

North Country

# PARENTING SUPPORT GROUPS



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**Family  
Connections  
Plattsburgh**

194 US Oval  
(518) 561-4999  
Tuesday 5:00-6:30 PM  
Thursday 10:00-11:30  
AM

**Families R Us  
Malone**

12 Homestead Park  
(518) 481-7281  
Tuesday 8:00-9:30  
PM (Via Zoom)

**Family Matters  
Tupper Lake**

40 Marion St  
(518) 359-8167  
Monday 10:00 AM-  
12:00 PM

Our support groups offer an Accompanying Children's  
Program and Refreshments or Dinner!