

5pm-6:30pm

# APRIL 2024



Mon	Tue	Wed	Thu	Fri	Sat
1 Wear Blue Playgroup 10am-12pm La Leche League 7pm-9pm	2 Open Play 10am-12pm North Country Parent Support Group 5pm-6:30pm	3 Growing Together Infants and Toddlers 10am-12pm	4 North Country Parent Support Group 10 am—11:30 am Journey Into Reading 4:30pm-6:30pm Champlain Center Mall	5 Eid al-Fitr Playgroup 10am-12pm	6 Center Closed
8 Insect Playgroup 10am-12pm	9 Open Play 10am-12pm IY Parenting Class 10am-12pm North Country Parent Support Group 5pm-6:30pm	Developmental Screenings/Open Play 10am-12pm	11 Baby Café 10am-12pm Evening Playgroup 5:15pm-6:45pm Journey Into Reading 4:30pm-6:30pm Champlain Center Mall	Wear Blue Wee People Gym Time Y on the Oval 10am-12pm	Center Closed
Rain Playgroup 10am-12pm	Open Play 10am-12pm IY Parenting Class 10am-12pm North Country Parent Support Group 5pm-6:30pm	Growing Together Infants and Toddlers 10am-12pm	18 North Country Parent Support Group 10 am—11:30 am  Baby N Me Expo 4:30pm-6:30pm Champlain Center Mall	Earth Day Playgroup 10am-12pm	20 Center Closed
Flower Playgroup 10am-12pm	23 Open Play 10am-12pm IY Parenting Class 10am-12pm North Country Parent Support Group 5pm-6:30pm	Earth Day Flower Pots With Clinton County Health Department	25 Baby Café 10am-12pm Evening Playgroup 5:15pm-6:45pm Journey Into Reading 4:30pm-6:30pm Champlain Center Mall	Wee People Gym Time Y on the Oval 10am-12pm	27 Center Closed
Farm Playgroup 10am-12pm	29 Open Play 10am-12pm IY Parenting Class 10am-12pm North Country Parent Support Group	30 Growing Together Infants and Toddlers 10am-12pm		Care Coordinating Cou Connections Resource I US Oval, Plattsburgh, 518-561-4999	Center

Baby N Me Expo:
For expectant
parents, parents,
grandparents, and
those who love
babies! Free and open
to the public! Chances
to win prizes!

### Thursday Evening Playgroup:

We are excited to start offering our evening playgroups!
We will provide a snack for the kiddos, please feel free to bring something to eat as we know it is dinner time!

## Incredible Years Parenting Program:

We are starting a new parenting series from April 9th-June18th with a focus of parenting children on the Autism Spectrum and Language Delays. Please let Juliette know if you would like to attend at jlynch@cccnc.org
Or
(518) 566-3468

#### **Playgroups**

**Monday Structured Play**— Every Monday, we offer a themed playgroup at our center with sensory activities, crafts, circle time, and a snack!

**Tuesday Open Play**- Every Tuesday, we offer a parent led free play in the center!

**Growing Together**– On Wednesdays, we offer our

developmental playgroup at the center. This includes a topic of the week on children's development, and circle time!

**Developmental Screenings**– The second Wednesday of every month we offer developmental screenings at the center in collaboration with other agencies in the area!

**Evening Playgroups**– Join us for a parent-led open play at the center! Evening edition!

**Friday Holiday Playgroups**— Join us for a parent led free play in the center with a special focus on different holidays!

Wee People Gym Time—We will be back at the YMCA gym on the US Oval!

To signup for any events or to be added to the email list, please contact Alandra McNamara at (518) 566-3470 or amcnamara @ccccnc.org



**Tuesday Evening**– From 5-6:30pm, join us for a parent support group. Child care will be provided for the full time as well as dinner!

**Thursday Morning**– From 10-11:30am, join us for a

parent support group. Child care will be provided for full time as well as a snack!

**Baby Café** – A relaxed, informal, safe, child-friendly, non-medical environment where your breastfeeding or chest feeding relationship, at whatever stage, is valued, respected and protected. A place to receive up-to-date information about breastfeeding or chest feeding from staff knowledgeable and skilled in helping parents breastfeed.

La Leche League – Mother to mother support group dedicated to providing accurate chest/breastfeeding information and support to all mothers in the North Country.

### Family Socials/Workshops

**Baby N Me Expo:** For expectant parents, parents, grandparents, and those who love babies! Free and open to the public! Chances to win prizes!

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