

A THRIVING COMMUNITY HAS WELLNESS AT ITS HEART

Create a welcoming space for all generations to pursue a healthy lifestyle.



STREAMLINE GROUP FITNESS EXPERIENCE

POWERED BY  **GroupEx PRO**

Your members love the energy and benefits of exercising together, and typically have a higher retention than those who work out solo. But managing all of the moving parts of a group exercise department can be tedious for managers. Make this experience enjoyable for everyone—managers, instructors, and members.



BUILD COMMUNITY WITH ENGAGING PROGRAMMING

POWERED BY  **SugarWOD**

Group exercise instructors must balance building relationships with participants while preparing and publishing class programming. Strengthen bonds between class members while empowering coaches to effortlessly deliver regular programming and report on performance.