

EXPLORING YOUR CAREER

A complimentary support service for OnePath customers.

Finding a new career path is a time of change and opportunity. Sitting down with a professional can help provide you with support as you map out your plan.

We (OnePath Life) connect you with vocational specialists who can help you make your next step a successful one. This may include:

- exploring your current career options
- expanding your career choices with retraining
- improving your job-seeking skills.

This service is provided by OnePath Life, so there is no cost to you.

How does it work?

We will work together with you and your treating professionals to engage the right vocational specialist who can support you with your career goals.

A vocational specialist is a qualified allied health professional who is experienced in navigating the steps to get you into a new role. This typically involves:

- an initial meeting to decide on your goals
- regular catch-ups to discuss progress
- supporting you on the job.

I already have a new job in mind, are these services still for me?

The first step is deciding on a new career goal. Once you have this in mind, the next step is assistance with how to get there. This typically involves:

- looking in the right places for the right roles
- updating your résumé
- practising your interview skills
- working out the best way to speak to your future employer about your medical condition if you need to.



Should I feel 100% before I start looking for work?

When getting back into work, it's important you are confident and healthy enough to do your job successfully[^]. But you don't need to wait until you're fully recovered to start planning your return to work.

We will work with your vocational specialist to understand what a new job looks like for you. This can be part-time, full-time or your own business.

For more information or to access this service, speak to your claims consultant or email claims.rehabilitation@onepath.com.au

Case study

Tim lodged an income protection claim after being diagnosed with a tumour in his right arm. After surgery and chemotherapy, Tim could no longer complete all the physical tasks he needed to as a builder.

OnePath worked with Tim, his treaters and a vocational specialist to discuss potential career options for him.

With OnePath's support, Tim decided to retrain as a project manager. Tim's vocational specialist also supported him to gain work experience after completing his studies and then coached him through job seeking to help him find permanent work as a project manager.

[^] OnePath is a signatory to the Health Benefits of Good Work (HBGW), an initiative of the Royal Australasian College of Physicians.

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