



Best Practices During COVID-19

Recommendations/requirements for Instructor Lead Classes

LifeLine Incorporated is monitoring the coronavirus disease 2019 (COVID-19) pandemic and provides the following guidelines for having an instructor lead safety class at your location(s). We understand this is a concerning time and people want to protect themselves; standard hygiene practices not only helps prevent the spread of these novel viral illnesses, but also more common viruses, such as the flu. We are in this together and we want to help your organization succeed.

Before the class begins

1. Instructors will disinfect manikins prior to class. Attendees will have the option to additionally cleaning their manikin if they wish. New pocket masks and unused lungs will be provided.
2. Any attendee showing symptoms within the last 24 hours or at risk of COVID-19 should not attend (Coughing, fever, loss of taste or smell, flu systems, difficulty breathing, or out of the country in the last two weeks).
3. Temperature checks will be taken by the instructor. Using CDC and MDH guidelines, if any attendee has a temperature of over 100 F they cannot attend the class for the next two weeks.
4. Attendees need to wash their hands with soap and water for at least 20 seconds before class and after any breaks.
5. Attendees need to bring their own face mask and pen to class, gloves are optional.
6. No food in the classroom.
7. Company should provide Hand Sanitizer, Lysol Wipes (or similar), Disinfected Pens, Gloves, Face Masks, Infrared Thermometer(non-contact), and Alcohol Wipes (or similar).

During the class

1. Social distancing per State requirements. Tables may be removed to allow more space for CPR skills on the floor. Smaller classes may be necessary or a larger class room.
2. There will be 6 feet of separation of students and instructors at all times, as well as no physical contact for the skills.
3. No more than ten students in a class.
4. AED trainers and all equipment will be wiped between student practice sessions.
5. Pocket masks for all manikin breathing skills. If attendee is not comfortable, they can simulate breathing.
6. Instructors and students must wear face coverings during class and while in the facility. It is understood, and acceptable, for brief periods of the classes that have CPR practice that the mask will have to be lowered.

After the class

1. All manikins are cleaned using an approved process after each class. The cleaning process follows CDC guidance, the manikin manufacturer's directions, and the process recommended by the cleaning product manufacturers.
2. Any other non-disposable equipment is also cleaned following CDC guidance and the manufacturer's directions.

State Laws and Restrictions

1. The client must know and follow all state laws and restrictions concerning gatherings of groups of people.
2. LifeLine does not determine the qualifications or any allowances for "Essential" status or waivers for your organization.
3. All training falls under LifeLine's terms and conditions agreement.
4. Current policy updates can be viewed at www.lifeline.net/certified-training