

All surfaces of this home in Maine were selected for durability and low maintenance: unfinished wood, galvanized steel, and unfinished concrete. The design is by Caleb Johnson Studio, with construction by its contracting arm, Woodhull of Maine.

GETTING TO NET ZERO

Homes that meet Passive House standards require less investment in solar to achieve net zero

By Susan Bady, Senior Editor

ustom builders are catching on to the fact that Passive House and net-zero energy building practices make good partners. A home that meets the standards of the Passive House Institute U.S. (PHIUS) will achieve net zero more easily and with a smaller solar photovoltaic (PV) array. One of the projects profiled in this article is a certified Passive House, while the other uses Passive House concepts to ensure indoor comfort as well as energy savings.

Carl Christianson's home in Corvallis, Ore., is the first Passive House he's ever built. Although his company, G. Christianson Construction, has been building energy-efficient homes since the 1980s, Passive House is a new level. "I bought the company from my dad in 2014 and saw that this would be a good opportunity for us," Christianson says of the Passive House project (see page 32).

Aside from the energy savings, Christianson says his new residence is extremely guiet and comfortable—not to mention useful as a marketing tool. (At press time, he was building a second Passive House for clients.) In addition to being PHIUS+ 2015 certified and earning a PHIUS Source Net Zero badge, the home is Earth Advantage Platinum certified, Energy Star version 3 certified, as well as being a U.S. Department of Energy (DOE) Zero Energy Ready Home. It achieves net zero, Christianson says, through roof-mounted solar alone.

"If you add solar panels to a non-Passive House, you'll need a lot of PV to get to net zero," says Jan Fillinger, designer of the home and the principal at Studio-E Architecture, in Eugene, Ore. "With a Passive House, you can reduce the number of PV panels tremendously."

It's critical to hire the right experts, says Portland, Maine, architect/ builder Caleb Johnson. He recommends paying for good design



For greater efficiency, architect/builder Caleb Johnson chose materials for the Maine house that could be used for more than one purpose. Here, unfinished wood serves as structural support, a decorative element, and a visual divider between the kitchen and living room.

professionals such as architects, engineers, energy modelers, and solar consultants "because you can offset a lot of installation and HVAC needs with good passive-solar design," he says. "To put it another way, you might save a couple of hundred or couple of thousand dollars on the design professional but spend \$15,000 extra on the building."

For projects like the Maine home, which was designed and constructed by Johnson's firm, "a team of three professionals gets it done—mechanical engineer, structural engineer, and architect—as long as the mechanical engineer is experienced in passive- and active-solar design and envelope design," Johnson says.

MAINE-MADE SUSTAINABILITY

On a piece of long-held family farmland in York, Maine, a young couple planned to build a home that would not only keep them comfortable no matter what the weather dishes out, but would also reduce

if not eliminate utility bills and provide a safe, healthy environment for them and their son. Their budget maxed out at \$250,000.

The clients approached architect Caleb Johnson, principal of Caleb Johnson Studio, in Portland, Maine, who suggested a simple two-story form that would lower roof, foundation, and envelope costs, and a southern orientation to take advantage of passive-solar design. Caleb Johnson Studio's general contracting arm, Woodhull of Maine, built the house.

The 1,100-square-foot structure features a louvered solar shade above the southwest corner windows that's built from leftover siding and trim, adding visual texture and protecting the insulated monolithic concrete slab against summer heat gain, while allowing winter rays to penetrate deep into the space.

The home is heated solely by electricity via mini-split heat pumps powered by a solar PV array. However, the clients report that even on cold winter days when the sun is shining, no artificial TOP: The low-slung structure of the Maine house is a simple form with no decks or railings. Lowpitched, steel-roofed canopies cover outdoor spaces and break up the simple form.

BOTTOM: For energy efficiency, the home utilizes a floating slab protected from frost with thick layers of rigid foam insulation that extend from it 4 feet horizontally.

heating is necessary. Mechanical ventilation, required because of the tight envelope, uses a heat recovery ventilator to retain heat that would otherwise be lost to the outside. The thick, polished concrete slab that helps to regulate heat also serves as a beautiful, cost-effective finish floor for the main level, Johnson says.

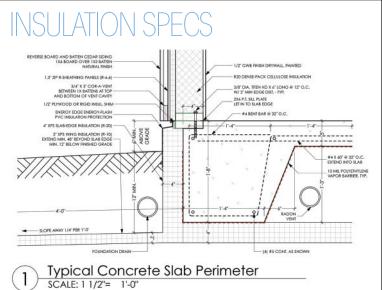
Locally sourced materials include hemlock posts and beams that provide affordable structural support for the second floor and a touch of natural warmth. The open-stringer stair of hemlock, oak, and steel lets light penetrate the space and air to flow freely from the heat pumps, while providing views in the main living area that enhance the sense of openness. "The stair details add richness to the home's otherwise relatively unembellished design," Johnson says.

Roof overhangs, decks, and railings were eliminated to save money and to give the home's traditional form a crisp, modern appearance. This also allowed for careful exterior sealing of roof-to-wall intersections, Johnson says.

The living spaces are only one room deep, allowing the clients full use of the 16-foot width of each room. "Relative to the size of the house. that made the living spaces feel and behave quite large," he says. "There are no hallways or walls dividing rooms."

Siding and trim are made from inexpensive, long-lasting Eastern white cedar, harvested and milled in Maine and installed in a reverse boardand-batten style that allows drainage and airflow behind the boards. The framing material, also from Maine, is a mix of pine and hemlock. Exposed timbers are made of locally milled hemlock, as are the stair parts. A large window in the master bedroom was salvaged from an old New England building.





The home in York, Maine, featured in this article was built on a floating slab with no frost walls. Architect/builder Caleb Johnson says, "It's just a slab that's frostprotected, with insulation extending subgrade, horizontally, 4 feet from the slab. Then the slab is wrapped in thick layers of rigid foam insulation. The exterior has foam on it as well."

While the home is not a certified Passive House, it's pretty close, Johnson points out: "Our blower-door tests showed that it's super airtight, and we put a heavy investment in insulation. The R-values are 52 in the roof, 26.6 in the walls, and 20 in the slab." A post-construction blower-door test pegged the air-exchange rate at 0.74 ACH50—well beyond the recommended minimum of 0.35.

But Johnson warns against over-insulating: "I think there's a diminishing return," he says."You have to dial into how much insulation has a reasonable payback period. If it takes 30 years to pay back, that doesn't make sense."

The best way to ensure you're not duplicating your efforts, according to Johnson, is to have energy modeling done by a professional "who can tell you the energy needs of the envelope you're building for the climate in which you're building it."



The staircase ascending to the bedroom level of this 2,253-square-foot home in Corvallis, Ore., was offset to create a "reading cave" in the living room. Interior finishes, including wainscoting and trim, were designed and executed by the builder, G. Christianson Construction. Design is by Studio-E Architecture.

"We really looked for efficiency in the use of materials," Johnson notes. "When we used a piece of wood, it became structure, decoration, and a way of dividing a room. Same thing with the concrete: it's the actual footing, floor finish, thermal mass, and heating system."

THE JUST-BIG-ENOUGH HOUSE

The new home of builder Carl Christianson and his wife, Julie, had to satisfy a host of requirements. It had to be big enough for a family of five but highly efficient in its use of space; provide for main-floor living that would allow Carl and Julie to age in place; be a certified Passive House; and act as a marketing tool for Carl's business, G. Christianson Construction, of Corvallis, Ore. "We wanted to demonstrate the advantages of Passive House design to our community and other builders," Christianson says.

Unable to find the "perfect" plan, the couple turned to Sarah Susanka's *Not So Big House* books and the cottage-style homes of Ross Chapin, an architect based in Langley, Wash.

They took their ideas to the only Passive House architect they knew, Jan Fillinger of Studio-E Architecture, in Eugene, Ore.

Fillinger borrowed elements of Chapin's designs to create a 2,253-square-foot Craftsman cottage with board-and-batten siding. It has almost a farmhouse look, he says. Also evident in Fillinger's design are Susanka principles such as clear lines of sight, multipurpose spaces, material or ceiling-height changes to define rooms, and the incorporation of nooks and recesses.

Because it's located in seismic zone D2, which may produce strong earthquakes, the home is also resilient, Christianson notes, with "quite a bit more shear paneling and hold-downs to make it stronger." It's positioned on the 100-by-160-foot lot to maximize views of the Cascade Mountains.

To minimize the steepness of the driveway, he dug the garage into the side of the hill and built the foundation on 4-foot stem walls with a 16-inch floor system on top, which elevates the home about $2\frac{1}{2}$ feet above grade and slightly higher than the garage, for more street presence.







TOP: Shaker-style white painted kitchen cabinets in the Passive House built by G. Christianson Construction are paired with a blue island. Countertops are quartz. Windows are tripleglazed, with steel-reinforced frames and sashes.

MIDDLE: A breezeway connects the home and garage. The house was raised 2½ feet above grade to give it more street presence.

BOTTOM: The home has a Craftsman cottage aesthetic, with its board-and-batten siding and welcoming front porch. Stud walls are $7\frac{1}{4}$ inches thick and enhanced with a 2-inch layer of sustainable cork insulation.

"There are a lot of ways in which building to the Passive House standard requires you to step up your game," Christianson says, crediting his Certified Passive House Builder training. "I got to bounce ideas off guys who have built 20 or 30 Passive Houses."

Specifications unique to Passive House include triple-pane windows with triple gaskets and thickly insulated walls and floors. "All of a sudden, the house becomes really quiet inside," Christianson says. "You can't hear cars go by unless the window is open. You don't hear your neighbors. The thermal comfort is spectacular; we've got one heat pump upstairs and one downstairs rather than a central heating unit." These, he adds, are benefits that clients don't necessarily think about but that builders should mention.

The utility company's prediction that the Christiansons would save about \$1,740 per year in energy costs turned out to be accurate. Another 2 kW of solar was installed after the home was completed, due to the addition of an electric car and extra freezers for food storage. The PV system actually generates energy in excess of annual power needs.

Overall, the project cost about 20 percent more to build than a non-Passive House, "but it's paid off in comfort and long-term energy savings," Christianson says. "And I think it will have value when we go to sell it someday." CB