

Family Forever

Adoptive & Kinship Families of the North Country in Clinton and Essex County

April 2024



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Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	1	2 Youth Group Plattsburgh 5-6:30pm	3	4	5 Cooking Class Respite Plattsburgh 4:30-6:30pm	6
7	8	9 Youth Group Plattsburgh 5-6:30pm	10	11 North Country Parenting Support Group Plattsburgh 10-11:30am Essex County Support Group Schroon Lake 6-7:30pm	12 Diamond Painting Respite Plattsburgh 4:30-6:30pm	13 WISE UP Conference Plattsburgh 12-3pm
14	15	16 Youth Group Plattsburgh 5-6:30pm	17	18 Baby and Me Expo Plattsburgh 4:30-6:30pm	19 Bucket Gardening Social Plattsburgh 4:30-6:30pm	20
21	22	23 Clinton Support Group: NYSERDA Presentation Plattsburgh 5-6:30pm	24	25 North Country Parenting Support Group Plattsburgh 10-11:30am	26 Playground Respite Schroon Lake 4-6pm	27 FASD Conference Plattsburgh 9am-12pm
28	29	30 Youth Group Plattsburgh 5-6:30pm		MANDATORY PRE-REGISTRATION FOR <u>ALL</u> IN PERSON EVENTS THIS MONTH. *Sign ups aren't limited, but we do this in order to be prepared with staff and supplies*		

SUPPORT GROUPS

NORTH COUNTRY PARENTING SUPPORT GROUP— Join us at 194 US Oval on every other Thursday in April from 10:30am-12pm to share ideas related to parenting! This will be open to all North Country parents.

ESSEX COUNTY SUPPORT GROUP— Join us at the Schroon Lake Library on Thursday, April 11th from 6-7:30pm for a support group. Child care and dinner provided.

CLINTON COUNTY SUPPORT GROUP— We invite our parents to join us on Tuesday, April 23rd from 5-6:30pm for a parent support group. We will provide child care and feed both children and parents pizza for dinner. NYSERDA Presentation: NYSERDA is a program that helps families make their homes safer and more energy efficient. Low and moderate incomes can apply for their empower+ program which provides home improvements to help lower energy costs. The coordinator of this program will be presenting, and you can immediately connect with him to get the ball rolling.

RESPITES

COOKING CLASS RESPITE — Join us at 194 US Oval on Friday, March 1st from 4-6pm for a cooking class. We will be making English muffin/ mini pizzas, salad, cookies, and punch.

<u>YOUTH GROUPS</u>— Join us on Tuesday nights from 5-6:30pm at 194 US Oval for a youth group. Details of activities to be posted on Sign-Up Genius.

DIAMOND PAINTING— Join us on April 12th from 4:30-6:30pm at 194 US Oval to diamond paint. Each child will receive their own kit to work on and bring home. We also have diamond painting stickers. Dinner provided.

<u>PLAYGROUND RESPITE</u>— Join us on April 26th from 4-6pm at the Schroon Lake Beach Pavilion to play on the playground. Bikes and scooters can be brought. Crafts and dinner also provided.

Family Forever! Serving Adoptive and KinGap Families in the North Country Permanency Resource Centers



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FAMILY SOCIALS

BUCKET GARDENING SOCIAL — Join us on Friday, April 19th from 4:30-6:30pm to plant using buckets that you can bring home! The Master Gardener's Program will be providing this activity for our families. Dinner will also be provided. BABY AND ME EXPO — Join us at the Champlain Mall on Thursday, April 18th for free giveaways and local resources. Event is great for those who are expecting, have a baby, or just want to say hi at our table!

EDUCATIONAL WORKSHOPS

WISE UP WORKSHOP— Join us on Saturday April 13th, 2024 from 12pm-3pm for a parent and child workshop called WISE UP. Kids and parents will be in separate groups and then brought together at the end for a group activity. We will provide lunch and snacks. You and your child will learn how to respond to intrusive or inappropriate questions on adoption and your child will learn how to express their feelings about being adopted. FASD CONFERENCE— Join us on Saturday, April 27th from 9am-12pm at 110 Ward Hall at the SUNY Plattsburgh Campus for a conference on Fetal Alcohol Spectrum Disorder. This conference will be led by an adoptive mom of two diagnosed with FASD, an adult adoptee diagnosed with FASD, and an adoptive mom diagnosed with FASD. Foster care and daycare credits available for free. Free CEUs for social workers.