



MEN AND WOMEN AT WORK NSW STATE CHAMPIONSHIPS U16 GIRLS AND BOYS 2023

June 10th – 12th Stuart Park Port Macquarie

Port Macquarie Junior Rugby Union and Port Macquarie Pirates Rugby Union would like to welcome you to Stuart Park, the home of Rugby Union in Port Macquarie.

We would first like to acknowledge the traditional owners of the land that we meet on this weekend, “Birpai Country” and we celebrate their leaders and elder’s past, present, and emerging and acknowledge their continued connection to land and waters ways.

We congratulate all those selected to represent their respective zones and would like to thank all the volunteers that have made this weekend possible.

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Prohibited Items

Please be aware the following items are prohibited within the Stuart Park or Wood Street Fields during this Junior Rugby event.

- Glassware, Knives, Alcohol.
- Smoking or vaping anywhere within 20 metres of the building and or playing field.
- Due to insurance requirements, NO BBQ OR COOKING FACILITIES may be brought into the ground.
- Dogs must be on a leash.

NSW Junior and Country Junior Rugby Event contact: Renee Parks renee.park@outlook.com.au

Local event co-ordinators from Port Macquarie Junior Rugby Union and Port Macquarie Pirates:

Trudi Wilmot Ph:0413 243 905 trudiwilmot@gmail.com

Lisa Vogel Ph: 0431 093 659 mcmercee@hotmail.com

Field Name

1a - Wood Street

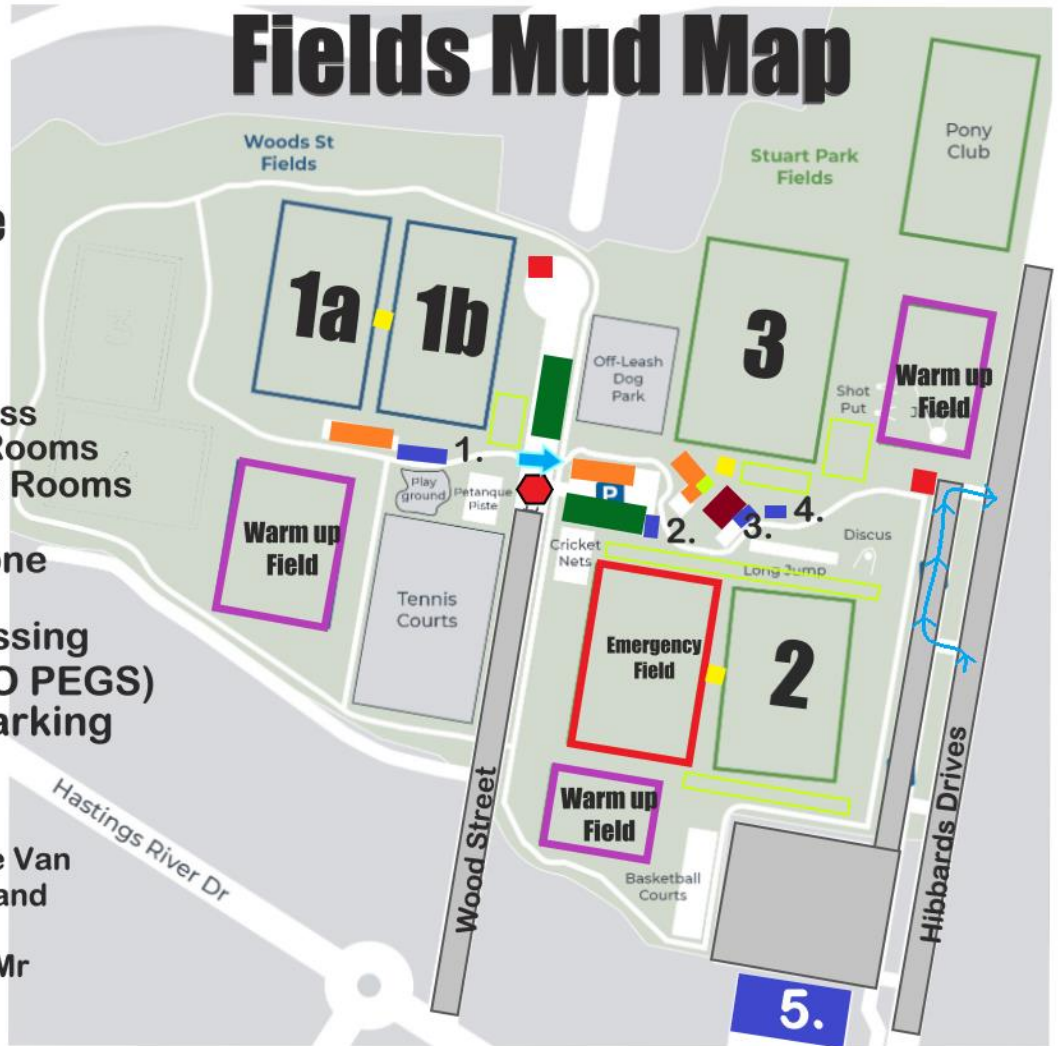
1b - Wood Street

2 - Hibbards Drive

3 - Stuart Park

- Medical
- HQ/Sign On
- Emergency Access
- Toilets/Change Rooms
- Referee Change Rooms
- Car Parks
- Bus Drop Off Zone
- Road Block
- Pedestrian Crossing
- Team Tents (NO PEGS)
- Officials/VIP Parking

- Food Vendors:**
- 1. MAD's
- 2. Philly and Coffee Van
- 3. Rugby Canteen and Dippin'Dots
- 4. Coffee Van and Mr Sippy Donuts
- 5. Sideline Cafe



Please See Vendor Websites or Social Media for full menu options



Hot Cooked foods, Drinks, Coffee, Burgers, Schnitzel, Sushi and more...
If you would like to pre-book meals, please see menu on last page of this booklet.



Dippin' Dots is an ice cream snack invented by Curt Jones in 1988.



Home of the Philly Cheese Steak and other great burgers and brisket options.



Mobile coffee van operating on the Mid North Coast of NSW. Owner, operator with 20+ years' experience...



M.A.D has hot food, Coffee and more...

Make a Difference PMQ is a not for profit charity organisation based in Port Macquarie. Driven by values of love, respect, hope and compassion our mission is to support disadvantaged and marginalised people living in our Mid North Coast community.



You can't buy happiness, but you can buy donuts and that's kind of the same thing



Rugby Canteen has hot food, chip packets, lollies, drinks, and the best volunteers in town! All profits go back to Junior Rugby in the area.



Providing drinks for the Rugby Canteen.

Field and Carpark Access Hours:

Friday 9th June: No booking, shared space across all fields with public.

Saturday 10th June: 7am - 6pm

Sunday 11th June: 7am - 6pm

Monday 12th June: 7am - 4pm

Please follow directions from Carpark Volunteers or Men and Women and Work Staff. Carparking is also available on side streets next to fields, please be respectful of our neighbours and don't park across driveways and slow down. Disabled Parking available on Wood Street or at the Sideline Café Parking.

Toilets and Change Rooms

- Separate Boys and Girls Change rooms at Wood Street and Stuart Park.
- Referees Change Rooms at Stuart Park.
- Public Toilets at Wood Street and Stuart Park.
- Porta loos located in Carpark between fields next to Pedestrian Crossing.

First Aid

There will be three Trainers/First aid located at each field.

Code of Conduct

All Players, Coaches, Managers, Officials, Volunteers and Spectators are kindly asked to make sure they are aware of and follow the Australia Rugby and NSW Junior Rugby Code of Conduct while attend this event.

Rubbish and Cleaning

Please be respectful of our grounds and change rooms, in true Rugby Spirit, please leave them cleaner than you found them. If there is a toilet that needs cleaning, please let the Rugby Canteen know. Please also put recycling in correct bins as we have a community group that fundraises through this recycling opportunity.

Laundry Mat

Port Macquarie Launderette

Address: 2a/1 Clifton Dr, Port Macquarie NSW 2444

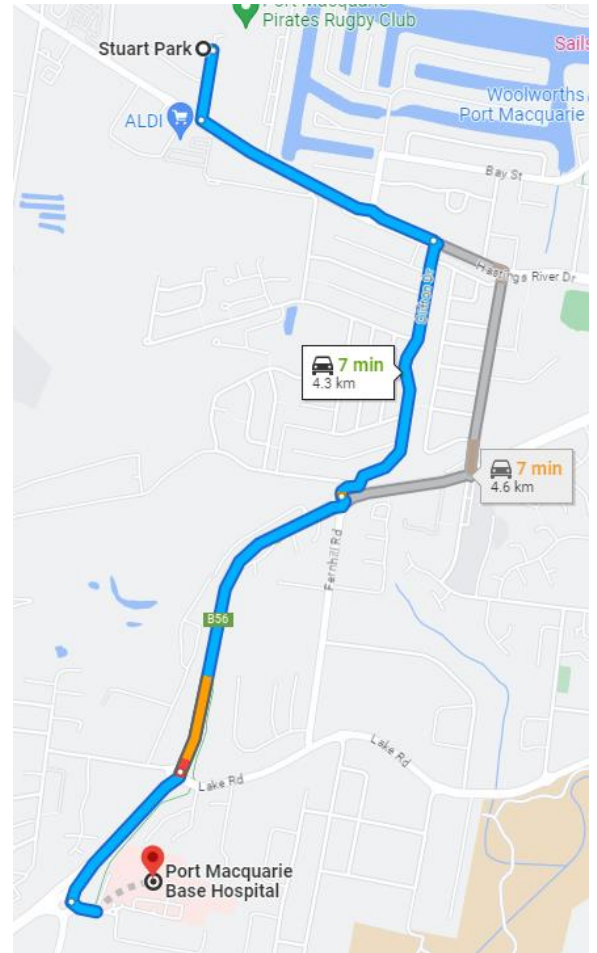
Phone: (02) 6583 4783

The Launderette

Address: 128 Gordon St, Port Macquarie NSW 2444

Phone: (02) 6583 4783

Medical and Sports Needs



**Port Base Hospital Wrights Road
Port Macquarie**



**Terry White Chemmart
158 Gordon Street Port Macquarie
Phone: (02) 6584 0044**



Shop 2/125 Gordon Street Port Macquarie Phone: (02) 6584 1305

**Opening Hours - Saturday 9am - 3pm
Sunday 10am - 2pm
Monday 10am - 2pm**

Dining Options

The Westport Club -

25 Buller St, Port Macquarie NSW 2444

Phone: (02) 6588 7201

Burger Urge -

Marina Shopping Centre, 23/41 Park St, Port Macquarie NSW 2444

Phone: (02) 6583 3261

Port City Bowling Club -

4 Owen St, Port Macquarie NSW 2444

Phone: (02) 6583 1133

Settlers Inn Hotel -

101 Hastings River Dr, Port Macquarie NSW 2444

Phone: (02) 6583 3100

The Glasshouse - Port Macquarie Information Centre

30-42 Clarence Street &, Hay St, Port Macquarie NSW 2444

Phone: (02) 6581 8888

BURGERS

Add fries & can of drink for \$6

Southern Fried Chicken \$12.50

miso butter, herbed fennel & apple slaw

Classic Cheese \$12.50

beef patty, cheese, pickle, onion, tomato, mustard & house special sauce

Halloumi \$12.50

grilled halloumi, tomato, rocket, spanish onion, hummus & sweet chilli sauce

Sticky Pork \$13.50

beef patty, BBQ pulled pork, cheese & pickle

The Works \$15

beef patty, bacon, egg, cheese, lettuce, onion, pickle, house special sauce & mustard

Burger Bowl \$14

choose any burger, forget the bun!



OPEN HOURS
WEEKDAYS 8AM - 1PM, 3PM - 8PM
SATURDAYS 9AM - 1PM
SUNDAYS CLOSED
(except for special events)

CALL OR TEXT YOUR ORDER
0435 971 060

Catering for parties, lunches, group bookings and special events available
SIDELINESOCIALCANTEEN@GMAIL.COM



HOT DOGS

AMERICAN \$12.50

bacon, onion, cheese, pickle, tomato sauce, American mustard

CHILLI \$12.50

chilli and cheese w/ house sauce & crispy shallots



Cup \$6

Box \$10

Loaded Fries \$12
with cheese & bacon



FOR THE KIDS

\$10 Burger & Chips

\$8 Nuggs & Chips

\$8 Hot Doggy & Chips

\$6 Cheese Toastie



ALL DAY BREAKY

Ham & Cheese Toastie on Turkish or Croissant \$8

Smashed Avo \$10

w/ whipped feta and toasted almonds on Turkish

Bacon & Egg Roll \$10

w/ rocket and house special sauce



Breaky Burrito \$12

Chorizo, avocado, mozzarella, special sauce, rocket

Chicken & Gravy Roll \$6 (s) \$9 (l)

tender juicy slow cooked chicken topped with gravy

Nacho Bowl \$14

topped w/ pulled pork, cheese, sour cream & salsa
add guac or pickled jalapenos - \$2 each

Schnitty Box \$15

Chicken Schnitzel w/ chips & gravy

Schnitty Parm Box \$18

Chicken Schnitzel w/ tomato sauce, ham, mozzarella & chips

Add fries & can of drink for \$6



GRAB AND GO

SANDWICH \$6

Chicken & Mayo, Ham & Cheese, Egg & Mayo

WRAP \$8

Chicken & Salad, Ham & Salad, Falafel & Hummus

SUSHI \$1 FOR 1 \$7 FOR 2

Teriyaki Chicken, Avocado & Cucumber, Tuna & Mayo

MEAT PIE \$5

SAUSAGE ROLL \$4.50

BURGER URGE PRESENTS

WAIKIKI
Dirty Fries



NEW YORKER
Dirty Fries

EL DIABLO
Dirty Fries

