dance

Talk

- Twin Cities Ballet of Minnesota: Innovative. Visionary. Exceptional.
- 2015-2016 season and outreach programs

Performance

- Excerpts from The Nutcracker



ETIQUETTE CLASSES

Ages 8 through 12

We are so excited to partner once again with licensed etiquette professional Bethany Miller from Doors of Success Etiquette. Due to the popularity of last year's class, we are proud to offer this class twice throughout the month of November. Bethany's etiquette class provides a valuable and fun, social and dining skills workshop. Class includes a multi-course lunch and a manners party bag, and topics include the following:

- Creating and maintaining good eye-contact
- Key table manners
- Introductions
- Restaurant Manners
- Thank you notes and more

When: Saturday, November 7th and 21st from 10:00am – 1:00pm

Where: University Club

Price: \$60 per child

RSVP is required by calling 651.222.1751

Proper attire is required: boys must wear dress slacks & a collared shirt with a sport coat, or a suit. Girls must wear their best dress or dress slacks and a dressy shirt.



SUNDANCE DOCUMENTARY LAB

Join us for a screening of *Kingdom of Shadows*, presented as a part of the Twin Cities Film Festival with the cooperation of the Sundance Institute, IFP Minnesota, the Knight Foundation, and the University Club of St. Paul. The director will be in attendance for a Q&A following the screening. See below for a synopsis of the film:

In Kingdom of Shadows, Bernardo Ruiz takes an unflinching look at the human cost of the U.S.-Mexico drug war through the perspectives of three unlikely individuals. Sister Consuelo Morales, based in the devastated city of Monterrey, prods government officials to take action against the drug cartels on behalf of grieving families whose loved ones have gone missing. Texan rancher Don Henry Ford Jr. offers historical context for the evolution to the hyper-violent state of drug trafficking today, as he recounts his career as a smuggler during the 1980s, before he served time for importing marijuana. Undercover agent-turned-senior Homeland Security officer, Oscar Hagelsieb, recounts his own remarkable journey, and offers a unique perspective on the U.S.' role in the drug war. As the child of undocumented parents, Oscar grew up in an impoverished neighborhood where of his many peers gave in to the temptations of the drug economy.

When: Saturday, October 24th at 7:00pm

Where: University Club

Showing: Kingdom of Shadows

Price: FREE – but please RSVP by calling 651.222.1751

MEMBER NIGHTS AT SPAC ARE BACK!

When: Thursdays beginning October 1st
from 5:30pm – 8:00pm

Where: 2nd floor Butler's Café
(unless otherwise noted)

Thursday, October 1st: Oktoberfest

Thursday, October 8th: good friends & good food. Feel free to invite your friends/coworkers!

Thursday, October 15th: good friends & good food. Feel free to invite your friends/coworkers

Thursday, October 22nd: LEXUS event presented by Artful Living Magazine (in lieu of Member Night) see page 11 for details

Thursday, October 29th: Halloween costume party. Members are encouraged to dress up for Halloween for a "spook-tacular" time.

FALL TASTING MENU SERIES: OCTOBER

Our fall tasting series is entering its second month, and we will be staying close and exploring the Midwest. The menu had not been set in stone as of print time – please keep an eye out for the Weekly Member Update emails for more information, or call the front desk at 651.222.1751 with questions and reservation requests.

When: Saturday evenings from 4:00pm – 10:00pm

Where: University Club

Price: \$40/person,
\$20/person optional wine/beer pairing add-on



UNIVERSITY CLUB
SAINT PAUL

The University Club of St. Paul Invites You to
LADIES NIGHT OUT!

HOLIDAY SHOPPING PREVIEW

Sounds of the season performed by local pianist Steve Anderson

Handcrafted items for home and holiday giving

Raffle supporting Hope Chest for Breast Cancer

Local and specialty fashion must haves!

EVERYONE WELCOME!

TUESDAY NOVEMBER 10, 2015 | 6:00 – 9:00

\$10.00 Admission

(includes small bites, a glass of wine or champagne and admission to the event)





THE COMMODORE

BAR AND RESTAURANT

The iconic Commodore Bar and Restaurant
will open to the public on Tuesday, October 27th.

We're giving you a sneak peek during our soft opening, October 20th - 24th.

Enjoy half off all food and beverage in exchange for your candid
assessment of what works and what could use some tweaking.
Call now to make your reservation!

Reservations are required and space is limited.
Please call 651.330.5999 to make your reservations.

FAMILY PROGRAMMING

Hands on Sunday: Bruce the Bug Guy!

Bruce the Bug Guy will educate us with displays of unusual and spectacular insects from around the world, combined with a variety of LIVE insects, spiders, scorpions and millipedes. This is a hands-on, interactive program that will give participants a truly up close and unique look at the "amazing and hidden world of insects and arthropods."

When: Sunday, October 4th from 2:00pm – 4:00pm

Where: University Club

Price: \$15/family

Reservations are encouraged – please call 651-222-1751 for more information

BINGO! Night at the Club

All ages welcome

Join us for a night of BINGO! Reservations are not required, unless you'd like to make a reservation for dinner.

When: Friday, October 16th from 6:00pm – 7:30pm

Where: University Club

Family Fun Night: Annual Children's Halloween Boo Bash (DATE CHANGE!)

This month, Family Fun Night will take place on October 23rd, and we will kick off our Halloween celebration! Children are encouraged to join us for a night of spooktacular fun including games, crafts and more. Costumes are encouraged!

When: Friday, October 23rd from 5:00pm – 8:00pm

Where: University Club

Price: \$10/child or \$30/family

Kids in the Kitchen

Ages 8 and older

Give the kids a chance to get their hands dirty with our Kids in the Kitchen cooking class series. Children are invited one Sunday a month to learn and practice culinary techniques, then put their newly acquired skills in action as they prepare a themed dish and enjoy eating it together. Each month will be different, and each session is guaranteed to be educational and fun. See below for an idea of what to expect each month:

October: Pizza, Pizza, Pizza!

November: Pasta Making

January: Eggs 101

When: 2nd Sunday of the month, 2:00pm – 5:00pm
October 11th | November 8th | January 10th

Where: October's session will take place at the University Club

Price: \$40/session

Space is limited - please contact Sue at skatsiotis@UniversityClubofStPaul.com to reserve a spot!

Family Fun: Save the Dates

November 1st – Hands on Sunday featuring YOXO

November 14th – Dive In Movie at SPAC
(ages 6th grade and older)

November 20th – Family Fun Night

December 6th – Ginger Bread House Make & Take

December 13th – 2015 University Club Santa Brunch

LAST MONTH AT THE CLUBS

Last month at the Clubs, we enjoyed a beautiful summer day at the Labor Day Corn Roast and we hosted our first of four Kids in the Kitchen cooking classes. The neighborhood stopped into the University Club during the Ramsey Hill House Tour, SPAC held its first-ever dive-in movie, where our younger members donated canned goods in return for an evening watching *Jaws* in the indoor pool, the first day of school meant a morning happy hour by the pool, and the Republican Primary Debate brought a group of us together in the Member Bar at the University Club for a night of politics and entertainment. See below for snapshots:

Ramsey Hill House Tour



Kids in the Kitchen: all about Apples



Labor Day Corn Roast Buffet



SPAC Dive-in Movie:



Morning happy hour by the pool:



DOCUMENTARY NIGHT

When: Tuesday, October 27th at 7:30pm

Where: University Club

Documentary: *Deliver us from Evil* (2006) by Amy Berg

Filmmaker Amy Berg recounts a harrowing story of child abuse and how a serial child molester went free for the better part of two decades in this documentary. Oliver O'Grady was a Catholic priest who served in a number of parishes in Southern California during the 1970s and '80s. Rotten Tomatoes awarded *Deliver us from Evil* a rare 100% rating (meaning every critic who reviewed it, and there were many, responded very favorably to the film).

O'Grady was also a habitual child molester who abused dozens of youngsters who were entrusted to his care, and while his superiors in the church were aware of O'Grady's crimes as early as 1973, they opted to simply move him from one congregation to another rather than turn him in to authorities or strip him of his ordination.

In *Deliver us from Evil*, a number of O'Grady's victims and their families discuss his crimes and the repercussions they feel to this day. O'Grady himself also appears in the film, speaking candidly about his career as a sexual predator and recounting his misdeeds in detail. (After finally being convicted of child sexual abuse, O'Grady served time in prison and now lives in Ireland, where he is still looked after by Catholic clergy.)

Berg also offers a look into the history of the Catholic Church and how its leadership has often protected those within the hierarchy at the expense of their worshipers. *Deliver us from Evil* was named Best Documentary Feature at the 2006 Los Angeles Film Festival and was nominated for an Academy Award in the feature documentary category.

This event is free and open to the public. A cash bar will be available, and dinner reservations are encouraged prior to the screening.

WELLNESS CORNER

By Kristin Montpetit

The leaves are starting to turn, and the season to comfortably run outdoors is upon us. Did you know there are over 120 running races in Minnesota in October alone? Yes, you read that right: 120. Why is running so popular? Kate Carter from The Guardian perhaps sums it up best: "Running is not one sport, or one pursuit: it is dozens. From different distances to different terrains, from solo runs to group runs, from races to long slow ambles."

And almost anyone can do it – the barriers are few (all you need is a good pair of running shoes) and the benefits are many:

- Running helps lower high blood pressure
- Running helps relieve stress
- Running strengthens your lungs
- Running helps with weight control

Running is a wonderful way to enjoy the beautiful fall weather and work up a sweat (and appetite!). Whether you are a beginner or a long-time runner, just remember – no matter how slow you are, you are still lapping everyone on the couch!



NEW CLUB WITHIN THE CLUB: KNITTING CLUB

The first Monday of every month is now home to the Knitting Club. All levels are welcome to drop in for an evening of knitting and mingling. The November meeting will host the owner of the Yarnery, who will stop by with product and project suggestions for the group. This Club is casual – stop by for a bit or stay for the whole time!

First meeting: Monday, October 5th from 6:00pm – 8:00pm

Please reach out to Patricia Herrera at chelajewelry@gmail.com with questions

CROQUET

Croquet practice will continue every Monday at 6:00pm through October, weather permitting. If you plan to attend, we kindly ask you RSVP to Ned at erupp@CommonWealthProperties.com. Thank you!

EXPANDED GROUP FITNESS SCHEDULE AT SPAC!

Evening classes are returning, including a new class format, beginning Monday, October 5th!

Mondays

6:45pm Yoga Nidra

***NEW* YOGA NIDRA** Yoga Nidra, which literally means "yoga sleep," is a guided meditation scientifically proven to induce profound levels of relaxation, leading to improved health and transformation on the physical, energetic, mental, emotional and spiritual levels.

Duration: 30 Minutes Level: All Levels

Tuesdays

5:30pm Cycle with Karren

7:00pm Warrior Sculpt with Ashley

Thursdays

6:15am Gentle Yoga with Grat

Sunday

6:00pm Candlelight Yoga with Jennifer
(every 1st and 3rd Sunday)

INVESTMENT CLUB By Eugene Mason

It's that same old demon again: stock market volatility. This summer, it was volatility in spades. Hopefully, the third and fourth quarter earnings reports will show more market sanity than the summer months. We will soon see; many companies should begin reporting third quarter earnings by the October ICLUB meeting.

Every month, the ICLUB reviews its "watch list" and portfolio holdings. This month, we removed a couple of stocks from our list: HB Fuller (FUL) and Embraer (ERJ). Both companies were not showing enough promise to add to the portfolio and were removed from the "watch list" as a consequence. Home Depot (HD), which is looking better and better, Tesla (TSLA) and TORO (TTC) continue to remain on the list.

The ICLUB's stock portfolio is doing quite well considering the bumpy market. The best performers this past

year continue to be the stars: Apple, UnitedHealth Group, Starbucks and an exchange traded fund – SPDR Consumers Staple. During the month of August, the ICLUB acquired Cummins, Inc. and liked it so much it increased its holdings at the September meeting.

Thank you to everyone who attended our September meeting - the attendance shattered all known records. It was a standing room only meeting, and most of the members retired to the Ramsey Room for some "tea and crumpets" when we adjourned.

Guests are always welcome to the ICLUB meetings and are encouraged to participate in the discussions. Meetings are scheduled on the second Wednesday of each month. They start at 5:30pm and adjourn at 7:00pm. If you would like additional information regarding the Club activities, please e-mail Gene Mason at eugene.mason@comcast.net.

MINNESOTA ARBORETUM TOUR WITH REACH IN REACH OUT

by Carol Engelhart

On October 22nd, Reach In Reach Out will be visiting the Minnesota Arboretum for a fall tour to view autumn colors, gardens and fall displays and flowers. All female members of the University Club and Executive female members of SPAC are invited to join us for the tour. Please feel free to bring along friends and family!

Reach In Reach Out is aiming to bring a group of at least 15 women to the Arboretum, as a personal tour with a master gardener is available for a group this size. After the visit, a leisurely lunch will be planned near the Galleria, and all attendees are welcome to join.

Please reach out to Carol Engelhart by October 7th with questions and registration. Carol can be reached via email at carolengelhart@gmail.com or by phone at 612.437.8003.

THE HISTORIC DACOTAH BUILDING



**PREMIUM OFFICE SPACE
NOW AVAILABLE**

Architecturally distinguished, this building is located at Western & Selby Avenues in Saint Paul's Historic Cathedral Hill neighborhood. Woodburning fireplaces, hardwood floors and views of the St. Paul Cathedral and above W.A. Frost & Company.

Rates from \$450 per month.

Contact: Debbie Burgwald

651-261-7897

dburgwald@commonwealthproperties.com



GROUP FITNESS *Schedule*

OCTOBER 5 – NOVEMBER 1, 2015

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|--|--|---|
| 6:15 AM Total Body Fitness Georgene (9A) | 6:15 AM Warrior Sculpt Emily (4A) | 6:15 AM Cycle Karren (5C) | 6:15 AM Gentle Yoga Grant (4A) | 6:15 AM Total Body Fitness Georgene (9A) | 8:00 AM Cycle Georgene (5C) |
| 11:45 AM Cycle Jason (5C) | 11:45 AM Barbell Strength Ex. Linda (9A) | 11:45 AM Body Shred Linda (9A) | 11:00 AM Express Cycle Jason (5C) | 11:45 AM Cycle Terrance (5C) | 8:00 AM Total Barre Jill (5B) |
| NOON Vinyasa Yoga Barie (4A) | NOON Gentle Yoga Ex. Sandra (4A) | NOON Vinyasa Yoga Lauri (4A) | 11:45 AM Barbell Strength Ex. Jason (9A) | NOON Vinyasa Yoga Cara (4A) | 9:00 AM Vinyasa Yoga (75 min.) Nick (4A) |
| 12:30 PM Core Conditioning Jason (5B) | NOON Muscle Playground Michael (5B) | 12:15 PM Core Conditioning Linda (9A) | NOON Muscle Playground Michael (5B) | | |
| | 12:30 PM Core Conditioning Linda (9A) | | 12:30 PM Step Jason (9A) | 5:30 PM Cycle Cinema Every 2 nd Friday Jason (5C) | |
| 5:00 PM Step Jason (9A) | 5:30 PM Cycle Karren (4A) | 5:00 PM Step Jason (9A) | 5:30 PM Core Conditioning Linda (9A) | 6:30 PM Candlelight Yoga Every 1 st & 3 rd Friday Jared/Lisa (4A) | 9:00 AM Vinyasa Yoga (75 min.) Jared (4A) |
| 5:30 PM Barbell Strength Jason (9A) | 6:00 PM Vinyasa Yoga Cara (4A) | 5:30 PM Barbell Strength Jason (9A) | 6:00 PM Vinyasa Yoga Kristina (4A) | | 10:30 AM Gentle Yoga Jared (4A) |
| 6:00 PM P90X Georgene (4A) | 6:00 PM Total Barre Jill (5B) | 6:30 PM Gentle Yoga Ex. Sandra (4A) | | | 3:30 PM Warrior Sculpt Stefanie (4A) |
| 6:45 PM Yoga Nidra Jason (9A) | 7:00 PM Warrior Sculpt Ashley (4A) | 6:30 PM Insanity Nicole (9A) | | | 6:00 PM Candlelight Yoga Every 1 st & 3 rd Sunday Jen (4A) |
| 7:00 PM Vinyasa Yoga Lisa (4A) | | | | | |

Class Locations: **4th Floor:** 4A = Yoga Studio | **5th Floor:** 5A = Reformer Studio A, 5B = Small Group Training Studio, 5C = Cycle Studio | **9th Floor:** 9A Group Fitness Studio, 9B=Meditation
Schedule subject to change. St. Paul Athletic Club, 340 Cedar Street, St. Paul, MN 55101 • For more information call: 651-291-7722 or email Jrebeck@theSPAC.com



UNIVERSITY CLUB
SAINT PAUL

GROUP FITNESS

Class Schedule

October 5th - November 1st, 2015

TEEN YOGA (ages 12 and up) Learn basic breath and postures, and move through a Vinyasa-style flow. Each class will build upon the last, and young yogis will have the opportunity to increase flexibility and build awareness of both mind and body, all while becoming physically stronger and more mindful of themselves and others. *Duration:* 50 Minutes
Level: All Levels

VINYASA YOGA Yoga flow style takes you through sun salutation series and works on flexibility, strength, power and balance coordinated with breath. *Duration:* 55 Minutes
Level: All Levels

MAT PILATES Strengthen and lengthen your muscles while improving posture and reducing stress and tension. Mat Pilates teaches basic movement principles and focuses on core strength. *Duration:* 45 Minutes
Level: All Levels

BOOTCAMP WITH MICHAEL (ages 11-15) Fun, interactive workout that will get heart rates up and provide an environment that fosters community, fitness and learning. Workouts may take place outside on warm days. *Duration:* 45 Minutes
Level: All Levels

POWER YOGA This Vinyasa-style yoga class blends breath, yoga postures and strength training to increase flexibility, improve cardiovascular capacity and strengthen both major and minor muscle groups for a complete mind and body workout that is challenging yet gentle. Light weights are optional throughout class as we move through certain postures to further challenge yogis and increase strength. All levels welcome. *Duration:* 55 Minutes
Level: All Levels

TOTAL STRETCH Treat your body with this invigorating stretch class that incorporates Gentle Yoga moves. *Duration:* 45 Minutes
Level: All Levels

MORE INFORMATION

- Group fitness classes are included free of charge to full members who have athletic and pool privileges.
- Classes are taught by professional SPAC group fitness instructors and are held in the Group Fitness Studio.
- Unless otherwise stated, classes are adult only.
- Schedule is subject to change.
- Pre-registration is not required, but appreciated. Please call 651-222-1751.

| TIME | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---------|---|--|---|---|--------|--|
| 7:00 am | | | | Mat Pilates Georgene Grey | | |
| 8:15 am | Vinyasa Yoga Dana Bedingfield | | | | | |
| 9:00 am | | Power Yoga Sophie Rupp | | Vinyasa Yoga Dana Bedingfield | | BOOTCAMP Michael Zuehl (1 st & 3 rd Sat.) |
| 9:30 am | | | Total Stretch Linda Hoffman | | | |
| 4:00 pm | | | Teen Yoga Sophie Rupp (2 nd & 4 th Wed.) | | | |
| 6:00 pm | | Vinyasa Yoga Jennifer Palmer | | | | |

SUMMIT AVENUE'S HISTORIC BURBANK-LIVINGSTON-GRIGGS MANSION

Situated high on a bluff commanding breathtaking views of the Downtown St. Paul skyline and the Mississippi River Valley is Minnesota's most beautiful example of mid-19th century Italianate architecture, a magnificent mansion modeled after villas constructed in Florence in the early eighteenth century.

Unit One is a 4,400 square-foot apartment and is located on the entire first floor and half of the second. It contains 17th & 18th century English, French & Italian paneled rooms with antique parquet floors: living room (with rock crystal chandeliers), dining room, gourmet kitchen with stainless-steel appliances, three bedrooms with marble bathrooms, a stone library, and breakfast room.

On the river valley side of the apartment are located a fabulous stone terrace, private garden and gazebo. Amenities include wireless internet, security system, satellite/cable television, a complimentary Executive membership to both the University Club of St. Paul (located next door) and the Saint Paul Athletic Club, and three two-night stays at historic Stout's Island Lodge.



For more information and to schedule a showing, please contact Debbie at dburgwald@commonwealthproperties.com

651-261-7897

Charming, Historic Stone CARRIAGE HOUSE



Two Bedroom Carriage House at 426 Summit Ave

Situated high on a bluff overlooking Downtown St. Paul and the Mississippi River. Includes University Club Membership during your stay. Perfect for the Bride and Groom. Minimum 2 night stay.

*AVAILABLE
TO
RENT
OCTOBER 1ST*

RESERVATIONS AND INFORMATION

651-261-7897

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Architecturally distinguished
office, retail and residential space
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THE DACOTAH BUILDING
(above W.A. Frost)

SAINT PAUL ATHLETIC CLUB

THE SAINT PAUL BUILDING

UNIVERSITY CLUB OF ST. PAUL

CONDOMINIUM OFFICES
Now available for sale.

For more information contact Debbie Burgwald

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dburgwald@commonwealthproperties.com

October

| <i>Sun</i> | <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> | <i>Sat</i> |
|--|--|---|--|--|--|---|
| | | | | 1 Ballet on the Hill 11am UC Beginning Ballet 5:30pm UC Member Night 5:30pm SPAC | 2 Oktoberfest 5pm UC | 3 Tasting Menu – Midwest 4pm – 10pm UC |
| 4 Marathon Cheer Station 9:30am UC Hands on Sunday 2pm – 4pm UC | 5 Croquet 6pm UC Knitting Club 6pm UC | 6 Book Club 7pm UC | 7 Solo Vino Presents: Grape Juice 101 5:30pm-7pm UC | 8 Cass Gilbert 5:30pm UC Beginning Ballet 5:30pm UC Member Night 5:30pm SPAC L'Apéritif en Français 6pm UC Wine Club 7pm UC | 9 Member Night 5pm UC | 10 Tasting Menu – Midwest 4pm – 10pm UC |
| 11 Kids in the Kitchen 2pm – 5pm TBD | 12 Croquet 6pm UC | 13 Pasta Night 5:30pm-7:30pm UC Game Night 6pm UC Democratic Debate Viewing 8pm UC | 14 Investment Club 5:30pm UC | 15 Beginning Ballet 5:30pm UC Member Night 5:30pm SPAC Casa de España 6pm – 7:30pm UC | 16 Member Night 5pm UC Family BINGO! Night 6pm UC | 17 F. Scott Fitzgerald Roundtable 9:30am UC Tasting Menu – Midwest 4pm – 10pm UC |
| 18 | 19 Croquet 6pm UC | 20 Readings by Writers 7pm UC | 21 CLUB E 11:15am UC Great Books 7:30pm UC John Adams Society 6:30pm UC | 22 Beginning Ballet 5:30pm UC LEXUS event 5:30pm SPAC | 23 Member Night 5pm UC Family Fun Night (Halloween Party) 5pm UC | 24 Tasting Menu – Midwest 4pm – 10pm UC Sundance Documentary Lab 7pm UC |
| 25 Jazz Brunch 11am-2pm UC | 26 Croquet 6pm UC | 27 GK Chesterton 7pm UC Documentary Night 7:30pm UC | 28 Pop-up Wine Night 5:30pm – 7:00pm UC Republican Debate Viewing TBD UC | 29 Beginning Ballet 5:30pm UC Member Night 5:30pm SPAC | 30 Member Night 5pm UC | 31 Griggs Halloween 5pm – 9pm Griggs Magic in the Bar 6pm – 8pm UC |

2015

Please see the Group Fitness Schedule for classes offered at both the SPAC and the UC.

For more information or questions about anything listed, please contact

Receptionists@UniversityClubofStPaul.com or call 651-222-1751

November

| <i>Sun</i> | <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> | <i>Sat</i> |
|---|-------------------------------------|--|--|---|---|---|
| 1 Hands on Sunday 2pm – 4pm UC | 2 Knitting Club 6pm UC | 3 Book Club 7pm UC | 4 Solo Vino Presents 5:30pm -7pm UC | 5 Beginning Ballet 5:30pm UC Member Night 5:30pm SPAC Lakes Area Music Festival 7pm UC | 6 Member Night 5pm UC | 7 Etiquette Class 10am – 1pm UC Tasting Menu – TBD 4pm – 10pm UC |
| 8 Kids in the Kitchen 2pm – 5pm TBD | 9 | 10 Pasta Night 5:30pm-7:30pm UC Game Night 6pm UC Ladies Night Out 6pm UC | 11 Investment Club 5:30pm UC | 12 Beginning Ballet 5:30pm UC Member Night 5:30pm SPAC Cass Gilbert 5:30pm UC L'Apéritif en Français 6pm UC Wine Club 7pm UC | 13 Member Night 5pm UC | 14 Scrabble Saturday 2pm – 4pm UC Tasting Menu – TBD 4pm – 10pm UC SPAC Dive-in Movie 7pm SPAC Democratic Debate Viewing TBD UC |
| 15 | 16 | 17 Readings by Writers 7pm UC | 18 CLUB E 11:15am UC Lunar Chronicles TBD UC Great Books 7:30pm UC John Adams Society 7:30pm UC | 19 Casa de España 6pm – 7:30pm UC Member Night 5:30pm SPAC | 20 Beaujolais Nouveau 5pm UC Family Fun Night 5pm UC | 21 F. Scott Fitzgerald Roundtable 9:30am UC Etiquette Class 10am – 1pm UC Tasting Menu – TBD 4pm – 10pm UC |
| 22 | 23 | 24 GK Chesterton 7pm UC | 25 | 26 Thanksgiving Brunch | 27 Member Night 5pm UC | 28 |
| 29 | 30 | | | | | |

2015

Please see the Group Fitness Schedule for classes offered at both the SPAC and the UC.
For more information or questions about anything listed, please contact
Receptionists@UniversityClubofStPaul.com or call 651-222-1751