



Harry Jerome Outdoor Records

* Updated as of July 12, 2023

Women

Event	Time	Name	Country	Year
Women's 100m	11.21	Jeneba Tarmoh	USA	2014
Women's 200m	22.35	Merlene Ottey	Jamaica	1983
Women's 400m	50.74	Monique Hannagan	USA	2004
Women's 800m	1:58.79	Melissa Bishop	Canada	2016
Women's 1500m	4:04.43	Lynn Williams	Canada	1991
Women's Mile	4:22.30	Mary Slaney	USA	1985
Women's 3000m SC	9:31.07	Regan Yee	Canada	2021
Women's 5000m	16:24.98	Ally Ginther	Canada	2021
Women's 10,000	32:51.71	Kylie Risk	Australia	1996
Women's 10,000 RW	47:27.74	Miranda Melville	USA	2022
Women's 100mh	12.76 (+1.4)	Jessica Zelinka	Canada	2012
Women's 400mh	56.03	Leslie Maxie	USA	1988
Women's High Jump	1.95	Debbie Brill	Canada	1984
Women's Long Jump	6.86	Christabel Nettey	Canada	2015
Women's Triple Jump	13.40 (+0.4)	Tabia Charles	Canada	2007
Women's Pole Vault	4.55	Mary Saxer	USA	2011
Women's Discus	64.84	Daniela Costian	Australia	1994
Women's Hammer	75.37	Jannee' Kassanavoid	USA	2022
Women's Shot Put	17.43	Pam Dukes	USA	1992
Women's Javelin	65.73	Maggie Malone	USA	2022
Women's 400m Relay	44.51		Canada	2005
Women's 1600m Relay	3:36.67		Canada	2007

Men

Event	Time	Name	Country	Year
Men's 100m	9.99	Donovan Bailey	Canada	1997
Men's 200m	20.19	Wallace Spearmon	USA	2013
Men's 400m	45.16	Josh Mance	USA	2013
Men's 600m	1:13.28	Duane Solomon	USA	2013
Men's 800m	1:43.70	Johnny Gray	USA	1988
Men's 1500m	3:35.59	Peter Rono	Kenya	1988
Men's Mile	3:52.59	Mike Hillardt	Australia	1984
Men's 3000m	7:53.56	Graeme Fell	Canada	1985
Men's 5000m	13:24.02	Seph Ncube	Zimbabwe	1984
Men's 10000m	27:49.24	Armando Quintanilla	Mexico	1992
Men's 10,000m RaceW	38:39.72	Evan Dunfee	Canada	2021
Men's 3000m SC	8:21.79	Jim Svenoy	Norway	1996
Men's 110mh	13.45	Mark McKoy	Canada	1986
Men's 400mh	49.46	Bernie Holloway	USA	1986
	49.46	Brent Harken	USA	1988
Men's High Jump	2.31	Jesse Williams	USA	2009
Men's Long Jump	8.1	Norris Frederick	USA	2011
Men's Triple Jump	16.91	Joseph Taiwo	Nigeria	1991
Men's Pole Vault	5.75	Kory Tarpenning	USA	1980
Men's Javelin	84.2	Tom Pukstys	USA	1996
Men's Discus	64.34	Jarred Rome	USA	2008
Men's Shot Put	21.31	Dylan Armstrong	Canada	2010
Men's Hammer	79.41	Lance Deal	USA	2000
Men's 400m Relay	38.59	Santa Monica	USA	1993
Men's 1600m Relay	3:01.49		USA	2002

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