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## KS1 <br> Helping <br> People

## Teacher Information

This pack provides activities to introduce
 KS I pupils to the topic of 'Helping the People' in the community and the different social issues people may face.

The activities can be used and adapted to best suit your pupils' learning and curriculum needs.

## Where can you use the activities in this resource?



As part of an assembly or collective worship session


As part of a unit of work to develop pupils' understanding of social, moral and cultural issues in society


Within PSHE sessions as part of Core Theme 3: Living in the Wider World


In preparing pupils to take part in a social action project that engages and reconnects with the community


As part of Citizenship provision learning to be an active citizen


To supplement the KS1 Young Leaders Award materials

Within RE sessions that explore religious teaching on social issues

## Helping People

## ACTIVITY LIST

1. In the Picture (ppt slides 4-9, pages 6-7)
2. Who can help? (ppt slide 10, page 10)
3. Gracie's Inspirational People (ppt slide 11, page 12)
4. Gracie's Young Leaders in Action (ppt slide 12)
5. Gracie's Challenges (ppt slide 13, page 15)
6. Collective Worship Activity (ppt slides 14-16, pages 18-19)

## ACTIVITY SYMBOLS KEY

(i) Share instruction or key information

亿్మ్స్ Practical task or activity
$\stackrel{\square}{\square}$ Discussion
Paper based activity
㖏 Printable activity

## In the Picture

## Activity 1 (ppt slides 4-9, pages 6-7)

(i) Share Gracie's message:

## Helping People

What problems affect people in our community?
What can we do to try and help?
Gracie says...
There are lots of different issues or problems that can affect many people in our community. Some examples are homelessness and loneliness.


Share the 5 pictures (Pack 1) showing an issue or problem people might face with your pupils and ask the questions below.

- What is happening in the picture?
- What difficulties or problems might this person face?
- How might this person feel?

You could discuss this as a whole class or give smaller groups or pairs of pupils a picture to discuss.

Print out Picture Pack 1 or show them on the ppt.
Are there any different problems that your pupils can think of?
You could create a class mind-map or list of the different problems discussed.

Important Note: Some topics may be sensitive for pupils in your class, so only share pictures if appropriate.

## Picture 1: Homeless person

Homelessness: the person might face difficulties in bad weather, not having enough to eat or worry about their situation. They may feel sad or worried.

## Picture 2: Person at empty fridge

Poverty/ Need for Food Bank: the person might not have enough money to buy food for themselves and their family. They may need to use a Food Bank that gives food to people who need it. They may feel worried or embarrassed.

## Picture 3: Person in hospital with two doctors

Illness: the person may have a serious illness. They may need to spend a lot of time in hospital. They may miss their family or feel scared.

## Picture 4: Older person on their own

Loneliness: the person may be alone for a lot of the time. They may feel bored, lonely and sad.

## Picture 5: Person in a wheelchair

Disability: the person may not always be able to access the places they want to go. They may feel frustrated or let down.

## Picłure Pack 1

1


2


3


4



Who Can Help?

## Activity 2 (ppt slide 10, page 11)

Share the 5 pictures (Picture Pack 2) representing different groups of people who might be able to help solve some of the problems people face.

Ask the pupils who they think each image represents.
Look at each problem from the pictures in activity 1 in turn and ask the pupils who they think might be able to help. Ask pupils to explain their ideas. There will be many possible answers, and no one correct match.

Ask how they think each group could help solve the problems.
You could print out Picture Pack 2 and physically match them with the pictures in Pack 1 to show the pupils ideas visually.

## Picłure 1: Government

The Government can make changes to laws and rules to make sure people don't go hungry or to make sure businesses provide access and facilities for disabled people.

## Picture 2: Doctors

The NHS and doctors can treat people who are ill and provide support for them. Scientists also work hard to create new medicines to help serious illnesses.

## Picture 3: Family

Families can support and care for each other when people feel lonely or are ill.

## Picture 4: Charities

Charities can help people in need. For example, running a Food Bank to give out food, running support groups for people who are seriously ill or raising money to pay for a homeless shelter.

## Picture 5: Everyone

There are small things that everyone can do to help others in need. For example, spending time with someone who is lonely, donating money to a charity or food to a Food Bank or buying a sandwich for a homeless person.
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## Gracie's Inspirational People

## Activity 3 (ppt slide 11, page 12)

Ask your pupils if they can explain what an 'inspiration' is.
(i) Inspiration is a feeling of excitement or interest you get from someone or something, that gives you new ideas. If you describe someone as an inspiration, you mean that they make you want to do or achieve something.

One of Gracie's inspirations is footballer Marcus Rashford.
Ask the pupils what they know about him.
Using the fact file, share Marcus' story of how he has campaigned to help children who were going hungry in the school holidays and during lockdown, without free school meals.

You may want to explain that free school meals are provided to help families who need it with the cost of food for their children.

Pupils could read the fact file themselves or you could read it to the class. Print out below.

Ask the questions below:

- What problems does Marcus care about?
- How does Marcus help others?
- How would you describe Marcus?

Encourage your pupils to suggest positive characteristics to describe Marcus such as kind, brave etc.

Ask if your pupils can think of anyone else who inspires them to help others. This could be anyone they know, not just famous people.

Perhaps share some examples of people who inspire you.

## Gracie's Inspirational People MARCUS RASHFORD

## Concerns:

1. Children are going hungry and not getting free school meals, especially in the school holidays.
2. Not all children have access to books to read.
"These children matter...
And as long as they don't have a voice, they will have mine."


Set up the In the Box campaign to give homeless people essential items over Christmas.

Joined FareShare, a poverty and food waste charity, to deliver meals to children who were no longer receiving their free school meals.

Wrote an open letter to the UK govemment asking them to end UK child poverty, resulting in an extra $£ 400$ million towards the cost of food and household bills for poorer families.

Launched a book club to help all children experience the pleasure of reading, giving away 50,000 free books.

## Gracie's Young Leaders in Action

## Activity 4 (ppt slide 12)

(i) Through the Young Leaders Award, Gracie's young leaders are involved in helping people in their communities in lots of different ways.

Ask the questions below:

- What do you think is happening in each photo?
- Do these children give you any ideas to help others?
(i) The photos show:
- A boy with a hamper of donated items for a Food Bank.
- Two children visiting a care home for elderly people.
- A girl with homemade cookies for a bake sale to raise money for a charity.

Encourage your pupils that even though they are young they can take actions that will make a difference to others, just like these young leaders.

## Activity 5 (ppt slide 13, page 15)

(i) Share Gracie's motto: 'Small steps big changes'

Sometimes the problems that people face can seem very big. It can be tricky to see how we could help.

Encourage your pupils that every small action we do can add together to make big changes to help people in our community.

Share Gracie's challenge grid with 6 practical actions that pupils could take to help others in their community.
\}్మ్ర్ Challenge the pupils to have a go at some or all of the challenges.
Print out copies of the Challenge Grid.
$\AA^{\text {® }}$ Revisit the challenges over the coming weeks to celebrate you pupils' actions to help others in their community.

## Gracie's Challenges Small Steps Make Big Changes



Find ouł what iłems your local Food Bank needs and organise a collection to donate

Make a card for someone you know who is ill or send some to your local hospital for patients there

With an adult's help, write to your local council about a public place that isn'ł accessible to wheelchair users

Spend time with a family member or friend who sometimes feels lonely

Find ouł about and tell others about a charity that supports homeless people

Donate some toys or books to your local hospital

## Gracie's Challenges

 Small Steps Make Big Changes

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## Activity 6 (ppt slides 14-16, pages 18-19)

(i) Read the story of 'The Good Samaritan' from a children's story Bible or from Luke 10: 30-37 provided below.

Background: This story is a parable, or a story that Jesus told to share a message about helping others. The man who was injured would have been a Jew. At this time, Jews and Samaritans did not get on, they were enemies. So not only was it surprising that the priest and the Levite (religious leader) didn't help but also that an enemy did!

Ask the questions below:

- What does this Bible story teach us about helping others?
- Did anything in the story surprise you?


## Activities:

- Retell the story using toys or items in your classroom.
- Use playdough to recreate something from the story.
- Draw or paint a picture showing your favourite bit of the story.
(i) Read the Bible verse:

Christians believe that God is the source of love and that he shows them how to love others.

Ask the pupils to reflect:

- Think about a time when someone did something loving to help you.
- Think about a time when you did something loving to help someone else.

Ask the pupils to share some examples.
Draw or write on a paper heart something you can do this week to show love to others.

Print the heart template below.
(i) Prayer:

Dear God,
Thank you that you love us. Help us to show love to others around us. We pray for people who are struggling or have difficult problems to face. Help us to look out for practical ways we can help.

Amen

There was once a man who was going down from Jerusalem to Jericho when robbers attacked him, stripped him, and beat him up, leaving him half dead. It so happened that a priest was going down that road; but when he saw the man, he walked on by on the other side. In the same way a Levite also came there, went over and looked at the man, and then walked on by on the other side. But a Samaritan who was traveling that way came upon the man, and when he saw him, his heart was filled with pity.
He went over to him, poured oil and wine on his wounds and bandaged them; then he put the man on his own animal and took him to an inn, where he took care of him. The next day he took out two silver coins and gave them to the innkeeper. 'Take care of him,' he told the innkeeper, 'and when I come back this way, I will pay you whatever else you spend on him.'"

And Jesus concluded, "In your opinion, which one of these three acted like a neighbour toward the man attacked by the robbers?"

The teacher of the Law answered, "The one who was kind to him."
Jesus replied, "You go, then, and do the same."


Image: Heart by il Capitano from the Noun Project

