

Follow the Leader

Create a tour of your neighbourhood using words only. Starting at your front door, describe a set of directions for someone to follow. No drawing involved, just words!

Did they end up where you wanted them to be?
Ask them to take a photograph or make a sketch to prove it.



Taste Challenge

Blindfold a grown-up and feed them 5 mystery foods. Can they work out what they are? What happens if they hold their nose at the same time – does it make this easier or harder?

Balancing Act

Balancing – on walls, kerbs, pavement cracks.
Make a map of the best balancing places
in your neighbourhood.

What's the fastest you can complete
the route? Can you time your friends to
see who is the winner?



My Local Shops

See if you can name all the shops on your local high street without looking. Do a little drawing of each.

Go outside and check if you were right!

If you could have one of the shops in your local area, what would you sell? Make a drawing or a collage to show what your dream shop would look like.

Look up

Stand still or lie down on the ground and look up at the sky. What shapes can you recognise in the clouds?

Have a close up look at a tree, then lay underneath it and look up into its branches. What can you spot?

Mud Pies

Take old pots and pans outside and use mud and water to create a fabulous potion or a mud pie.

Use different objects to make strange footprints in the earth, sand or mud and imagine what kind of creature could have made them.



Shadow Chasing

On a sunny day play 'chasing each other's shadow' or see if you can stand on someone else's shadow. Ouch!

Why not take some chalk with you on a walk and draw around each other's shadows. Can you stay still long enough for someone to draw all the details?







CSI Crime Scene

Create an imaginary crime scene in your bedroom – has a dog eaten your homework? Is something missing? Leave some clues and ask a family member to help solve the mystery!



Wildlife Safari

Go on a London wildlife safari.

What animals can you spot?

Look up in the air, and down on the ground. Look far away and right up close.



Grassy Adventures

Find a grassy hill in a safe place away from a road and roll down it with your eyes closed. Find a flat bit of grass and spin round as fast you can 10 times, then try moving in a straight line.



Toy Den

Make a mini den outside your home for your play people or tiny toys. Use fallen leaves and twigs from the park or your garden to make it.

Perhaps you could leave it there and give your friends a clue where to find it?

Senses

Find a safe spot to sit outside and close your eyes. Take a deep breath and let your senses take over. What can you hear? What can your fingers feel around you? Can you smell anything? How long can you stay like this for?



Chalk Walk

Take a chalk out for a walk with your grown-up. Stop every 20 paces and look around you in all directions. Choose something you can see and draw it on the pavement. See if your grown-up can guess what it is.... Now it's their turn! This leaves a fun trail for all your neighbours. Maybe you could play it with a family nearby?

Nature Crowns

Gather treasures on a walk, like twigs, feathers, or leaves, and make them into a crown using a piece of string. How big can you make it?

Who would wear this crown? On what occasions? Could you make anything else with the treasures you find? What about a necklace or a bracelet, or could you make a mobile or a dreamcatcher?





Name Game

Write the name of a famous person on a post-it or small piece of paper. Stick it to your friend's head. They can only use yes/no questions to try to guess who they are.

Hot Lava

Imagine the lines and cracks on the pavement are hot lava and try to jump over them all without falling in. If you play this with another family who can get the furthest without falling into the lava? What happens if you do the opposite, can you only walk on the cracks? How far can you get?





Come Out To Play

Use the envelope in your Play Pack to send a letter to someone you know nearby inviting them out to play with you. What games can you play together safely at the moment? What games did you play with them before?



Rolling Race

Mark out a race track and have a race
with anything that will roll.
See how different objects roll or move.
Which ones are the funniest?



My Best Holiday

Today is YOUR summer holiday and you can imagine your BEST ONE yet. Write down lots of holiday activities on pieces of scrap paper, fold them, and put them into a jar. Each day pull out a different one and pretend you are doing that for the day.

Why not eat your meals backwards? Wear your pyjamas all day? Visit the seaside in your bathtub? Or pretend your home is a different country for the day – try new foods, decorate your bedroom, and invite your family along!





We want to hear from you!

Can you think of your own Playful Prompt?
What are your favourite games to play or creative activities to do? Send us your idea & name and we might include it in our next Play Pack! Send ideas to info@culturemile.london or text or call 07783 171940



