

real thread

No-Sew Face Mask Template

What You'll Need:

- One Old T-Shirt (Cotton Blends work best)
- A Pair of Sharp Scissors
- Straight or Safety Pins

1

Print out the second page of this PDF on a standard sheet of 8.5" x 11" paper. You'll use this as your mask pattern.

2

Cut out your pattern along the dotted lines. Pin your pattern to your old shirt to hold it in place while you cut, taking care to not stretch the fabric. At this time, use a pin or marker to also note where you will place your ear slits. The following pattern contains two possible placements, that you can adjust according to your best fit.

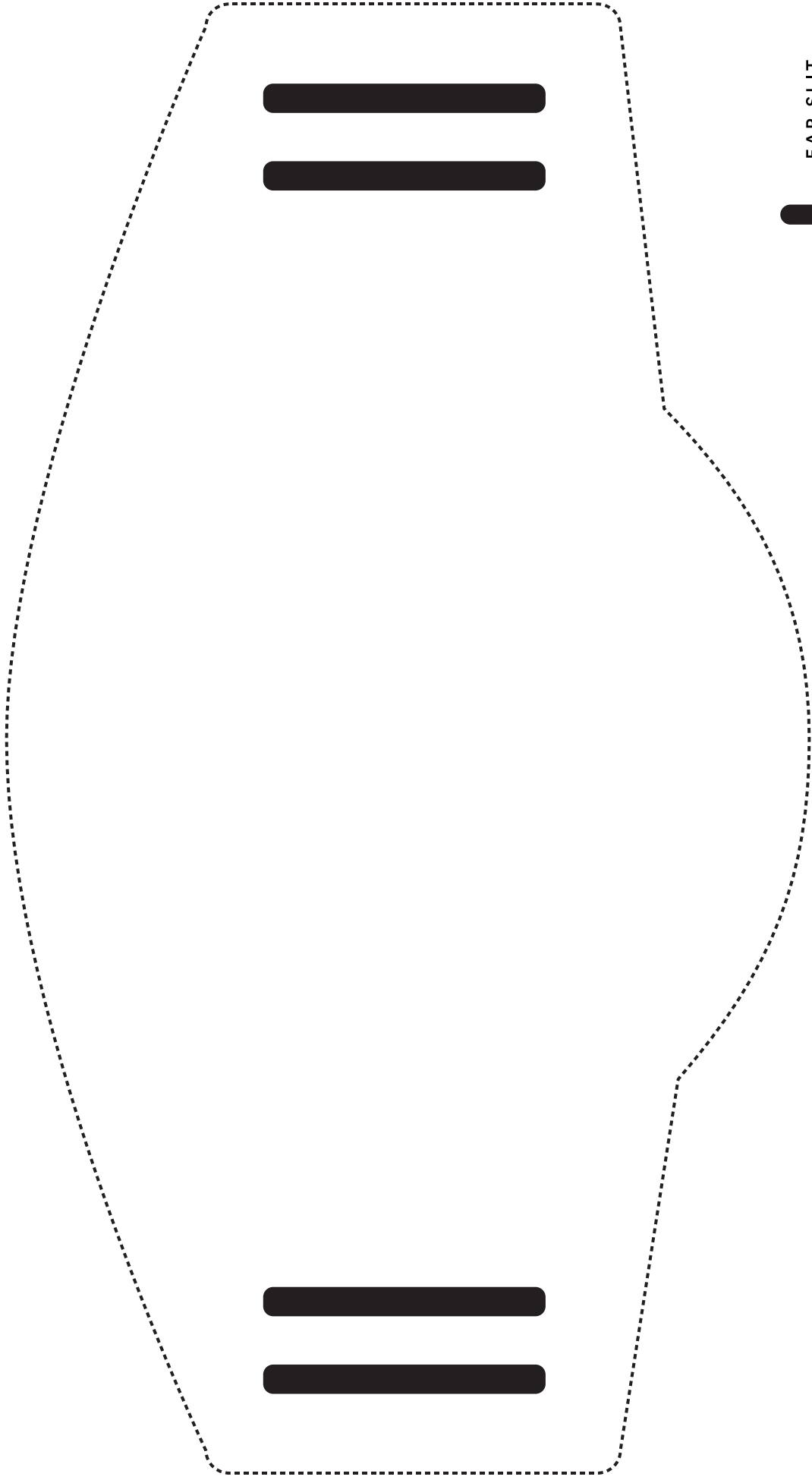
3

Carefully cut the shirt along your pinned pattern. Trim two small slits on both ends of the mask fabric where you've marked your ear placement. Keep in mind, these slits don't need be very large! You'll still be able to pull them over your ears due the stretch of the fabric.

4

To wear, pull your finished mask in place by tucking the ends over each ear.

NOSE



CHIN



EAR SLIT

CUT HERE

