

**I'm not good at this**

**I can't do this**



**I give up**

**I'll never be that  
smart**

**It's good enough**

**Plan A didn't work**

**I can't make this any  
better**

**My friend is 'the  
smart one', not me**

**This is too hard**

**I ruin everything**

**I made a mistake**

Write your own

**I can't do this YET**

**Ask yourself "What am I missing?" "What could I do to get better?"**



**I will learn with more time**

**I'll try a different strategy**

**There's always Plan B**

**Is this my best effort?**

**We are both smart**

**I can always improve**

**I believe in myself**

**This may take some time**

Write your own

**Mistakes help me to learn**