



2024 Holidays

Andorra



Ski the peaks of the Pyrenees in Andorra, a tiny principality between France and Spain. Andorra's ski resorts are rated some of the best in Europe. The varied slopes, high-quality accommodation and great value make it a good option for families, and groups flock here too for the lively nightlife.

Most people head out after dinner here, hopping from pub to club and keeping the atmosphere buzzing until dawn. Or you can look out for tucked-away bars and relax over wine and tapas.

DSUK members enjoyed great holidays in Arinsal in 2023, and we are excited to announce the luxurious, family friendly resort of Soldeu as a new option in 2024.

Holidays include:

- Return flights from Gatwick, Manchester or Birmingham Airports
- Transfers to/from Toulouse Airport and the resort. Accessible transfers are available, please let us know if you require this
- 7 nights half board accommodation based on sharing a twin or double. Single rooms are also available at a supplement
- Lift Passes
- Ski/Snowboard Hire
- 6 half days of adaptive skiing / snowboarding instruction (for the skier/snowboarder only)
- Pre-trip lesson (for the skier/snowboarder only)

Online
Registration
Now Open

Arinsal

Arinsal is part of the Vallnord ski area, so you can also explore neighbouring Pal. Beginners will spend their first couple of days on the lower parts of the Arinsal sector, while intermediates can hop on the cable car to the wide, tree-lined runs of Pal, the next valley over. And if the mood takes you, the après ski scene starts right at the bottom of the slopes.

There's a pretty big après ski scene in the area, with an almost constant party happening at the bottom of the slopes. There are plenty of bars, restaurants and venues to choose from.

Arinsal Holiday Dates (click to register)

[Week 1: 18th February - 25th February 2024](#)

[Week 2: 3rd March - 10th March 2024](#)

[Week 3: 10th March - 17th March 2024](#)

[Development Week: 24th March - 31st March 2024](#)

Click on week to register	Skier Price:	Family/ Carer Price:	Helper Price:	Single Supplement:
<u>Week 1:</u>	£2,985	£2,290	£1,587	£768
<u>Week 2:</u>	£2,325	£1,630	£1,092	£287
<u>Week 3:</u>	£2,325	£1,630	£1,092	£287
<u>Dev Week</u>	£2,379	£1,684	£1,133	£314

Prices listed are starting from, you will be contacted after your registration with a full quote and price breakdown

Soldeu

Soldeu's in the middle of the Grandvalira, the biggest ski area in Andorra. The gondola whisks you up to 210km of slopes that are especially suited to beginners and intermediates – starting with the superb ski school at the top of the gondola, where you'll get good snow and views from day one. More experienced skiers can set out in either direction, then ski back down to Soldeu on tree-lined blue or black runs.

Popular with families and those after a little luxury, it's easy to get around as everything's lined up along one central road. There are a handful of bars where you can round off your day listening to live music and chatting with friends over drinks.

Soldeu Holiday Dates (click to register)

[Week: 17th March - 24th March 2024](#)

Click on week to register	Skier Price:	Family/ Carer Price:	Helper Price:	Single Supplement:
<u>Week 1:</u>	£2,500	£1,806	£1,224	£652

Prices listed are starting from, you will be contacted after your registration with a full quote and price breakdown



Hotel Princessa Parc, Arinsal ★★★★★

Is a large, stylish hotel in a prime location close to the main gondola and only moments from the resort's hub. There's a wide range of facilities to keep everyone entertained off the slopes. The superb spa and wellness area features a hydromassage pool, hot tubs, sauna, steam room and ice fountain for a small extra charge.

You've got a choice of bars including the Cocktail Bar Aquarium - plus a bowling alley and pool tables to keep everyone entertained in the evening. If you've got the family in tow, the little ones can be dropped off at the free kids' club.

The restaurant serves a varied buffet breakfast and 4-course buffet evening meal with daily hors d'oeuvres.

Accessibility: the hotel is accessible throughout, with a limited number of adaptive rooms available. Adaptive rooms benefit from space to manoeuvre a wheelchair around the bed. You can also wheel straight into the wetroom, where you'll find grab handles to help you transfer safely.

Rooms: we have a range of different room types available to book. Single rooms are available at a supplement. All rooms have satellite/cable TV, hairdryer, telephone, free WiFi, tea and coffee making facilities, safe (€20 deposit required) and The Princessa Parc minibar. Bathrobes are included in all rooms and cots are available at a supplement.

Transfer time: the transfer time from Toulouse airport to the hotel is approximately 4hrs, with a stop half way.

Lessons: you will receive one lesson per day either in the morning or afternoon (if you have a preference, please highlight this at the time of registration). Lessons will last approximately three hours and will be provided by DSUK Instructors. We have a limited number of snowboarding instructors, so if you would like to snowboard please highlight this at the time of registration.

The exception to this is for the Development Week, whereby skiers will receive group tuition in both the morning AND afternoon. Individual tuition will not be available.



Sport Hotel Village, Soldeu



The Village is one of the three Sport hotels in Soldeu: they're all connected so you can really make the most of the shared restaurants, bars, spa and kids' clubs. Traditional, it has simple rooms and a wood panelled lobby with huge windows overlooking the slopes so you can watch other skiers and boarders making their way down the hill.

Buffet breakfasts and dinners are included, but there are also six à la carte restaurants where you can try everything from tapas and pizza to gourmet Japanese.

And come après time, choose from the impressive cocktail list at Glassbar 1850 or stop for a pint at The Villager pub. You can treat yourself to blissful beauty treatments, massages, hot tubs and saunas for an extra cost.

Accessibility: the hotel is accessible throughout, with a limited number of adaptive rooms available.

Rooms: we have a range of different room types available to book. Single rooms are available at a supplement. All rooms have a satellite TV, hairdryer, safe and minibar, with WiFi available throughout.

Transfer time: the transfer time from Toulouse airport to the hotel is approximately 3.5hrs, with a stop half way.

Lessons: you will receive one lesson per day either in the morning or afternoon (if you have a preference, please highlight this at the time of registration). Lessons will last approximately three hours and will be provided by DSUK Instructors. We have a limited number of snowboarding instructors, so if you would like to snowboard please highlight this at the time of registration.

Flight Details*

Gatwick

Outbound

DEP Gatwick 06:25 ARR Toulouse 09:10

Return

DEP Toulouse 10:20 ARR Gatwick 11:15

Manchester

Outbound

DEP Manchester 06:55 ARR Toulouse 10:20

Return

DEP Toulouse 11:10 ARR Manchester 12:20

Birmingham

Outbound

DEP Birmingham 06:00 ARR Toulouse 08:40

Return

DEP Toulouse 09:50 ARR Birmingham 10:45

*may be subject to change

Resorts

We work closely with Crystal Ski to offer destinations which provide accessible accommodation and facilities wherever possible. Despite many improvements over the years, there may be some parts of resorts or hotels that are not fully accessible. Contact us if you have any questions regarding accessibility.

Travel and Airport Assistance

The majority of our skiers and snowboarders will travel with the DSUK Representative and all Helpers from London Gatwick. If you are able to travel independently (or with your carer/family/friends) it may be possible to fly from an airport nearer to you. Please note, if you choose to do this there will be no extra assistance and you will meet the rest of the group and DSUK Rep at the hotel when you arrive.

Transfers

The holiday price includes a transfer from the destination airport to your hotel. We have accessible transfers available on most trips – please let us know at the time of booking if you need an accessible transfer. Accessible transfers are only available on London Gatwick flights.

Lessons and Snow Schools

Lesson details are included in the resort information.

Holidays include a 'half day' skiing or snowboarding tuition*. You will be skiing or snowboarding in the morning or afternoon, with the remaining time being your own. If you have a preference for morning or afternoon lessons, then please let us know and we will try our best to accommodate this.

*excludes Development Week, which includes a full day of group tuition.

Passport and Immigration

For trips to Europe, your passport must be valid for at least 3 months after your return to the UK.

Insurance

All participants on DSUK Holidays must have their own travel insurance covering winter sports in their policy. We recommend that you research travel insurance companies before you secure your booking. A copy of the policy will need to be sent to DSUK prior to full confirmation. Please note that we are unable to give any advice on insurance companies, but perhaps ask other skiers and snowboarders on our Facebook page facebook.com/DisabilitySnowsportUK

Important Information

Snowboarders

Due to the limited availability of adaptive snowboard instructors we are restricted to how many snowboarding lessons we can provide on our holidays, but we will always try and provide an instructor for the trip that you would like to attend. If you are a snowboarder wanting to join us this season, please talk to a member of our team at the time of reservation.

Weight Restrictions

We will ask for your weight at the time of booking. We will use this information to ensure you are matched with an appropriate instructor and to ensure that you do not exceed any maximum weight limits placed on any of the adaptive equipment. Thank you for your understanding.

Membership

Everybody who attends a DSUK Adaptive Snowsport Holiday must be a current member of the charity. We will check your membership status at the time of booking. If you are not a member or your membership will expire before the trip, we will include this in your invoice. If you are travelling with a carer, family member, or friends we will upgrade your individual membership to Family membership, so that they are also covered.

Ski / Snowboard Carriage

You are welcome to take your own snowsports equipment if you would prefer. Please advise of this at the time of reservation.

Accommodation

Due to uncertainty with Covid-19 restrictions, we will not be offering solo-travelling members the option of sharing a room with someone from another household. If you are travelling alone you will need to pay a single supplement.

Family rooms or single occupancy room are available, these will incur a supplement and are not guaranteed until we have received confirmation from the resort.

Important booking terms to note

- We can only guarantee the price held for each trip until 20 September 2023
- Your trip will not be fully confirmed until all forms required are completed and returned to DSUK, and full payment has been made. Full Terms and Conditions can be found on our website, or emailed to you on request.

Do I need to take a PA or carer?

Our DSUK Helpers are unable to provide any form of personal care. They are very happy to help out at the breakfast buffet, help with your snowboots, guide/assist around the resort etc. However, they are not professional carers.

Please read the below, if you answer 'Yes' to one or more of these statements you will be required to take a carer on the trip with you:

- I need help with washing, bathing and/or getting dressed
- I require help or assistance when going to the toilet
- I am unable to independently transfer without any special equipment
- I require someone to help me throughout the night
- I am not able to feed myself independently

If you are unsure whether you should take a PA or Carer, please give the office a call on 01479 788770



Definitions and Glossary

Skier/Snowboarder

Refers to the primary traveller who will be skiing or snowboarding.

Carer/Personal Assistant (PA)

A carer or PA is a person who is required to give personal care and assistance to a skier or snowboarder if required. Sometimes this is a family member or friend, and others can be a hired carer. Carers/PA's must book a carer place.

DSUK Rep (Representative)

Is the member of staff who is responsible for the oversight and management of the Holiday and is the in-resort point of contact for all Holiday guests.

Family Member

Is the travelling companion(s) attending the holiday together with a Skier/Snowboarder.

Helper

Is a volunteer on the Holiday. They are there to assist Skiers, Snowboarders, Instructors and Family Members attending the holiday in a variety of ways, but they cannot offer assistance with personal care. All weeks, with the exception of family weeks, will include DSUK Volunteer Helpers.

Lead Instructor

Is the person who has overall responsibility for the instructors and tuition in the resort.

Contact Details

Tel: 01479 788770

Email: holidays@disabilitysnowsport.org.uk

Web: www.disabilitysnowsport.org.uk

