

CANCER SUPPORT PROGRAM

A COMPLIMENTARY SUPPORT SERVICE FOR ONEPATH CUSTOMERS.

We (OnePath Life) are here to help you with your health and wellness through your cancer journey. By engaging in this service you can set goals that are important to you, to improve your quality of life and get back to the activities you enjoy.

This service is provided by OnePath Life to eligible customers and is available at no cost to you.



How does it work?

We have partnered with a virtual health clinic that offers a team of oncology trained allied health professionals including nurses, exercise physiologists, dietitians and psychologists who will tailor a program based on your specific needs.

You'll meet with them over video conferencing, which means you will not be required to travel to and from appointments and sitting in waiting rooms to take advantage of their services.

How does this program fit in with my cancer treatment?

The Cancer Support Program is designed to complement your treatment. The team all have specialist oncology training and understand the challenges of cancer treatment. They will be able to help support your health and wellness, no matter what stage of treatment you are at.

Case Study

Anne was diagnosed with breast cancer. During a call with her Claims Consultant, Anne was offered the cancer support program. She said she her treatment was causing her arm and back pain, fatigue and sleeplessness.

During the cancer support program Anne participated in cancer education, exercise sessions and yoga classes at no cost. Following the program Anne reported she was able to manage her cancer side effects and had started to ride her bicycle and play her violin again.

"I felt incredibly relaxed having the [video conferencing] appointments at home. I felt I could really open up. As a result I received so much invaluable help that has been life changing. Can't thank everyone enough and I am telling everybody how wonderful this program is. I even sung the praises of the program to my Oncologist."

Component overview	
Nursing Care Coordination	Personal Support Oncology nursing Care Coordinators will work with you on a personalised care plan tailored to your individual needs.
Exercise Physiology video-call sessions	Movement is part of recovery Exercise Professionals can work with you to build strength, reduce fatigue and increase your fitness levels. Exercise professionals work with you to develop an individual exercise program.
Dietician video-call sessions	Have your Nutrition Questions Answered Oncology focused dietitians work with you to overcome common nutritional problems such as decreased appetite, nausea and changes in taste.
Mental Health support video-call sessions	Sessions with a Psychologist Cognitive coaching support to provide you with practical tools and strategies to assist your recovery.
Education Modules and Participant Portal	Access to the Program Participant Portal A place to contact your team, track your progress and read educational resources tailored to you.
Care Box	You will receive a personalised welcome pack with health and wellness products to support you during the program.

How we can help you

For more information or to see whether you are eligible for this service, speak to your claims consultant or email claims.rehabilitation@onepath.com.au

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