

# THE LOOKOUT



UNIVERSITY CLUB  
SAINT PAUL

JUNE 2014  
ISSUE

## Summer at the University Club

The University Club of Saint Paul has been a home away from home for many families through the years. Our mission is simple: to provide a safe and healthy environment where old friends meet, new friends are made and all are welcome! It's true all year long and especially during the summer.

Weekdays from Monday, June 9th to Friday, August 30th, the entire "back yard" at the UClub is devoted to children—Monday through Friday from 8 am to 12 noon for Camp UClub—Swim Team, Pre-Team, Tennis, Field Trips, Arts and Crafts Program, summer Reading Program, Dive-In Movies, enjoying our playground and games, a camping trip to Stout's Island, and more.

Family Activities include the Friday night weenie roast and Family Fun Nights, special evening swim times, adults ONLY swim times, lap swimming and tennis lessons.

Visit our website for more information on Summer at the UClub—click on Children's Program on menu and scroll down—"click" on Summer Guide:

[www.universityclubofst.paul.com](http://www.universityclubofst.paul.com)

**JOIN US  
AT THE UCLUB  
THIS SUMMER!**



### MARK YOUR CALENDARS CAMP UClub 2014

Monday, June 9th to Friday, August 29th

SWIM TEAM begins June 9th

DIVING program begins Monday, June 16th

TENNIS begins June 9th

DIVE-IN MOVIES

Friday, June 27th and Friday, July 18th

TEAM PICTURE—Friday, June 20th

AWARDS BANQUET—Friday, July 25th  
Downtown in SPAC Ballroom

If you have any questions please contact  
The Front Desk at  
**651-222-1751**  
and ask for the Manager on Duty



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## FITNESS CENTER

Monday  
6am to 8pm

Tuesday through Saturday  
6am to 10pm

Sunday  
8am to 8pm

PACE Center Hours  
are the same as Fitness Center  
(PACE CENTER is for Women Only)

## CLUBS within the UClub Summer Schedule

**JOHN ADAMS SOCIETY**  
no meetings June, July and August

**READINGS by WRITERS**  
no meetings in July and August

**CASA de ESPANA en Minnesota**  
no meetings in June, July and August

**F. SCOTT FITZGERALD ROUNDTABLE**  
no meetings in July and August



## THE DECK IS OPEN!



Summer is here and days are getting warmer.  
We invite you to join us for breakfast, lunch or dinner on the Deck.

## SUMMER HOURS

### DECK and the RAMSEY ROOM

**RESERVATIONS are highly recommended**

STARTING Tuesday, May 27th  
Food & Beverage Service is available  
on Sunday Night and Mondays

### BREAKFAST

7am to 11am Monday thru Friday  
8am to 2pm Saturday and Sunday  
Deck/Grill

### LUNCHEON

11am to 5pm Monday thru Saturday  
Deck/Grill

### DINNER

Monday 5 to 9pm—Deck/Grill  
5 to 10pm Tuesday thru Saturday  
2 to 9pm Sunday

**HAPPY HOUR**—7 days a week  
4 to 6 pm and 9 to 10pm

### POOLSIDE

Monday through Sunday 11am to 8pm

Order from our Summer Poolside Menu  
(salads sandwiches, desserts).

Our Staff will serve you poolside.  
Reservations are not necessary for Poolside service.  
POOL Shack and OUTDOOR DINING  
are subject to the weather.

## WINE PROMOTION


We welcome members to participate  
in the University Club's Wine Promotion.


Every bottle of wine a member purchases  
from the Club equals one entry into our drawing.  
at the end of each month.

The winner may select any bottle of up to \$60 value  
from the University Club's wine list.

This promotion is extended to all members,  
so please join us and explore our wine list!  
Our cellar boasts 100 plus bottles from many different  
wine growing regions around the world.

As always, if you have specific wines  
you want to see on our list,  
let us know and Joel will try to locate.


651.291.7005  
parksquaretheatre.org



**A New Take on a Classic Mystery Thriller**

Sam Pearson and E.J. Subkoviak\* (\*member, actors' equity)

# The RED BOX


A Nero Wolfe Mystery  
Based on a novel by REX STOUT  
Adapted for the stage by JOSEPH GOODRICH  
Directed by PETER MOORE

Now thru JULY 13

**A NEW MEMBER AT THE U CLUB?** Call us with your new U Club member number and get 50% off two full-price tickets!


All other U Club members receive \$5 off when you use code "U Club"

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**RATES from \$450 per month**

**FOR MORE INFORMATION**  
Please Contact

**DEBBIE BURGWARD**

dburgwald@commonwealthproperties.com

**651-261-7897**



## YOGA classes

continue at the UClub EVERY Tuesday evening  
in the Overlook Room from 6 to 7pm

All levels are welcome. Your first visit is FREE and then classes are \$10 for drop-in or \$80 for a pack of 10 classes. We no longer have sessions, so yogis are encouraged to start at any time. It's never too late to start yoga and live a more flexible, balanced and calm life! For more information, please contact:

**LISA MISCHAUX** [michauxlisa@gmail.com](mailto:michauxlisa@gmail.com)





# STOUT'S ISLAND LODGE

## OPEN FOR THE SEASON!

A lumber baron's romantic 1903 estate  
located on a wooded island  
in the middle of Red Cedar Lake, Wisconsin  
only a 2 hour drive from the Twin Cities.

For those of you who are new to the University Club,  
Stout's Island Lodge is a "sister" property.

It's the perfect spot for a romantic getaway,  
family vacation,  
anniversary or special celebration.



[www.stoutsislandlodge.com](http://www.stoutsislandlodge.com)

Make Your Reservations on-line or  
**CALL 715-354-3646**

**SEASON**  
May through  
October.



## BOOKS

### The GreatBooks

Wednesday, June 18th at 7:30pm

Our discussion for June is *The Daughters of the Late Colonel* by Katherine Mansfield (1888-1923). Born in Wellington, New Zealand, the third daughter of a prominent banker, she attended Wellington College for Girls before entering Queen's College in London in 1903. She took cello lessons at the Royal Academy of Music, but returned to New Zealand to pursue a career in writing in 1906.

*The Daughters of the Late Colonel* was written and first published in 1922. It is a subtle short story about two daughters of the late colonel who are left with the task of preparing his funeral and getting on with their lives after the tragic event of their father's death. The two women had come to rely on their father for their every need. Unlike characters like Jane Eyre, who is a strong woman ready to break through the sexual barrier and prove that women are equal to men, the "daughters" lack power and conviction.

This is the story of two lives distorted by a tyrannical father. It is not only a story of the lost opportunities in the lives of two women, in the literal sense, it is a story of a deprived existence, both physical and mental. This short story exemplifies the theme that individual thinking is a key factor to a rich life.

A collection of Katherine's stories, *In a German Pension*, was published in 1911. Her memoirs, collected in a book entitled *Bliss*, secured her reputation as a writer. Followed by her acclaimed *Garden Party and Other Stories*, her lyrical style and stream of consciousness method, placed her alongside James Joyce and Virginia Woolf. She died in 1923 at the Gurdjieff Institute for the Harmonic Development of Man at Fontainebleau.



Katherine Mansfield  
(1888—1923)

For more information, please email Margaret King at [kingmuelken@q.com](mailto:kingmuelken@q.com)

**MARK YOUR CALENDARS for**  
**Wednesday, July 16, 2014**  
**R.U.R.**  
by Karl Capek

*Arts & Influences*  
invites you to travel to Turkey  
with Barbara Horlbec  
and experience



### Golden Mosaics & Blue Tiles

Byzantine and Ottoman Treasures of Turkey

**October 6—16, 2014**



An international Study Leader for the National Trust for Historic Preservation and Smithsonian Journeys, Barbara Horlbeck, M.A., is a passionate arts and cultural professional with extensive global experience.

Barbara will lead a fascinating journey to Istanbul and its environs this October. Beginning in Istanbul, the historic city that has long served as a bridge linking Europe and Asia, you'll explore the residences of sultans, world famous mosques and churches, as well as vibrant markets. Spend two nights in Bursa, the first capital city of the Ottoman Empire (1326 to 1365), and enjoy an excursion to Tirilye, one of Turkey's most picturesque seaside towns.

Accommodations in four and five star hotels in Istanbul and Bursa, tours of off-the-beaten paths, enjoy a wonderful variety of Turkish cultural treats, and span eighteen centuries of remarkable history.

Please contact Barbara Horlbeck  
for more information  
and to request an email brochure.

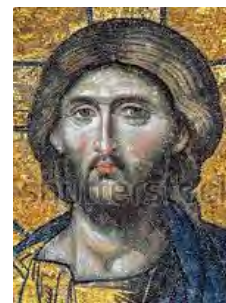
**Sign up TODAY!**

The group will be a small one, which will make  
the trip unique and memorable,  
an experience to be treasured.

**410-458-3488**

or email [Artsandinfluences@gmail.com](mailto:Artsandinfluences@gmail.com)

A deposit is required  
with final payment due on June 26th, 2014.





## Readings by Writers hosted by Carol Connolly, St. Paul's First Poet Laureate

Tuesday, June 17th at 7:30pm For more information please call 651-222-1751

### 30th ANNUAL BLOOMSDAY CELEBRATION

This month READINGS by WRITERS is dedicated to the memory of the late great DONAL HEFFERNAN who, in the early 1970s, organized the first official Saint Paul Bloomsday.

The Bloomsday Society celebrates James Joyce and his brilliant novel *Ulysses*, which took place on one day—June 16th, 1904, in Dublin.

**READERS WILL HAVE BOOKS TO SELL AND SIGN**  
Readings last just about an hour.



Now in its sixteenth year, FREE and open to the public, Readings by Writers is hosted by St. Paul Poet Laureate **CAROL CONNOLLY**. The program presents interesting new authors, poets, and their work in this ongoing program which is sponsored by Public Art Saint Paul/Everyday Poems for City Sidewalk.

**MIKE FARICY**, St. Paul freelance journalist, author, and bagpipe player with Brian Boru Irish Pipe Band, will play the pipes at the open and close.

**FRANKLIN KNOLL**, poet and lawyer, served for eighteen years as a Hennepin County District Court Judge. There he observed people under every form of significant stress, often the result of extreme violence—some were victims, some were perpetrators. Human pain almost always played a part. Knoll's poems grow from his experience, including his Zumbrota Crossings Poet Artist Collaboration 2014 prize-winning poem *SWIFT YELLOW BIRD*.



**MICHAEL MOOS**, poet, holds awards from the NEA: Loft McKnight; Minnesota State Arts Board, and has an MFA in poetry from Columbia University. He has been a writer-in-residence for the Academy of Poets; O'Neill Theatre Center; National Theatre of the Deaf; and has been a writer-in-residence at several Midwestern Art Councils, documented in the NEA in two films.

Moos is perhaps best known for his dog poems included in the anthology *DOG MUSIC*, Saint Martin's Press, and the anthology *BARK*, Bullfinch Press.

**MATT McCONNELL**, poet, graduate of St. Mary's University in Winona, and the University of Minnesota, taught English and philosophy at Rochester Community College. He directed plays at Edyth Bush Theater in Saint Paul, and acted in many plays at the Rochester Civic Theatre. His book of poems and stories is *DOES THE SKY GO ON FOREVER*. Matt is currently working on another book. Gene Bjorklund will read Mr. McConnell's work.



**MOLLY CULLIGAN**, poet and actor. Everyday on this immortal day, Bloomsday, as she is wont to do, Molly, who grew up down the way, and surprised everyone when she bloomed into an actress with a repertory of one person plays and her own poetry. For us, Molly presents Molly Bloom's soliloquy from James Joyce immortal Irish masterpiece *ULYSSES*.

**JIM ROGERS**, lifelong resident of Saint Paul, is director of the Center for Irish Studies at the University of St. Thomas. Jim has written widely on Irish-American literature, and is also a creative writer. Two of his essays have been listed as "notables" in *BEST AMERICAN ESSAYS*. His poetry has appeared in numerous publications, including *NIMROD*; *SPIRITUS*; and *POETRY EAST*, and have been read on Garrison Keillor's *ALMANAC*.



His new book *NORTHERN ORCHARDS: Places Near the Dead*, which has already received notice, is a collection of essays and poems about cemeteries, North Star Press.

**CULLEN BAILEY BURNS**, poet, lives in Minneapolis and Sturgeon Lake, Minnesota. She is the author of two books of poems, *SLIP* and *PAPER BOAT*, both finalists for a Minnesota Book Award. Her poems appeared in *RATTLE*; *DENVER QUARTERLY*, *THE AMPERSAND REVIEW*, and many other publications.



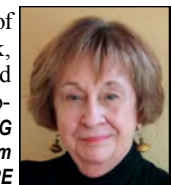
Cullen teaches English at Century College and keeps bees—whose honey has earned ribbons at the Minnesota State Fair—at her farm up north.

**KATE GREEN**, poet, widely published Minnesota Book Award-winning writer, will read from her new book of poems, *TOURIST IN THE PURE LAND*. She has twice been granted Poetry Fellowships from the Bush Foundation.



Her mystery novel *SHATTERED MOON* was nominated for an Edgar Allan Poe Award from the Mystery Writers of America.

**CARY WATERMAN**, poet, is the author of five books of poems. Her most recent book, *BOOK OF FIRE*, was a Midwest Book Award finalist. Her poems are included in the anthologies *POETS AGAINST THE WAR*; and *TO SING ALONG THE WAY: Minnesota Woman Poets from Preterritorial Days to the Present*, as well as *WHERE ONE SONG ENDS, ANOTHER BEGINS: 150 Years of Minnesota Poetry*. Cary teaches in the low residency MFA programs at Augsburg College in Minneapolis.



Readings by Writers is FREE to U Club members as well as non-members.  
**PLEASE JOIN US AND BRING YOUR FRIENDS FOR A MEMORABLE EVENING WITH FAMOUS AUTHORS**  
Non-members are invited to have dinner at the U Club on poetry nights/Readings by Writers.  
Please call 651-222-1751 to make a reservation and indicate you are  
at The University Club for Poetry Night/Readings by Writers. Dinner service begins at 5 pm.

*Charming, Historic Stone*

## CARRIAGE HOUSE

# FOR RENT

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JULY 1, 2014**

### **TWO BEDROOM CARRIAGE HOUSE AT 426 SUMMIT AVENUE**

**SITUATED HIGH ON A BLUFF  
OVERLOOKING DOWNTOWN ST. PAUL  
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**INCLUDES UNIVERSITY CLUB  
MEMBERSHIP DURING STAY**

**FULL KITCHEN, PRIVATE BATH, AC,  
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MINIMUM 2 NIGHT STAY  
PERFECT FOR THE BRIDE & GROOM**

**WEEKENDS—\$325 PER NIGHT  
MINIMUM 2 NIGHT STAY**

**WEEK—\$1,000 MONTH—\$2,500**

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of the City and  
the Mississippi River Valley.

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and to make reservations  
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### **SPECIAL DISCOUNT for UNIVERSITY CLUB MEMBERS**

**Based on Availability**

\$109 per night plus tax for deluxe King  
or a 2 bedroom, 2 bath room  
(regularly \$159 and up)

Complimentary breakfast  
and Internet

Enjoy the LOBBY BAR  
Two for one drinks on first round.  
(just verify your UC membership)

### **PLEASE STAY WITH US!**

Perfect for friends, family,  
out-of-town guests, and for YOU!

Join Us for The University Club  
**HAPPY HOUR**



**SIX  
DAYS  
A WEEK**

**Food and Drink Specials**

From 4 to 6pm  
and from 9 to 10 m

**Featuring Select  
House Wine,  
and Beer**



**Join Us for  
Saturday Breakfast  
and Sunday Brunch  
at The University Club**

Children age 12 and Under Eat for FREE!

**Special Children's Menu**

**SATURDAY BREAKFAST**

From 8am to 2pm

**SUNDAY BRUNCH**

From 10:30am to 2pm

**Bring the Whole Family!  
Please Make Your Reservations**

**CALL 651-222-1751**

**L'Apéritif en français**

*Parlez-vous français? Un peu?*

Join other University Club members and members of the Alliance Française of St. Paul/Minneapolis for a monthly *aperitif* or happy hour with its instructors, members and staff. Enjoy French conversation while making new contacts and friends. Everyone is welcome to attend.

**Every Second Thursday  
of the Month**

**Please Join Us**

**Thursday, June 12th  
and  
Thursday, July 10th  
from 6 to 7:30pm**



**Wine Sale!!!**

Don't forget that on Tuesdays and Wednesdays at the U Club it's 50% off on any bottle of wine!

Tax and gratuity not included.  
Not valid for banquets or U Club special events.

This is the perfect time to try something new at a great price!

**Remember . . .**

**The UClub has its own Wireless Internet Connection**

Bring your laptop to the UClub and check your Emails, surf the internet and have coffee, tea, or a glass of wine, in the members' Fireside Room. Just go to the Front Desk and request the password to access the wireless internet connection.

**For new Dress Code details . . .**

Check at Front Desk for more information  
or go to the UClub website under "Club Policies".

[www.universityclubofstpaul.com](http://www.universityclubofstpaul.com)

We appreciate your cooperation.

**CLUB NIGHT**

**Is Every Friday Night from 5 to 7pm**

Complimentary Hors d'oeuvres  
served in the members' Fireside Room

**LIVE MUSIC EVERY FIRST FRIDAY OF EACH MONTH**





## Summit Avenue's Historic **Burbank-Livingston Griggs House**

Just West of the University Club  
*Romantic Italian Villa style mansion  
from the Civil War Era  
with spectacular views of downtown St. Paul  
and the Mississippi River Valley*

**UNIT TWO—Second Floor West Wing—\$2,100 per month**



1,000 square foot apartment with 17th and 18th Century European rooms, one bedroom, galley kitchen with granite countertops, stainless steel appliances, green marble bathroom, parqueted floors, rock crystal chandeliers and wall sconces, phenomenal view down Summit Avenue to the Cathedral, off street parking.

**OPTIONS—Available Fully Furnished and For Short or Long Term Stays**

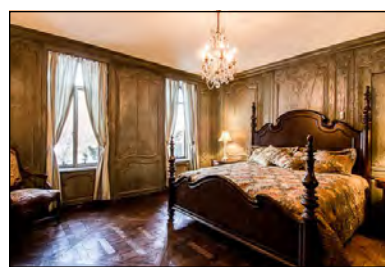
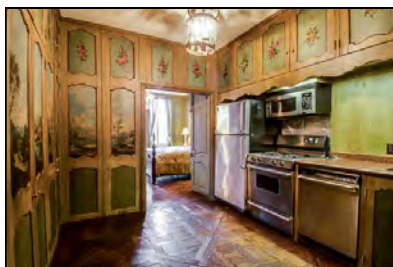
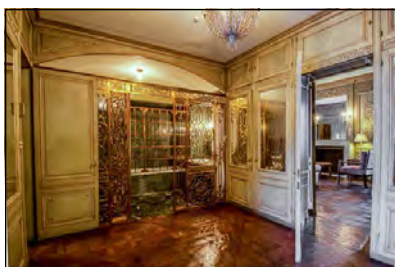
### BUILDING AMENITIES

Wireless Internet • Security System Satellite/Cable Television • Phone lines  
Full Use of University Club Facilities—Rent with or without Housekeeping Services  
Catering Services Available—Off Street Parking  
Renters in the Griggs Mansion stay free at Stout's Island Lodge

**For more information and to schedule a showing PLEASE CALL  
Debbie Burgwald at Commonwealth Properties, Inc.**

**651-261-7897**

Or Email Debbie at [dburgwald@commonwealthproperties.com](mailto:dburgwald@commonwealthproperties.com)



## Investment Club News by Gene Mason—(The IClub)

Join us Wednesday, July 9th at 5:30pm

There are times when readers of THE LOOKOUT publication pose questions concerning membership in the Investment Club. Here's the skinny.

**ORGANIZATIONAL STRUCTURE.** The Club is a partnership organized under applicable Minnesota statutes. It has a written partnership agreement which governs its business activities. It has no by-laws, but they are permitted if needed to guide business activities.

**MEETING DATES, TIMES, AND PLACE.** All meetings are scheduled on the second Wednesday of every month. Start time is 5:30 PM. Adjournment is 7:00 PM. We meet in the second floor library.

**DUES, FEES, AND OTHER EXCISES.** Start up fee is \$150. This amount is really not a fee but the initial deposit to "jump-start" a new partner's account. Monthly dues (deposit to partner's account) is \$25.00. The National Association of Investment Clubs sponsors a monthly magazine which it charges \$36 per year. This is an optional choice for any member. No "arm-twisting" on this one.

**MEMBER PARTICIPATION.** Every member is urged to select a company within the Club's portfolio or "Watch-List". And discuss any current news, changes to the company's financial status, or any issues which may be help-full in making decisions to buy, hold, or sell a security.

**VOTING RIGHTS.** Members have a single vote on all business decisions regardless of amount of partnership ownership.

**PROFIT SHARING.** Profits/losses/income/expenses are shared proportionately according to each member's partnership percentage ownership.

### INVESTMENT STRATEGIES

- Seek companies that have the potential to grow (revenues and earnings) 15% annually
- Manage risk—diversify portfolio over market sectors and market capitalization
- Review portfolio investments monthly
- Limit investment activities (buying and selling stocks) to established stock exchanges
- Harvest gains and recognize losses when advantageous

The ICLUB membership is open to all who have an interest in gaining knowledge in the mechanics of stock investments. Guests are always welcome. If additional information is needed, please e-mail Gene Mason at [eugene.mason@comcast.net](mailto:eugene.mason@comcast.net).

Mark your calendar for the August meeting  
Wednesday, August 13th at 5:30pm



G.K. Chesterton  
(1874-1936)

## The G.K. CHESTERTON SOCIETY

*The Everlasting Man*

By G.K. Chesterton

Tuesday, June 24th at 7pm

In June, we'll continue our discussion of *The Everlasting Man* by G. K. Chesterton. *The Everlasting Man* is a Christian apologetics book. Published in 1925, it is to some extent a deliberate rebuttal of H.G. Wells' *The Outline of History*, disputing Wells' portrayals of human life and civilization as a seamless development from animal life and of Jesus Christ as merely another charismatic figure. Whereas *Orthodoxy* detailed Chesterton's own spiritual journey, in this book, he tries to illustrate the spiritual journey of humanity, or at least of Western civilization.

G.K. Chesterton, prolific English critic, wrote around 80 books, several hundred poems, 200 short stories, 4000 essays and a few plays. He was a literary and social critic, historian, playwright, novelist, Catholic Christian theologian and apologist, debater and mystery writer. In addition to the *Daily News* and *The Illustrated London News*, he had his own paper, *G.K.'s Weekly*; and he also wrote articles for the *Encyclopedia Britannica*.

Chesterton was, with George Bernard Shaw, Hilaire Belloc, and H.G. Wells, among the big Edwardian men of letters. Chesterton was a master essayist. The only problem with his essays is that there are too many of them. Over five thousand!

For more information please visit [www.chesterton.org](http://www.chesterton.org)



## DELLWOOD HILLS GOLF CLUB

All University Club Members are invited to experience golf at Dellwood Hills Golf Club this summer.

U Club members may enjoy the course once a month, with up to a foursome.

**Guest Fees of \$125 per person (cart and tax inclusive) apply to peak tee times, when available.**

**University Club members  
must call the Golf Shop at  
651-426-4733**

**up to two weeks in advance to schedule their tee time.**



Lookout Park  
across from UClub  
on Summit Avenue

## 2014 CROQUET MATCH SCHEDULE

Cheesebrough Varsity Blues University Club Croquet Club

**ALL MATCHES BEGIN AT 1 pm on Sundays**

**JUNE 15**—Lookout Park

**JUNE 29**—Lookout Park

**JULY 13**—Lookout Park

**JULY 27**—Lookout Park

**AUGUST 10**—Lookout Park

**AUGUST 24**—Lookout Park

**SEPTEMBER 14**—Lookout Park

Croquet Match at Stout's Island TBD.

For more information on the Croquet Club  
please call Michael-jon Pease  
Co-Steward, Keeper of the Wickets and other miscellaneous duties

**651-341-7269** or [harrylehr2003@yahoo.com](mailto:harrylehr2003@yahoo.com)

## F. Scott Fitzgerald Roundtable

**Saturday, June 21st from 9:30 to 11am**

In June we'll discuss *Exile's Return* (1983) by Malcolm Cowley. Crowley (1898-1898) was an American novelist, poet, literary critic and journalist. The adventures and attitudes shared by the American writers dubbed "The Lost Generation" are brought to life here by one of the

U Club members are invited to join this new Literary Society in the Twin Cities. Meetings are held the third Saturday of the month, six months out of the year—in April, May, June, September, October and November.

**PLEASE JOIN US!**

**For more information please contact Jeannie Hanson at 952-920-8819  
or Email her at [khans913@gmail.com](mailto:khans913@gmail.com)**



F. Scott Fitzgerald  
(1896-1940)



## UNIVERSITY CLUB SAINT PAUL

Phone: 651-222-1751

Fax: 651-290-7170

Email:

info@universityclubofstpaul.com

**We're on the Web!**

www.universityclubofstpaul.com

### COMMONWEALTH PROPERTIES

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Space Available**

**The Exchange Building  
The Dacotah Building  
(above W.A.Frost)**

**U Club Downtown Clubhouse  
The Saint Paul Building  
Summit Avenue U Club**

**Rates begin at \$350 per month**

**Contact Debbie Burgwald  
at Commonwealth Properties**

**651-261-7897**

**for further information**

Ask about our offices featuring  
kitchens and private bathrooms.

**CONDOMINIUM OFFICES**

**Now available for sale.**

## CLUB CONTACTS

651-222-1751 • WE ENCOURAGE E-MAILS

**General Manager  
and Membership**

Robert Crew  
rcrow@wafrost.com

**Sales & Catering Manager**

Julia Struve  
jstruve@universityclubofstpaul.com

**Front of the House /Beverage Manager**

Joel Nelson  
jnelson@universityclubofstpaul.com

**Office Leasing**

Debbie Burgwald  
dburgwald@commonwealthproperties.com  
651-224-5845

**Accounts Payable/Receivable  
Membership Billing**

Amalia Ospina  
aospina@universityclubofstpaul.com

**Marketing Consultant/Newsletter**

Alice Larsson

## ATTENTION UClub Members

with Blue Cross, Medica or HealthPartners Insurance

Work out in the Fitness Center and receive a premium credit towards your health insurance. Fill out an enrollment form and submit to the UClub. Each time a member works out, they will log their time on the sign-in sheet at the Fitness Center desk. UClub takes care of the rest—we'll log member's workouts monthly and will submit the reports to a service who sends the information to the member's health plan, who in turn, transmits reimbursement funds to the UClub member.

TIMING is very important. Members will not receive their insurance credit if the UClub doesn't get every workout they've logged by the 5th of every month. For all workouts in July member needs to be in the system by July 5th. Enrollment forms are available at the Front Desk.

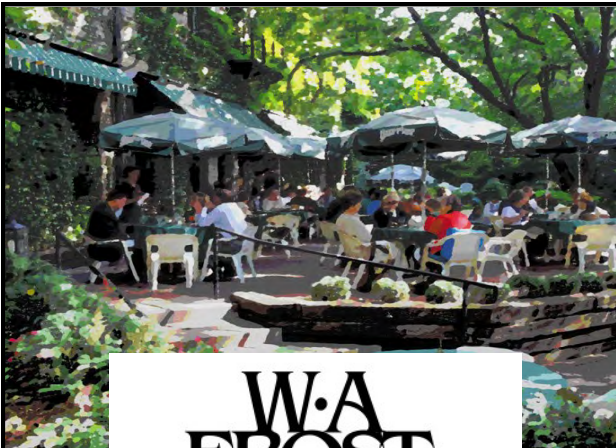
For more information, please contact  
Robert Crew at 651-222-1751

### A Special Opportunity for UClub Members

All University Club members are eligible to receive  
up to 50% off a room rental fee  
depending on their membership level,  
for an event held at the University Club.

Exclusions do apply.

For more information please contact our  
**Catering Office at 651-222-1751**



## W.A. FROST AND COMPANY

Up-to-the minute cuisine served  
in a turn-of-the-century landmark and outdoors  
on the most romantic patio in the Twin Cities.

For over 30 years, W.A. Frost has received many top  
awards from national and local media including  
*The Wine Spectator*, *Wine Enthusiast*, *Gourmet*,  
*Mpls/St. Paul*, *City Pages* and *Minnesota Monthly*.

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**651-224-5715** [www.wafrost.com](http://www.wafrost.com)

## USE of CELL PHONES

The UClub requests that members not use their cell  
phones in the Fireside Room or in the Ramsey Room.

A friendly reminder that cell phone use is not allowed in  
the Fitness Center or in the Locker Rooms.

Please be courteous and respectful  
of other UClub members  
when using your cell phone.

If you need to answer or make a call,  
please text or put your cell phone on vibrate.

THANK YOU

## Saint Paul Athletic Club JOIN NOW!



The magnificent St. Paul Athletic Club (SPAC)  
at 340 Cedar Street  
in downtown St. Paul is open!

SPAC includes 68,000 square feet of athletic/fitness facilities, including cardiovascular and strength-training equipment, free weights, a group exercise center, yoga studio, indoor pool, squash/raquetball/handball courts, saunas, steam rooms and more. SPAC also includes a cafe, bar, ballroom, and affiliated hotel (Hotel 340), a myriad of social programming, and membership options that give access to The University Club of Saint Paul on Summit Avenue.

Discounted rates are available for some UClub Membership Levels.

**Visit [www.thespac.com](http://www.thespac.com)**  
for more information and updates  
**Or call 651-291-7722**

# CALENDAR—June 1st through June 30th, 2014

THE LOOKOUT June 2014

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SUN	MON	TUE	WED	THU	FRI	SAT
1 Sunday Brunch 10:30 am to 2 pm	2	3 YOGA 6 to 7 pm	4 Happy Hour 4 to 6 pm and 9 to 10pm 1/2 price on ANY bottle of wine	5 Happy Hour 4 to 6 pm and 9 to 10pm	6 Weenie Roast 5 to 7pm FAMILY FUN NIGHT 6:30—7:30pm  LIVE MUSIC Happy Hour 4 to 6 pm and 9 to 10pm Club Night 5 to 7 pm	7 Brunch 8 am to 2 pm  Happy Hour 4 to 6 pm and 9 to 10pm
8 Sunday Brunch 10:30 am to 2 pm	9 CAMP UCLUB BEGINS  Fitness Center Open til 8 pm	10 YOGA 6 to 7 pm  Happy Hour 4 to 6 pm and 9 to 10pm 1/2 price on ANY bottle of wine	11 ICub at 5:30 pm  Happy Hour 4 to 6 pm and 9 to 10pm 1/2 price on ANY bottle of wine	12 L'Apéritif en Français 6 to 7:30pm  Happy Hour 4 to 6 pm and 9 to 10pm	13 Weenie Roast 5 to 7pm FAMILY FUN NIGHT 6:30—7:30pm  Happy Hour 4 to 6 pm and 9 to 10pm Club Night 5 to 7 pm	14 Brunch 8am to 2pm  Happy Hour 4 to 6 pm and 9 to 10pm
11 Sunday Brunch 10:30 am to 2 pm	16  Fitness Center Open til 8 pm	17 YOGA 6 to 7 pm READINGS BY WRITERS 7:30 pm SWIM MEET at 1pm Somerset at UClub  Happy Hour 4 to 6 pm and 9 to 10pm 1/2 price on ANY bottle of wine	18 Great Books at 7:30pm  Happy Hour 4 to 6 pm and 9 to 10pm 1/2 price on ANY bottle of wine	19 SWIM MEET at 1pm White Bear Yacht Club at UClub  Happy Hour 4 to 6 pm and 9 to 10pm	20 CAMP UCLUB Field Trip to Northern Clay Center  Weenie Roast 5 to 7pm FAMILY FUN NIGHT 6:30—7:30pm  Happy Hour 4 to 6 pm and 9 to 10pm Club Night 5 to 7 pm	21 Brunch 8 am to 2 pm  Happy Hour 4 to 6 pm and 9 to 10pm  F. Scott Fitzgerald Roundtable 11:30am
22 Sunday Brunch 10:30 am to 2 pm	23  Fitness Center Open til 8 pm	24 YOGA 6 to 7 pm  G.K. Chesterton—7 pm SWIM MEET at 1pm UClub at St. Paul Tennis Club  Happy Hour 4 to 6 pm and 9 to 10pm 1/2 price on ANY bottle of wine	25  Happy Hour 4 to 6 pm and 9 to 10pm 1/2 price on ANY bottle of wine	26 SWIM MEET at 1pm Jewish Community Center at UClub  Happy Hour 4 to 6 pm and 9 to 10pm	27 DIVE IN Movie at dusk  Weenie Roast 5 to 7pm FAMILY FUN NIGHT 6:30—7:30pm  Happy Hour 4 to 6 pm and 9 to 10pm Club Night 5 to 7 pm	28 Brunch 8 am to 2 pm  Happy Hour 4 to 6 pm and 9 to 10pm
29 Sunday Brunch 10:30 am to 2 pm	30  Fitness Center Open til 8 pm					