



## Daily Announcements

A week of encouraging others!

Make it an

## **ENCOURAGE OTHERS WEEK**

at school! Read an announcement every day of the week to reinforce the theme. Announcements can be made by the principal, the counselor or students!



Giving the gift of encouragement



Roots of kindness



Encouragement math!



Acts of encouragement



Who else can you encourage?



**GOOD MORNING!** This is \_\_\_\_\_ from Mr./Ms.\_\_\_\_\_'s class. Today marks the beginning of Encourage Others week! All week, we'll be talking about the power of encouraging words. We'd like to ask everyone to begin this week by doing an easy task. Simply turn to a classmate and say the following words: I believe in you. Ready? Start. Pause for 10 seconds | Think about how that tiny sentence made your classmate feel. How did it feel to say it? Also, think about how you felt when someone spoke those words to you. The truth is, giving and receiving encouraging words will often feel as good as giving and receiving a birthday gift. So today before lunch, pick another person and give them the gift of your encouraging words!

GOOD MORNING! This is \_\_\_\_\_ from Mr./Ms.\_\_\_\_\_'s class. Today is the second day of Encourage Others week. Yesterday, everyone in our school said encouraging words to another person. Today, we'll think about how a single kind action, like an encouragement, will often lead to many more kind actions. The famous pilot Amelia Earhart once said that, "A single act of kindness throws out roots in all directions, and the roots spring up and make new trees." Can you imagine a tree root that's slowly growing underneath the ground? Our kind words are like those roots! Because you said encouragements yesterday, roots of kindness have gone throughout our school! There are new roots of kindness in the person on your right. And there are new roots of kindness in the person on your left. Each time one of those people says something encouraging, they create a new tree that also has roots! How far will your roots of kindness grow today?

**THURSDAY** 



## GOOD MORNING! This is \_\_\_\_\_ from Mr./

Ms.\_\_\_\_\_'s class. Today is the third day of Encourage Others week, and I have a math problem to share.

So put on those thinking caps! Ready? **Here's the math problem:** Marco says something encouraging to 3 people in his group. Then, each of those people encourage 3 more new people. How many people were encouraged in total? [Pause for ten seconds] If you've said that 9 people were encouraged, you were right!

Now for an extra challenge: Let's say that those 9 people each encourage 3 new people. And then all those people encourage 3 more new people. Now how many people were encouraged? If you can solve that math problem, share your answer with a teacher later today. And whether you did the math or not, see if you can be like Marcos by saying something encouraging to three of your classmates today!

[9 | x 3 | x 3 | = 81 encouraged | |

Encourage Others week. Can you think of ways to show encouragement without using words? Take 10 seconds to quietly show encouragement to one or two people sitting next to you without using any words. Ready? Start. [Pause for ten seconds] Did you just quietly clap your hands? Maybe give a thumbs up? Perhaps you offered someone a kind and encouraging smile? A teacher named Mother Teresa once said, "Every time you smile at someone, it is an action of love, a gift to that person, a beautiful thing." Today, let's also be thinking about the ways that we can use our actions to encourage others.

Encourage Others week. I hope that every person in this school has made someone feel amazing by giving them encouragements. And I hope you noticed that it made you feel amazing when you gave the gift of encouragement to others! As we wrap up our Encourage Others week here at school, take a minute to think about other places in your life where you can encourage others. Think about people in your family who you can encourage this weekend. Think about people in your after school activities who you can encourage. Think about how you can also use your text messages, online posts, and emails to encourage others! After these announcements, you are welcome to tell your teacher about who you plan to encourage, and how. And have a wonderful, encouraging Friday!